

VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report – 1st Jul'2020 to 30st Sep' 2020



Address of HAH: 456/306, Sajjad Bagh Colony, Daulatganj, Lucknow – 226003

Introduction and framework

This is our second year of partnership with Cankids...Kidscan, last year in August 2019 Varsha Foundation with partnership of Cankids...Kidscan has set up and running a 16 bedded facility called “Home Away Home” (HAH), a short stay home at Lucknow providing boarding and lodging facilities to the cancer affected children and their families.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support as well as treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children’s individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor’s instructions
 - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program.
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
1. Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility Ms. Sangeeta Sahu to send the children to the HAH once identified and finalized.
 2. Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization started providing ration to the HAH.
 3. Sangeeta Sahu from Cankids undertakes visits at HAH in a month ensuring comfort stay of children and their families at HAH.

Precaution and necessary steps taken during Covid-19 Pandemic

We are well prepared for the prevention of a possible outbreak of the Covid-19 epidemic in the HAH. We are strictly following the guidelines provided time to time by Cankids and Dr. Nishant Verma. We are taking all necessary precaution to monitor and prevent the spread of Covid-19 in the HAH.

HAH if equipped with following instruments and items to fight with Covid19.

1. Battery operated spray machine and disinfectant solution.
2. Infrared Thermometer
3. Oximeter
4. Glucometer
5. BP instrument
6. Hand sanitizer
7. PPE Kit
8. Gloves
9. Masks
10. Floor disinfectant solution
11. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/attendants are instructed to use it on their arrival and departure.
2. It is mandatory for patients / attendants to use face masks whenever they go out or enter HAH.
3. As it has now been declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/attendants.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.

8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.
11. No outsider / visitors are allowed to visit the HAH. However, Cankids team is allowed to visit the HAH.
12. Daily reporting to Cankids in prescribed format given.

Cankids staff visited in HAH

Dr. Harshita Gupta, dietitian visited the HAH and organized cooking competition. Sanjeev Yadav helped a lot during the period when HAH was quarantine, it was a indeed help and support provided by the Cankids. PSG Ms. Sangeeta Sahu, HAH Coordinator also undertaking regular visits to the HAH during the Covid-19 period.

