



ANNUAL REPORT

YEAR: 2019-20



VARSHA FOUNDATION

440-A, Sant Nagar, Street No. 4 Burari, New Delhi-84.

Website: <https://www.varshafoundation.org>

Email: info@varshafoundation.org

Phone: 9999945256



Dear all,

Greetings,

It gives me immense pleasure and satisfaction to present our 2nd Annual Report for the FY: 2019 -20 indicating the activities carried out by Varsha Foundation. In the report, we showcase our accomplishments, and detail revenue and spending for the financial year 2019-2020. In our annual Report, we recognize the contributions of our partners, volunteers, and leadership who join with us to help the under privileged parents of the children braving CANCER, to encounter financial as well as psychological battle.



At a time when donors and volunteers have many charitable choices, we understand our obligation to demonstrate and communicate effectively. We want everyone to know how we are performing against our stated goals and how we are fulfilling our mission, how we hold ourselves accountable, and how we ultimately measure our work.

My progression in Varsha Foundation wouldn't have been demonstrative without the guidance, advice, support from my trustees, advisors, partners, donors, friends and well-wishers.

Please take a moment to review the contents of this annual report and help us by your valuable inputs to transform our dream project of HAH (started on 15th August, 2019), into a bigger and more successful reality.

Thank you

Arvind Kumar

President



TABLE OF CONTENTS

PARTICULARS	PAGE No(s).
Introduction and framework:	
• Introduction	4
- Mission – vision statement and legal framework	
Home Away Home – Lucknow	5-7
• Goals and Aims	
• Features and objective	
• Services provided at HAH	
• Achievement	
HAH Inauguration	
• Pooja and Hawan	8
Activities, Celebrations and Events	
• Cooking competition	9
• Deepawali celebration	10
• Children’s day celebration	11
• Christmas day celebration	12
• Monthly birthday celebration	13
• New Year Celebration	14
• Republic day celebration	14
• Holi celebration	15
• Cancer Awareness day celebration	16
Other Activities	
• Playroom activities	17
• Monthly coordination meeting	18
• Family Counselling session at HAH	18
• Dietitian visit	19
• Sessions on personal hygiene	20
Non-Formal Education Center (NFE Center) – Aligarh	21
Our Supporter and Partner	22-23
Financial statements	24-25



INTRODUCTION AND FRAMEWORK

VARSHA FOUNDATION

Varsha Foundation is a public charitable trust formed on 2nd April, 2018 and registered in New Delhi under the Public Charitable trust Act of India. At present in its start-up, Varsha Foundation supporting children with cancer and their families in Lucknow and providing outpatient care support particularly for accommodation.

A Non-Formal Education Center (NFE) for underprivileged children aged 3 to 7 years is running in Aligarh and providing basic education and nutrition support to the children.

Vision statement

Build and develop a peaceful, healthy and harmonious society through a healthy and sustainable approach

Mission statement

To create and develop sustainable programs and projects that support women, children, Youth and others to live a prosperous life with full of quality and values to contribute to soil and society. Healthy society is a wealthy society.

Legal framework

Name of the organization	Varsha Foundation (Vigilant Admirable Reliable Spectacular Honest Ambitious Foundation)
Legal Status	Public Charitable Trust
Registration Status	Registered Trust
Registration number	1125
Date of Registration	22-06-2018
Date of Formation of Trust	02-04-2018
PAN of organization	AACTV7981P
80G Registration	ITBA/EXM/S/80G/2018-19/1015082148(1) dt 15-02-19
12A Registration	ITBA/EXM//S/12AA/2018-19/1015082059(1) dt 15-02-19
Registered Office	440-A, Sant Nagar Burari, Street Number -4, New Delhi - 110084.
Project Office	A -1/24/ F1/FF/DLF, Ghaziabad, UP
Phone	+91-9999945256
Email	krarvind@hotmail.com, arvindkumar@varshafoundation.org
Website	www.varshafoundation.org
Contact person	Arvind Kumar, President, founder member and honorary Managing Trustee



HOME AWAY HOME (HAH) - LUCKNOW

HAH in Lucknow for children suffering from cancer and their families

India has only a few specialized cancer centers, and the patient flow is also high to these centers.

