



VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report – 1st Jan'2021 to 31st Mar' 2021



**Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony, Daulatganj,
Lucknow – 226003**

Introduction and framework

Varsha Foundation is completing 2nd year of partnership with Cankids...Kidscan, last year in August 2019 Varsha Foundation with partnership of Cankids...Kidscan has set up and started a 16 bedded facility called “Home Away Home” (HAH), a short stay home at Lucknow providing boarding and lodging facilities to the cancer affected children and their families.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support as well as treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children’s individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor’s instructions
 - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program.
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility Ms. Sangeeta Sahu to send the children to the HAH once identified and finalized.
 - 2) Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
 - 3) Sangeeta Sahu from Cankids undertakes visits at HAH in a month ensuring comfort stay of children and their families at HAH.
 - 4) Annu Sharma Care Taker & Rohit Mishra Supervisor are available 24 hours in HAH for help to the families in every situation.

Precaution and necessary steps taken during Covid-19 Pandemic

We are well prepared for the prevention of a possible outbreak of the Covid-19 epidemic in the HAH. We are strictly following the guidelines provided time to time by Govt, Cankids and treating Dr. Nishant Verma.

We are taking all necessary precaution to monitor and prevent the spread of Covid-19 in the HAH and during the quarter no single case diagnosed with Covid19 positive

HAH is equipped with following instruments & items to fight with Covid19.

- A. Battery operated spray machine and disinfectant solution.
- B. Infrared Thermometer
- C. Oximeter
- D. Glucometer
- E. BP instrument
- F. Hand sanitizer
- G. PPE Kit
- H. Gloves
- I. Masks
- J. Floor disinfectant solution
- K. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it has now been declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.

11. Outsider / visitors are allowed to visit the HAH but not more than two persons & Cankids team are allowed to visit the HAH.
12. Daily reporting to Cankids in prescribed format given.

Play room reopened and teacher appointed

After detailed discussion with doctor and Cankids team, HAH play room reopened for HAH children which was closed since April'20. A teacher Ms. Pooja Gupta, HAH appointed in January and proper training has been given to her. In play room social distancing has been maintained by all the children, teacher Ms. Pooja Gupta taking sanitizing their hands of children at the time of entering the HAH. She sanitizes all the play items like toys, books etc.



Cankids staff visited in HAH

Cankids team providing full support to HAH and ensuring smooth functioning of HAH and its services in this Covid-19 pandemic. Ms. Priti Rastogi Project Manager, Ms. Sangeets Sahu HAH coordinator, Ms. Sneh Ratna Dietician regularly undertaking visits to the HAH and participating in coordination meeting, events and celebrations. Following visits have been undertaken during the quarter.

- Ms. Priti Rastogi, Project Manager visited to the HAH three times during the quarter.
- Ms. Sangeeta Sahu, HAH Coordinator visited to the HAH regularly on weekly basis.
- Dr. Sneh Ratna Singh, Dietician visited to the HAH five times during the quarter.
- Dr. Harish & Mr. Nasim also visited to the HAH one time during this quarter.

Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Celebrations & Events

New Year Celebration - 2021

- ❖ New year celebration organized at HAH.
- ❖ 4- Patients & 8- Caregivers were attended the celebration that day.
- ❖ Children & their parents did the dance together with full of joy & happiness.
- ❖ Packed food items distributed to the children like Cake, Chocolates, Biscuits, Oats, Soups etc.
- ❖ Caregivers were also given Samosa.



Monthly Birthday Celebration - 12-Jan-21

- ❖ This birthday celebration was sponsored by a local donor.
- ❖ 8- Patients & 15- Caregivers were attended the celebration that day.
- ❖ Packed eating items (Biscuit, Juice, Britannia cake, Moong Dall, Chocolates), Toys & Inner wear clothes given to children.
- ❖ Caregivers were also given Samosa.
- ❖ All the children and families enjoyed the celebration.





Republic Day Celebration - 26-Jan-21

- ❖ All children & their caregivers celebrated Republic Day in HAH.
- ❖ 6- Patients & 12- Caregivers were attended the celebration that day.
- ❖ Tricolour batches & national flags given all the children and their families.
- ❖ The national flag was hoisted & national anthem was sung by all the children & families.
- ❖ All children were very happy & feeling like they are in school.
- ❖ Snacks – Chocolate, Biscuits, Juice, Cake, Samosa & Sweets distributed to all the children & families.
- ❖ Children were shown cartoon movie on projector.



World Cancer Day – 4-Feb-21

- ❖ World Cancer Day celebrated in HAH.
- ❖ All children were participated in drawing competition on the basis of cancer awareness.
- ❖ Provided information & awareness about cancer to all families.
- ❖ 6- Patients & 12- Caregivers were participated that day.



