

VARSHA FOUNDATION
Home Away From Home (HAH)
Running in partnership with Cankids...Kidscan
Quarterly progress report – 1st Oct'2020 to 31st Dec' 2020



Address of HAH: 456/306, Sajjad Bagh Colony, Daulatganj, Lucknow – 226003

Introduction and framework

This is our second year of partnership with Cankids...Kidscan, last year in August 2019 Varsha Foundation with partnership of Cankids...Kidscan has set up and running a 16 bedded facility called “Home Away Home” (HAH), a short stay home at Lucknow providing boarding and lodging facilities to the cancer affected children and their families.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support as well as treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children’s individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor’s instructions
 - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program.
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
1. Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility Ms. Sangeeta Sahu to send the children to the HAH once identified and finalized.
 2. Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization started providing ration to the HAH.
 3. Sangeeta Sahu from Cankids undertakes visits at HAH in a month ensuring comfort stay of children and their families at HAH.
 4. Annu Sharma Care Taker & Rohit Mishra Supervisor are available 24 hours in HAH for help to the families in every situation.

Precaution and necessary steps taken during Covid-19 Pandemic

We are well prepared for the prevention of a possible outbreak of the Covid-19 epidemic in the HAH. We are strictly following the guidelines provided time to time by Cankids and Dr. Nishant Verma. We are taking all necessary precaution to monitor and prevent the spread of Covid-19 in the HAH. All patients and attendants have to go for the Covid-19 test before being shifted to HAH and patients and attendants with negative reports are allowed to go to the HAH

HAH is fully equipped with following to fight with Covid19 pandemic.

1. Battery operated spray machine and disinfectant solution.
2. Infrared Thermometer
3. Oximeter
4. Glucometer
5. BP instrument
6. Hand sanitizer
7. PPE Kit
8. Gloves
9. Masks
10. Floor disinfectant solution
11. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/attendants are instructed to use it on their arrival and departure.
2. It is mandatory for patients / attendants to use face masks whenever they go out or enter HAH.
3. We are taking temperature and checking oxygen level every day in the morning and evening of all patients/attendants.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.

5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching their eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.
11. Outsider / visitors are allowed to visit the HAH but not more than two persons & Cankids team are allowed to visit the HAH.

Cankids staff visiting HAH

Cankids team providing full support to HAH and ensuring smooth functioning of HAH and its services in this Covid-19 pandemic. Ms. Priti Rastogi Project Manager, Ms. Sangeets Sahu HAH coordinator, Ms. Sneh Ratna Dietician and Ms. Savita Tiwari PSG and Ms. Sugandha Kumari Tutor regularly undertaking visits to the HAH and participating in coordination meeting, events and celebrations.

Celebrations & Events

We started events and monthly birthdays celebrations at HAH after consultation with doctor, Cankid's team and HAH staff. Social distancing was maintaining during the celebrations. We begin every celebration by bowing to God and pray that God help them so that they can fight this cancer disease.

Monthly Birthday Celebration

HAH was well decorated with balloons etc. Packed eating items like biscuit, real juice, Britannia cake, chips, chocolates and gift items etc. distributed to all the children. Attendants also enjoyed the birthday parti together, it was a fun loving and memorable birthday celebrated in homely atmosphere with social distancing.



Dussehra Celebration on 25-Oct-20

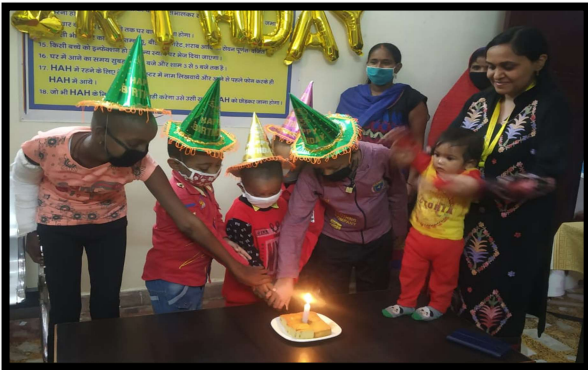
We organized this festival at HAH with all children & families. All children & families enjoyed the celebration. All the families were given lots of gifts and eating items like Chana-Murmura, Corn flakes, Toast, Milk powder, Chana sattu, Makhana, Fruity, Chocolate, Biscuit, Britannia cake etc. On this occasion cloths distributed to all the children, sarees to female attendants and cloths to all the male attendants.



Monthly Birthday & Diwali Celebration on 13-Nov-20

That day was very special for HAH families because Monthly Birthday & Diwali were celebrated together. HAH building was beautifully decorated like a bride. All the children and attendants celebrated birthday and Diwali with full of joy & happiness, feeling like they are not away from their home. The lap of children was full of gifts, toys & food items.

With such events, we try to reduce their pain, make them happy & feel that we are always with them, they are not alone in this fight with Cancer.



Shri Satya Sai Baba Birthday Celebration by SSSSO on 23-Nov-20

SSSSO is local Lucknow based association providing regularly ration support to the HAH. 23rd Nov is Satya Sai Baba birthday and SSSSO decided to celebrate the birthday at our HAH with children and families. Packed eating items like Britannia cake, Chocolate, Biscuits, Chips & Puzzle game etc were distributed by SSSSO to all the children. On this occasion woolen gloves, woolen Caps, woolen pazami & wo0len shawls were distributed to all the children and their families.



HAH staff celebrated Marriage Anniversary on 28-Nov-20

28th Nov was marriage anniversary of Rohit Mishra HAH supervisor and Annu Sharma HAH care taker. They both decided to celebrate their anniversary with children and their families at HAH. (Care taker) & Rohit Mishra (Supervisor) celebrated their marriage anniversary with the families of HAH. On this occasion, Mr. Arvind Sir had sent a surprise gift for which we had thanked him wholeheartedly.

- Packed eating items like Chips, Biscuit, Chocolate etc given to children.
- Food was organized for all.



Woolen Clothes Distribution on 9-Dec-20

Winter was on peak and some of the families were found that they were not having enough warm clothes hence woolen clothes provided to all the HAH families like Caps, Socks & Sweater for Kids, Cardigans for Ladies & Woolen inner for Gents etc.



Christmas Celebration on 25-Dec-20

We organized Christmas day celebration at HAH with all children & families on 25th December. Lots of gifts toys, chocolates, biscuits, cakes, peanut gazaks, woolen clothes, caps, socks, gloves, drawing book, colors, pencils, erasers, sharpeners & much more distributed to all children & families by Santa. Cartoon movies shown to the children on projector.



Family Counselling by Sangeeta Sahu HAH Coordinator

HAH Coordinator Ms. Sangeeta Sahu keep visiting the HAH regularly and keep doing counselling of the children and their families.



Dietician Counselling by Sneh Ratna Singh

Dietitian Sneh Ratna Singh keep visiting HAH and taking counselling sessions.



Children and families stayed in HAH

- October month: total 9 children and families stayed in HAH.
- November month: total 11 children and families stayed in HAH.
- December month: total 13 children and families stayed in HAH.

Medical and Poor Patient Support provided to the Children and families

Varsha Foundation provided immediate financial support to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement. During the quarter. Total support of Rs. 53,444/- provided to the children and families during the quarter.