More than 80% families come from outside the city to receive cancer treatment. At any given time, there are 100-150 families of children in the city. For these, often economically disadvantaged families, the cost of treatment limits their access to accommodation. Typically, the families put up in rented rooms or lodges. Though the lodges are cheap and provide basic amenities, they have problems of their own. 1stly the lodges are not catering to patients of any specific disease and therefore, children undergoing cancer treatment are often at risk of catching infections from patients with other infectious diseases. 2ndly the sanitation and hygiene at these places are not apt for patients undergoing cancer treatment due to their special requirements. 3rdly, the environment at the shelter homes is often dreary and not conducive for children who need special care and fun activities to keep them hale and happy, as well as for their behavioral, developmental and social needs.

Varsha Foundation with partnership of Cankids Kidscan has set up and running a 16 bedded facility called “Home Away Home” (HAH), a short stay home at Lucknow. We have designed a low cost HAH model with minimum investment and running and maintenance costs. It integrates the issue and challenges of accommodation into treatment, care and support systems at adjoining cancer



centers. Our low-cost model involves parent and community participation, empowering the parent support group to set up, manage and run the home and provide them with employment opportunities. Families provided with a kitchen kit, a room kit, and a school kit for the children. They encouraged to prepare home-cooked meals for their children. Rations provided raised through local donations. HAH has a play room for children equipped with toys, games, fun books etc. HAH also has multi-functional areas for entertainment, parent forums, counselling, celebrations and therapeutic activities etc.



The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital.

Project HAH – Goals and Aims

- Provide outstation families with affordable, child appropriate accommodation during treatment
- Create a low-cost option near the hospital, without substantial investment and low running and maintenance costs
- Empower parents to set up, manage and run the home and provide them employment generation opportunities
- To Integrate project HAH into the treatment, care and support systems at the Hospital

HAH – FEATURES AND OBJECTIVES:

- Individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
- Health room facilities – to focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
- School Room – to ensure that children continue to receive education through Non-Formal Education Program and to focus on their behavioural, developmental and social needs
- Emotional and Psychosocial support by the Parent and Survivors groups as well as regular forums and meetings; and administrative support for letters to home, form filling, Government and other facilitation
- Multifunctional areas for leisure, community activities, reintegration facilities, as well as to accommodate additional families in time of need.
- Outings, recreational and community activities.
- To provide outstation families of the children suffering from cancer with affordable, child appropriate accommodation during the treatment of the child
- To Integrate project HAH into the treatment, care and support systems at the Hospital
- To improving the overall standards of care of the children suffering from cancer and their families.
- To provide home like atmosphere at the HAH
- To provide transport facility between the Hospital and HAH
- To provide administrative assistance



Free of cost services

Varsha foundation providing all the services free of cost to the cancer affected children and families.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
- To Integrate project HAH into the treatment, care and support systems at the Hospital
- To improving the overall standards of treatment & care
- To provide atmosphere like home
- To focus on individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
- To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
- To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program.
- To provide emotional and Psychosocial support, outings, recreational and community activities.
- To provide transport facility between hospital and HAH
- To provide cooking facilities
- To provide administrative assistance

Achievement of the HAH

A dream came true when the children with cancer and their family found a home in Lucknow on 15th August 2019. Initially 4 families came into the home and gradually the home was filled with families and HAH was running in full capacity.

A total 54 families came and stayed in HAH in 7.5 months from 15 August 2019 to 31 March 2020. All families were living in a homely atmosphere, their major problem of living in Lucknow was solved and they were now focusing on treatment of children.

The major achievement of HAH is out of 54 children 10 children came on maintenance and happily went to their home town.



