

VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report – 1st Apr' 2021 to 30th June' 2021

HOME AWAY FROM HOME
(A HOME FOR CANCER AFFECTED CHILDREN)
In Partnership with CanKids...KidsCan
VARSHA FOUNDATION

456/306, SAJJAD BAGH COLONY, NEAR WATER SEWERAGE TREATMENT PLANT, LUCKNOW-226003
H.O.: A-/24/F1/FF, DLF, Ghaziabad-201001, U.P. Mob: 8218027224

**Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony, Daulatganj,
Lucknow – 226003**



Introduction and framework

Varsha Foundation is running a 16 bedded home “सह आश्रय” a short stay home called “Home Away from Home” (HAH) at Lucknow for children suffering from cancer and their families in partnership with Cankids...Kidscan since August 2019. .

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support as well as treatment and technical support services in the HAH.

Under the Project HAH, we are providing following facilities and services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children’s individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor’s instructions
 - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program.
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility Ms. Sangeeta Sahu but HAH coordinator now changed, this time held responsibility Mr. Sanjeev Yadav to send the children to the HAH once identified and finalized.
 - 2) Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
 - 3) Sangeeta Sahu from Cankids undertakes visits at HAH in weekly ensuring comfort stay of children and their families at HAH but now starting of June month the HAH coordinator changed this time Mr. Sanjeev Yadav worked as HAH coordinator.
 - 4) Annu Sharma Care Taker & Rohit Mishra Supervisor are available 24 hours in HAH for help to the families in every situation.



Precaution and necessary steps taken during 2nd wave of Covid-19 Pandemic

The second wave of this Covid19 pandemic has affected all and sundry including families were staying in HAH. 6 patients, 7 caregivers and Rohit Mishra our HAH supervisor also diagnosed Covid positive. HAH was in quarantine from 7th April to 20th April, it was a very tough time for our HAH but we never gave up, our children, caregivers and supervisor bravely fought Covid and recovered from Covid. We have 8 rooms with two bunk beds in our HAH but we kept only 1 family in 1 room. All Covid guidelines issued by Govt, doctors, Cankids and from HO of Varsha Foundation were followed properly. We are taking all necessary precaution to monitor and prevent the spread of Covid-19 in the HAH

HAH is equipped with following instruments & items to fight with Covid19.

- A. Battery operated spray machine and disinfectant solution.
- B. Infrared Thermometer
- C. Oximeter
- D. Glucometer
- E. BP instrument
- F. Hand sanitizer
- G. PPE Kit
- H. Gloves
- I. Masks
- J. Floor disinfectant solution
- K. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it has now been declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.



7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.
11. Outsider / visitors are allowed to visit the HAH but not more than two persons & Cankids team are allowed to visit the HAH.
12. Daily reporting to Cankids in prescribed format given.

Month wise and cumulative status of patients and caregivers stayed in HAH

Month: April											
S.No.	Patient Name	Number of caregivers	Onco No.	Diagnosis	Age	Address	Date of Admission	Date of leaving	Number of days stayed	Total beneficiaries	Treatment status
Old patients											
1	Arpit Singh	2	0/176/20	NHL	12Y	Banda, U.P	31-Dec-21	14-Apr-21	104	3	On Treatment
2	Prince Verma	2	0/175/20	ALL	3½Y	Hamirpur, U.P	02-Jan-21	12-Apr-21	100		On Treatment
							26-Apr-21	Continue	5	3	
3	Karan Gautam	2	0/07/21	ALL	2½Y	Kannouj, U.P	19-Jan-21	05-Apr-21	76	3	On Treatment
4	Ayanshi	2	0/164/20	ALL	2½Y	Unnao, U.P	31-Jan-21	10-Apr-21	69		On Treatment
							21-Apr-21	30-Apr-21	9	3	
5	Rajeshwar	2	0/161/20	ALL	7Y	Kushinagar, U.P	02-Feb-21	Continue	88	3	Maintenance
6	Ratan Shukla	2	0/105/20	RBL	3Y	Gonda, U.P	17-Feb-21	12-Apr-21	54	3	On Treatment
7	Ansh Kumar Gupta	2	0/89/20	HL	7Y	Fatehpur, U.P	15-Mar-21	06-Apr-21	23	3	On Treatment
New patients											
1	Ambuj	2	0/49/21	ALL	4Y	Pratapgarh, U.P	03-Apr-21	11-Apr-21	8	3	On Treatment
										24	