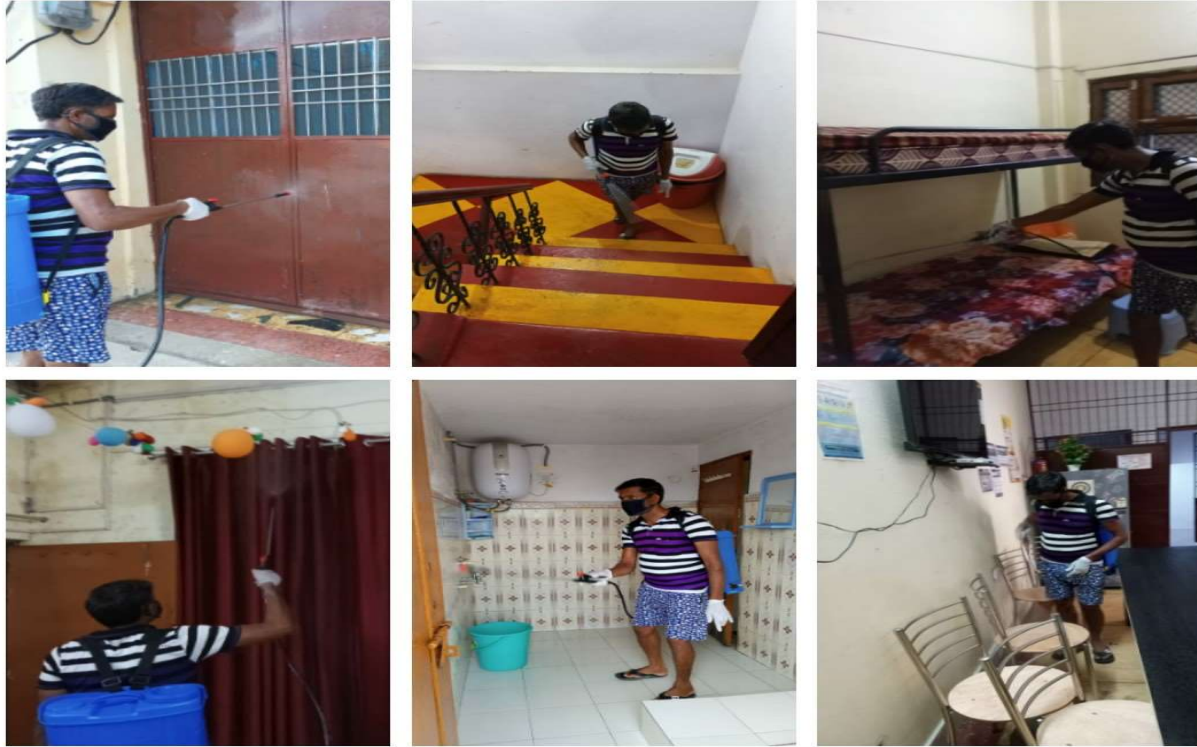
Fight against the Covid19 at HAH

The whole world is struggling with this epidemic so our HAH also not immune to this disease. Children and their families staying in HAH including staff members are fighting against this disease. We are taking all necessary steps against prevention of the Covid19 though this happened two times when the house had to be quarantined from 20th August to 3rd Sep and from 21 Sep to 4th Oct and good thing is that both times the children returns HAH after defeating the disease Covid19.

Regular Sanitization of HAH Building

We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.

Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Celebrations & Events

Monthly Birthday Celebration

- Every month we celebrate birthday at HAH with children and their families and they eagerly await this day.
- Main hall of the ground floor of HAH tastefully decorated with balloons and make it memorable to all the children and their families.
- All parents and children sing sweet songs and pray for their healthy and pleasant life.
- Packed eating items like Biscuit, Lassi, Britannia cake, Peanuts, Chocolates & toys given to them.
- Attendants were also given Namkeen, Biscuit & Cold Drinks.
- All the children and families enjoyed the celebration.



Raksha Bandhan Celebration on 3-Aug-20

Raksha Bandhan is one of the major festivals of the Hindus. This festival is a symbol of mutual love between brothers & sisters. On this day the sister ties a sutra to the brother & brother promise to provide protection to every sibling in every situation. This festival was celebrated at HAH with all children & families. All children & families enjoyed the celebration in a home environment. Children participated in drawing competition and distributed gifts etc. to all children.



Janmashtami celebration on 11-Aug-20

The Hindus celebrate Janmashtami for the birth of Lord Sri Krishna. The festival usually occurs in August. Moreover, the Hindus celebrate this festival in the Ashtami of Krishna paksha. It is a joyful festival for the Hindus. Like last year, this year also celebrated this festival at HAH with all children & families. All children & families enjoyed the celebration. During this celebration one child was made little Krishna & all worshiped the Lord Krishna. Packed eating items like Chocolates, Britannia cake & home-made Prashad distributed to All.



Independence Day celebration on 15-Aug-20

The Independence Day of India, which is celebrated religiously throughout the country on the 15th of August every year so how we can forget this day, we also organized this Independence Day at HAH with all children & families. The national flag was hoisted and National anthem was sung by all the children and families. All children were very happy and feeling like they are in school. Gift and snacks – Chocolates, Chips and Flavored milk distributed to all children and families.

In lunch, All families had cooked Chhole – Bature and did party together with social distance.



Cooking Competition done by Dr. Harshita Gupta on 16-Sep-20

Cooking competition was held in HAH on 16th September. Dr. Harshita Gupta (Dietician), Annu Sharma (Care Taker) were also there & all families participated in the competition & enjoyed the delicious food.



Family Counselling by Sangeeta Sahu

HAH Coordinator Ms. Sangeeta Sahu keep visiting the HAH regularly even during the Covid-19 pandemic and did the counselling of the children and their families. At the time of counselling and interacting with children and families she always makes the social distance as can be seen in the pictures below.



Dietician Counselling by video conferencing call

During covid-19 pandemic, Dr. Harshita Gupta has taken five counselling sessions through a video conferencing call.



Children and families stayed in HAH

- July month: total 7 children and families stayed in HAH.
- August month: total 7 children and families stayed in HAH.
- September month: total 6 children and families stayed in HAH.