HAH INAUGURATION

“Pooja and Hawan” on 24th August, 2019

Although HAH was started on 15th August with 4 children, the formal inauguration took place on 24th August 2019. All the children and their family members participated in the inauguration and also participated in “Pooja and Hawan”.

Dr. Archana Kumar, Dr. Nishant Verma and Dr Bhatia were also there and attended the inauguration of HAH. Cankids Lucknow team was there in inauguration and helped in managing the inauguration ceremony.

Local Lucknow based HAH well-wishers and donors were also there in inauguration ceremony of the HAH.

It was a memorable event of HAH as everyone was happy to see that HAH is present in Lucknow for the children with cancer and their families who had been waiting for many years.



Ms. Poonam Bagai, Chairman Cankids...Kidscan visited HAH





ACTIVITIES, CELEBRATIONS AND EVENTS

COOKING COMPETITION AT HAH

Dr. Harshita Gupta, dietitian from Cankids organized and conducted cooking competition in HAH.

The objective of the cooking competition was to teach attendants to prepare and provide healthy and nutritious food to the children to improve and maintain their immunity so they can fight against cancer.

- HAH has the ultra-modern induction-based kitchen with round the clock power back up.
- All families participated in cooking competition and prepared food under guidance and supervision of Dr. Harshita Gupta, dietitian.
- Prizes given to winners and consolation prize also given.
- Distributed gifts to all the families.
- All children enjoyed the home-made nutritious food.





DEEPAWALI & GOVERDHAN POOJA CELEBRATION IN HAH

This Diwali lightened up the lives in HAH. Children and their families celebrated Diwali in HAH in homely atmosphere, entire HAH decorated with lights, candles and flowers from outside and inside completely. All families did *puja* in the HAH. They made *rangoli* and next day they did *Goverdhan puja* also. Diwali celebration was with full of joy and happiness, all families filing like they were not away from their native place.

Woolen shawls gifted to all the attendants and woolen sweaters gifted to all the children.

DEEPAWALI CELEBRATION



GOVERDHAN POOJA AT HAH





CHILDREN'S DAY CELEBRATION IN HAH

Children's day celebrated in HAH on 14th November to increase awareness of the rights, care, health and education of children. All the children participated in the celebration, drawing competition organized for them, prizes given to all the children. Toys, biscuits, chocolates etc distributed to all. The enthusiasm was worth seeing and all the kids have done a lot.





CHRISTMAS DAY CELEBRATION IN HAH

Christmas day 25 December was celebrated with great pomp in the HAH. The HAH was well decorated and all the children and their family members participated in it. A magic show was also organized in the HAH. Children enjoyed the magic show, it was a fun-loving show for all. Santa distributed woolen gloves, chocolates, toffies, biscuits etc to all the children and woolen sweaters and socks to all the family members. The event was with full of fun and joy and in pics we could see the smile on faces of all children and family members.





MONTHLY BIRTHDAY CELEBRATION

Children have the right to celebrate birthday and children are very happy by celebrating it as it makes them very happy. Children birthday celebrated every month at home and celebrated in such a way that children do not feel that they are away from their home. Puppet shows and other thrilling activities are done at HAH on this day. Gifts, food items such as biscuit, juice, Britannia cake, peanuts, chocolates, Horlicks and gazak etc. are distributed to the children.





NEW YEAR CELEBRATION

New year is the time or day at which a new calendar year begins and the calendar's year count increments by one. The children and their families celebrated the new year with great noise. The kids cut cake, lit candles, danced and had fun till mid night. It was a memorable event for all.



REPUBLIC DAY CELEBRATION

(26th January 2020)

Republic day is national holiday in India. It honours the date on which Constitution of India came into effect on 26 January 1950. We cannot forget this to celebrate at our HAH so all children and their family celebrated Republic Day at HAH. The national flag was hoisted and national anthem was sung by all the children and families. All children were very happy and feeling like they are in school. Gift and snacks – Chocolate ,Biscuits peanuts,sweets distributed to all the children and families.