Month : May											
S.No.	Patient Name	Number of Caregivers	Onco No.	Diagnosis	Age	Address	Date of Admission	Date of leaving	Number of days	Total beneficiaries	Treatment status
Old patients											
1	Rajeshwar	2	0/161/20	ALL	7Y	Kushinagar, U.P	02-Feb-21	Continue	119	3	On Maintenance
2	Prince Verma	2	0/175/20	ALL	3½Y	Hamirpur, U.P	26-Apr-21	Continue	36	3	On Treatment
3	Alok	2	0/59/20	ALL	6Y	Kushinagar, U.P	04-May-21	11-May-21	7	3	On Maintenance
4	Ratan Shukla	2	0/105/20	RBL	3Y	Gonda, U.P	05-May-21	10-May-21	5		On Treatment
							25-May-21	Continue	7	3	
5	Ayanshi	2	0/164/20	ALL	2½Y	Unnao, U.P	08-May-21	Continue	24	3	On Treatment
6	Arpit Singh	2	0/176/20	NHL	12Y	Banda, U.P	27-May-21	Continue	5	3	On Treatment
New patients											
1	Khushnuma Bano	1	0/164/18	HL	12Y	Sidhdartha Nag	05-May-21	06-May-21	1	2	Off Chemo
2	Anirudh	2	0/66/21	ALL	8Y	Pilibhit, U.P	21-May-21	Continue	11	3	On Treatment
										23	

Month : June											
S.No.	Patient Name	Number of caregivers	Onco No.	Diagnosis	Age	Address	Date of Admission	Date of leaving	Number of days	Total beneficiaries	Treatment status
Old patients											
1	Rajeshwar	2	0/161/20	ALL	7Y	Kushinagar, U.P	02-Feb-21	Continue	149	3	On Maintenance
2	Prince Verma	2	0/175/20	ALL	3½Y	Hamirpur, U.P	26-Apr-21	Continue	66	3	On Treatment
3	Ayanshi	2	0/164/20	ALL	2½Y	Unnao, U.P	08-May-21	Continue	54	3	On Treatment
4	Anirudh	2	0/66/21	ALL	8Y	Pilibhit, U.P	21-May-21	Continue	41	3	On Treatment
5	Ratan Shukla	2	0/105/20	RBL	3Y	Gonda, U.P	25-May-21	02-Jun-21	8		On Treatment
							15-Jun-21	20-Jun-21	5	3	
6	Arpit Singh	2	0/176/20	NHL	12Y	Banda, U.P	27-May-21	Continue	35	3	On Treatment
New patients											
1	Monu	1	0/13/21	ES	13Y	Jalaun, U.P	01-Jun-21	Continue	30	2	On Treatment
2	Jishan Ansari	2	0/169/20	OS	13Y	Lakhimpur Khee	03-Jun-21	11-Jun-21	8	3	On Treatment
							30-Jun-21	Continue	1		
3	Riya Saxena	2	0/171/20	ES	3Y	Shahjahanpur, U.P	03-Jun-21	15-Jun-21	12	3	On Treatment
4	Priyanshu Sahani	2	0/76/21	WT	8Y	Deoria, U.P	23-Jun-21	Continue	8	3	On Treatment
5	Ayush Verma	2	0/61/20	ALL	7Y	Kushinagar, U.P	14-Jun-21	Continue	17	3	On Maintenance
										32	