ICCD & Monthly Birthday Celebration – 19-Feb-21

- ❖ A lunch party was sponsored by father of Mr. Arvind Kumar, President Varsha Foundation. In this party Varsha Foundation, Cankids team & ECWF members were invited for get-together meet.
- ❖ ICCD & Monthly Birthday Celebration were celebrated together in HAH.
- ❖ Arvind Kumar and his family members were cut the cake with the children, distributed toys & packed food items like Chocolates, Cakes, Biscuits, Soya chunks etc. to the children.
- ❖ Caregivers were also given Samosa.
- ❖ 8- Patients & 14- Caregivers were attended the celebration.



Monthly Birthday Celebration – 9-Mar-21

- ❖ This birthday celebration was sponsored by a local donor.
- ❖ 9th March is birthday of HAH supervisor Rohit so a big surprise also given to him as his birthday celebrated along with the monthly birthday celebration in HAH.
- ❖ Rohit did cut the cake with the children & distributed toys & packed food items like Cake, Chocolates, Chips, Biscuits, Juices etc.
- ❖ Caregivers were also given Samosa.
- ❖ 5- Patients & 10- Caregivers were attended the celebration.



Donor Organized a Celebration for his Late Father's Memories – 19-Mar-21

- ❖ This celebration was organised by a local donor on occasion of his late father's sweet memories.
- ❖ Many items distributed like Biscuit, Lassi, Britannia cake, Moong Dall, Chocolates, Clothes for Children, Doms activity kit, Bubble stick & Tractor-Toy to the children.
- ❖ The children were very happy to get a lot of gifts.
- ❖ Caregivers were also given Samosa.
- ❖ 7- Patients & 13- Caregivers were attended the celebration.





Holi Celebration – 27-Mar-21

- ❖ Firstly, drawing competition was held in HAH, all the children participated in drawing competition & coloured the paper on basis of Holi theme.
- ❖ Then all the peoples embraced to each other & greeted Holi & also put Gulal on faces to each other.
- ❖ Everyone was having fun actually the Holi celebration was spectacular and memorable.
- ❖ Many items distributed like Chips, Toast, Cake, Candy, Namkeen, Fruity, Water Balloons, Soan-papdi, Chocolate, Carry bag with two hanky, Mathari, Gujiya, Curd & Water gun (Pichkari) to all the children.
- ❖ 7- Patients & 14- Caregivers were attended the celebration.
- ❖ All the families made the food (Matar Paneer, Matar Pulao & Poori) of their choice together & celebrated the Holi.



Family Counselling by Sangeeta Sahu

HAH Coordinator Ms. Sangeeta Sahu keep visiting the HAH regularly once in a week & does the following work in HAH: She checks level of hygiene maintained in the HAH

- She does the counselling of the children and their families. She checks level o
- She checks level of hygiene maintained in the HAH.
- She checks and verify all the facilities are maintained intact properly.
- She verifies patient's register, transportaton system etc.
- She coordinating with HAH supervisor and Doctor in case of any emergency even in night. She always pics call and talk to doctor in any time day or in night.
- She visit on holidays, Sundays or after office hours also if required and found necessary.
- She coordinating in providing medical support to the children in KGMU, she coordinats doctors and Rohit HAH supervisor.



Diet Counselling by Dr. Sneh Ratna Singh

- ❖ Five visits of HAH in this quarter done by Dietician Dr. Sneh Ratna.
- ❖ Dr. Sneh Ratna had told in every counselling to the parents, how they can feed their children healthy & tasty food in a new way.



Children and Caregivers stayed in HAH

- ❖ January Month: - Total 12 children & 22 caregivers stayed in HAH.
- ❖ February Month: - Total 12 children & 21 caregivers stayed in HAH.
- ❖ March Month: - Total 9 children & 16 caregivers stayed in HAH.

Poor Patient Support provided to the Children and families

It was biggest challenge in front of patients and families to arrange the fund for medicine, living, diagnostic, transport etc. in Covid-19 pandemic situation. Varsha Foundation came forward and immediate financial support provided to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement. During the quarter. Monthly summary of PPSA & MSF is given below:

PPSA support provided to the patients and their families:

January 2021: - Rs. 5150.00

February 2021: - Rs. 6000.00

March 2021: - Rs. 2400.00

MSF support provided to the patients and their families:

January 2021: - Rs. 24022.00

February 2021: - Rs. 35895.00

March 2021: - Rs. 25181.00

Total support provided during this quarter Rs. 98,648.00/-