HOLI CELEBRATION

Holi was celebrated with great pomp in the home away home (HAH). Many gifts were given to the children. Biscuits, chips, chocolates, nankeen packets, toys gun, etc. distributed to all the children. Water or dry colors were not used as these colors are harmful and are not good for the health of these children. All children were given a pair of new cloths. Puppet show was held once again. Children and families enjoyed Holi very much. Everyone was having fun; in fact, the celebration of Holi was spectacular and memorable. All the families have made the “Gujia” at home and have avoided taking sweets from outside.





CANCER AWARENESS DAY CELEBRATION

September is recognized as the Childhood Cancer Awareness month to raise awareness against childhood cancer. If childhood cancer diagnosed well and on time, the child's cancer is cured if treated at pediatric oncology center. A campaign launched and Cancer Awareness day was celebrated at HAH





PLAY ROOM ACTIVITIES

Play is one of the fundamental child rights. Play allows children to use their creativity while developing their imagination, dexterity, and physical cognitive and emotional strength. Play is important to healthy brain development and health. The HAH is fully equipped with all different types of child friendly toys, sporting goods and items. Drawing pads, note books, colors, stationery items, cartoon books, basic study books etc. are available in the play room. A play room teacher has been appointed, who is looks after the children in play room. Children come to the play room, play with toys, draw drawings, paintings etc.





MONTHLY COORDINATION MEETING IN HAH

A coordination committee meeting is held every month in which representatives of Cankids...Kidscan and Varsha Foundation participate. Coordination committee reviews that safety and security arrangements, food arrangements, and all services at home are intact and everything is going well at HAH. Committee talks to the families and gets their suggestions. The coordination committee playing important role in managing and monitoring the HAH.



FAMILY COUNSELLING SESSIONS AT HAH

Counselling session takes place on a weekly basis at HAH. Counsellors and social workers advise parents about awareness, facilities, patient navigation, treatment support, hygiene maintenance, cleanliness and child care etc.





DIETICIAN VISITS

Nutrition is important aspect of life of these children suffering from cancer. Good nutrition means body gets all the nutrients, vitamins and minerals it needs to work its best. Proper nutrition diet helps these children to fight against cancer. Every month nutrition expert / dietician visits twice in a month at HAH and counsel the children and families.





SESSIONS ON PERSONAL HYGIENE

(Sanitary Pad Distribution)

Awareness sessions are regularly conducted at HAH to increase awareness among adolescent girls and their female attendants on menstruation hygiene. Washable and reusable sanitary pads distributed and explained to all that how to use, wash and reuse the sanitary pads.





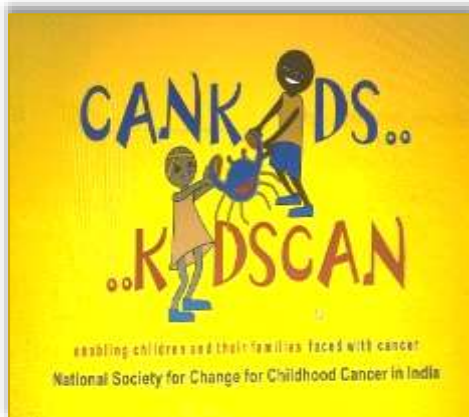
Non-Formal Education (NFE) Center -Aligarh

We are running a non-formal education center at Aligarh UP for poor and underprivileged children. 20 Children between the age group of 3 to 7 years are registered. These children are not going to any school and not taking any formal education and belongs to the poor laborer who cannot afford to send them even in govt schools. We have appointed a teacher providing basic education to these children. Twice in a week we also providing nutrition to all the children. Our objective is to bring all the children in main stream of education and send them to govt school.