Cumulative data - June Qtr											
S.No.	Patient Name	Number of Caregivers	Onco No.	Diagnosis	Age	Address	Date of Admission	Date of leaving	Number of days	Total beneficiaries	Treatment status
1	Karan Gautam	2	0/07/21	ALL	2½Y	Kannouj, U.P	19-Jan-21	05-Apr-21	76	3	On Treatment
2	Rajeshwar	2	0/161/20	ALL	7Y	Kushinagar, U.P	02-Feb-21	Continue	149	3	On Maintenance
3	Ansh Kumar Gupta	2	0/89/20	HL	7Y	Fatehpur, U.P	15-Mar-21	06-Apr-21	23	3	On Treatment
4	Ambuj	2	0/49/21	ALL	4Y	Pratapgarh, U.P	03-Apr-21	11-Apr-21	8	3	On Treatment
5	Prince Verma	2	0/175/20	ALL	3½Y	Hamirpur, U.P	26-Apr-21	Continue	66	3	On Treatment
6	Alok	2	0/59/20	ALL	6Y	Kushinagar, U.P	04-May-21	11-May-21	7	3	On Maintenance
7	Khushnuma Bano	1	0/164/18	HL	12Y	Sidhartha Nag	05-May-21	06-May-21	1	2	Off Chemo
8	Ayanshi	2	0/164/20	ALL	2½Y	Unnao, U.P	08-May-21	Continue	54	3	On Treatment
9	Anirudh	2	0/66/21	ALL	8Y	Pilibhit, U.P	21-May-21	Continue	41	3	On Treatment
10	Ratan Shukla	2	0/105/20	RBL	3Y	Gonda, U.P	25-May-21	02-Jun-21	8		On Treatment
							15-Jun-21	20-Jun-21	5	3	
11	Arpit Singh	2	0/176/20	NHL	12Y	Banda, U.P	27-May-21	Continue	35	3	On Treatment
12	Monu	1	0/13/21	ES	13Y	Jalaun, U.P	01-Jun-21	Continue	30	2	On Treatment
13	Jishan Ansari	2	0/169/20	OS	13Y	Lakhimpur Khee	03-Jun-21	11-Jun-21	8		On Treatment
							30-Jun-21	Continue	1	3	
14	Riya Saxena	2	0/171/20	ES	3Y	Shahjahanpur,	03-Jun-21	15-Jun-21	12	3	On Treatment
15	Ayush Verma	2	0/61/20	ALL	7Y	Kushinagar, U.P	14-Jun-21	Continue	17	3	On Maintenance
16	Priyanshu Sahani	2	0/76/21	WT	8Y	Deoria, U.P	23-Jun-21	Continue	8	3	On Treatment
										46	

Poor Patient Support provided to the Children and families

It was biggest challenge in front of patients and families to arrange the fund for medicine, living, diagnostic, transport etc. in Covid-19 pandemic situation. Varsha Foundation came forward and immediate financial support provided to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement.

Monthly summary of PPSA & MSF is given below:

PPSA support provided to the patients and their families:

April 2021: - Rs. 2400.00

May 2021: - Rs. 2700.00

June 2021: - Rs. 1800.00 (till 15 June)

Note: After Ms. Sangeeta Sahoo left new coordinator not handling PPSA hence PPSA support stopped.



MSF support provided to the patients and their families:

April 2021: - Rs. 14447.00

May 2021: - Rs. 22296.00

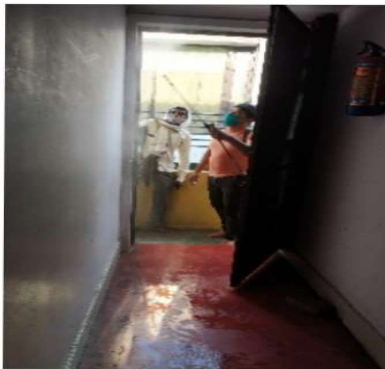
June 2021: - Rs. 9024.00

Total support medical support provided during the quarter Rs. 45,767/-

Medical support also stopped by Cankids Lucknow unit after Ms. Sangeeta Sahoo left

Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Play Room Activities & Diet Session by Dietitian cum Tutor

- After lockdown play room reopened mid of June Month & Ms. Pooja Gupta backed to work with additional responsibility of “Dietician cum Tutor”.
- She conducted awareness sessions with patients and families for maintaining hygiene in HAH.