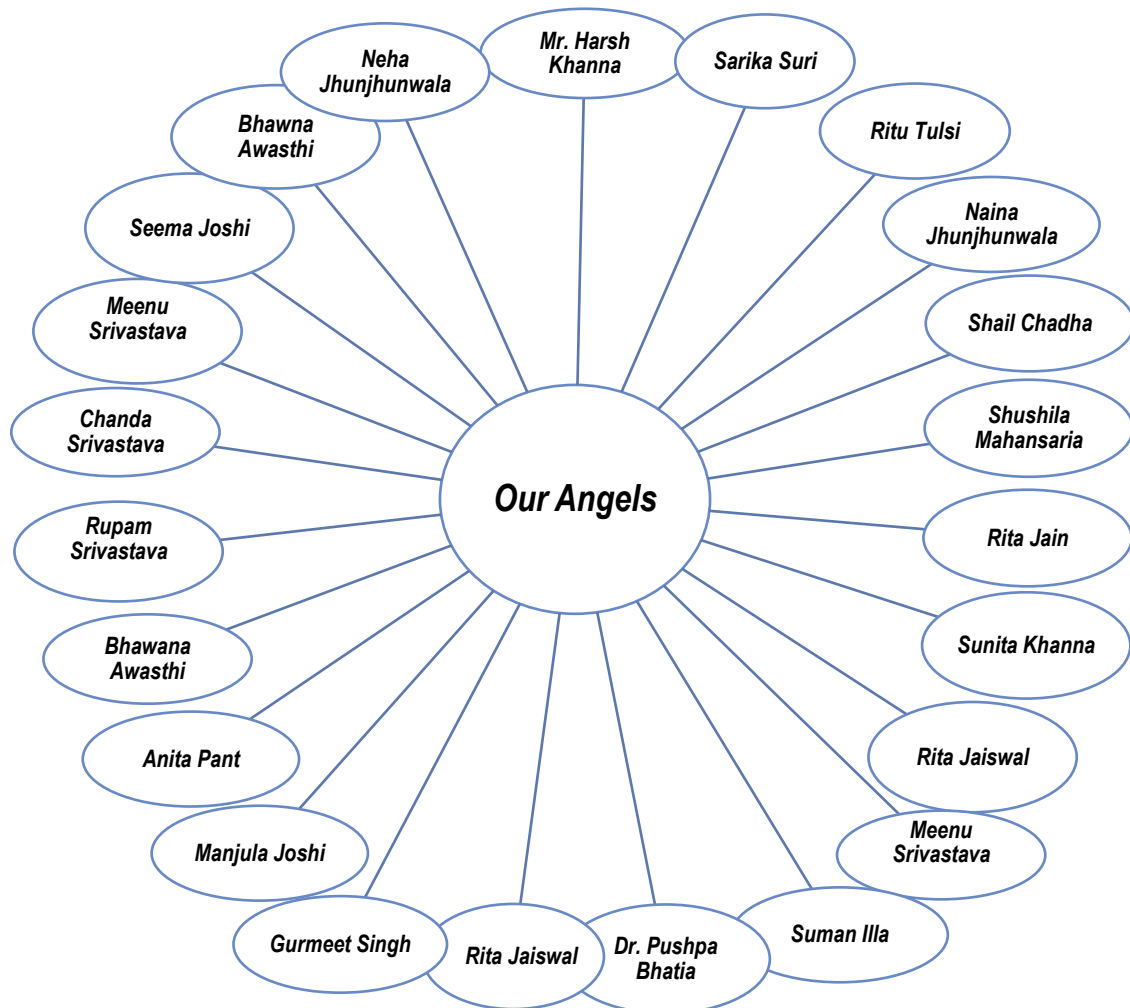
OUR SUPPORTER AND PARTNER



Mohini Devi Shyam
Sundar Charitable
Trust, Lucknow



OUR ANGELS IN HAH PARADISE





Financial statements

VARSHA FOUNDATION
440-A, Sant Nagar, Street No.-4, Burari, New Delhi - 110084

BALANCE SHEET AS ON 31.03.2020

LIABILITIES	Amount (Rs.)	ASSETS	Amount (Rs.)
CORPUS FUND		FIXED ASSETS	
Opening Balance	50,000	Fixed Assets (as per Schedule-A)	4,54,606
Received during the year	<u>10,50,000</u>		
	11,00,000	INVESTMENT	
FUNDS SET APART		Fixed Deposits with Bank	11,50,000
Set apart during the year			
	1,80,000	CASH & BANK BALANCE	
GENERAL FUND		Cash in Hand	11,153
Opening Balance	95,471	Balance in saving bank account	2,38,999
Surplus for the year	<u>5,74,448</u>		
	6,69,919	CURRENT ASSETS	
CURRENT LIABILITIES		Security Deposit for HAH	1,00,000
Audit Fees Payable		Interest Receivable on FDR	15,144
Expenses Payable	7,500		
TDS Payable	8,483		
	4,000		
	<u>19,69,902</u>		<u>19,69,902</u>

For KAPISH JAIN & ASSOCIATES
Chartered Accountant
Firm Regd. No. 022743N

KAPISH JAIN
M. No. 514162

PLACE : DELHI
DATE : 10.10.2020



For VARSHA FOUNDATION

ARVIND KUMAR
President

PARSHANT KUMAR
Treasurer

CHARTERED ACCOUNTANTS REPORT
AS PER OUR SEPARATE REPORT OF EVEN
DATED ANNEXED



VARSHA FOUNDATION
440-A, Sant Nagar, Street No.-4, Burari, New Delhi - 110084

INCOME & EXPENDITURE A/C FOR THE YEAR ENDED ON 31.03.2020

EXPENDITURE	AMOUNT (Rs.)	INCOME	AMOUNT (Rs.)
Program Expenses :		Donations :	
To Home away from home ("Sneh Ashray")		By Donation Received	12,00,500
- Accomodation Rent for Patients	5,22,200	By Bank Interest	50,404