- Children were happier when playroom was re-opened for them.
- Children spent good time in playroom, learned basic education, played with toys and educational toys and various items.
- Tutor teaching basic education to all the children in playroom.
- She also conducted drawing & craft activity for the children and children also happily participating in such activities.



Routine services by dietitian

- Hygiene and sanitization in daily basis.
- Cleanliness check in Kitchen area as well as utensils.
- Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- Awareness sessions conducted for Hygiene.
- Importance of cleanliness of hands during food handling.
- Importance of hygiene in cancer treatment.
- Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- Regular Follow-up with parents and patients in HAH for any query.
- Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's attendants.)
- To keep monitoring patient's details like Height, weight, MUAC and haemoglobin.
- Combine session for group counselling.





Celebrations & Events

In April Month:-

Celebrations & Activities were not held on April Month due to back-to-back Covid-19 Positive in HAH and quarantime.

In May Month:-

Monthly Birthday Celebration - 10-May-21

- ❖ This birthday celebration was sponsored by a local donor.
- ❖ 4- Patients & 8- Caregivers were attended the celebration that day.
- ❖ Packed eating items (Biscuits, Chips, Britannia cake, Moong Dall, Chocolates) & Toys given to children.
- ❖ Caregivers were also given Samosa.
- ❖ All the children and caregivers enjoyed the celebration.



Eid Celebration - 14-May-21



- ❖ All children & their caregivers celebrated Eid in HAH.
- ❖ 4- Patients & 8- Caregivers were attended the celebration that day.
- ❖ All families cooked sweet vermicelli & delicious food together.
- ❖ All the children & caregivers enjoyed the celebration.



In June Month:-

Monthly Birthday Celebration – 12-June-21

- ❖ This birthday celebration was sponsored by a local donor.
- ❖ 7- Patients & 13- Caregivers were attended the celebration that day.
- ❖ Packed eating items (Biscuits, Chips, Britannia cake, Lassi, Chocolates) & Toys given to children.
- ❖ Caregivers were also given Tea & Samosa.
- ❖ All the children and caregivers enjoyed the celebration & dance together.



Support provided by HAH Coordinator- Sangeeta Sahoo (as per her monthly reports)

- ❖ Close monitoring and facilitate the comfort stay of children and families in the HAH.
- ❖ Every day communicating with Rohit (HAH supervisor) for easy transportation of children between hospital and HAH.
- ❖ Counseled the families stayed in HAH suggested by the Dr. N. Verma during the month.
- ❖ Ensured that every child staying in the HAH should get all medicine and treatment on time without any delay, for this interacting with each family and go through their files every day.



- ❖ Did coordination between Eshwar Child Well Fair Foundation to providing Ration to the families staying in the HAH.
- ❖ Counselling before going in HAH and explained rules and regulations of HAH and completed documentation required for stay in HAH.
- ❖ Watching that comfort stay of children and families in the HAH.
- ❖ Counselling before going in HAH and told rules and regulations of stay in HAH and mentioned documentation of HAH.

Family Counselling by Sangeeta Sahu, HAH Coordinator



New HAH Coordinator – Sanjeev Yadav’s visits

Sanjeev Yadav has undertaken following activities in HAH during his visits to HAH

- Check hygiene
- Interacted with the families and counseled to maintain hygiene
- Counseled children to take proper meal and asked them to share pics daily while taking food.
- Discussed HAH Manager (Rohit) about issues and challenges.
- Ensured smooth functioning of HAH.



Cankids staff visited in HAH

Cankids team providing full support to HAH and ensuring smooth functioning of HAH and its services in this Covid-19 pandemic. Cankids to ensure comply of the following:

- Monthly coordinating meeting with Cankids team not happening in HAH.
- No Dietitian visits undertaken during the quarter.

Ms. Priti Rastogi Project Manager, Ms. Sangeeta Sahu HAH coordinator, Sugandha and Sanjeev visited in the HAH during the quarter participating in coordination meeting, events and celebrations.