- Nutrition Support	76,498		
- Celebration activities	61,421		
- Purchase of Ration for HAH	33,240		
- Program Staff Salary	2,92,512		
- Staff Welfare	2,435		
- Printing & Stationary Expenses	8,201		
- Telephone Expenses	12,271		
- Water & Electricity Expenses	70,409		
- Repair and Maintenance Expenses	75,861		
- HAH Setup cost including Consumable items purchased	1,80,554		
- HAH Maintenance Expenses	87,756		
- Patient Transportation Expenses	52,446		
- Poor Patient Support Program	83,849		
To Non-Formal Education Centre			
- Study Material	1,955		
- Nutrition Support	12,505		
- Teacher's Salary	60,000		
	16,34,113		
Administrative Expenses :			
To Bank Charges	137		
To Website Maintenance Expenses	22,398		
To Audit Fees	7,500		
To Printing & Stationary Expenses	5,348		
To Telephone & Internet Expenses	6,928		
To Electricity Expenses	3,869		
To Conveyance	36,881		
To Office Maintenance	814		
To Depreciation	58,470		
	1,42,343		
To Excess of Income over Expenditure C/F	(5,25,552)		
	<u>12,50,904</u>		<u>12,50,904</u>
To Funds set apart	-	By Excess of Income over Expenditure B/F	(5,25,552)
To Excess of Income over Expenditure transfer to General Reserve	5,74,448	By amount utilized from funds set apart in earlier year	11,00,000
	<u>5,74,448</u>		<u>5,74,448</u>

For KAPISH JAIN & ASSOCIATES
Chartered Accountant
Firm Regd. No. 022743N

KAPISH JAIN
M. No. 514162

PLACE : DELHI
DATE : 10.10.2020



For VARSHA FOUNDATION


ARVIND KUMAR
President


PARSHANT KUMAR
Treasurer

CHARTERED ACCOUNTANTS REPORT
AS PER OUR SEPARATE REPORT OF EVEN
DATED ANNEXED