



VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report - 1st Jan' 2022 to 31st Mar' 2022



**Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony,
Daulatganj, Lucknow - 226003**

Introduction and framework

Home Away from Home (HAH) Lucknow was inaugurated on 15th August' 2019, since than HAH has been continuously providing accommodation to the children and their families suffering from cancer along with holistic care and treatment support services such as medicine, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support, technical support, social support and treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
- To Integrate project HAH into the treatment, care and support systems at the Hospital
- To improving the overall standards of treatment & care
- To provide atmosphere like home
- To focus on individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
- To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
- To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program
- To provide emotional and Psychosocial support, outings, recreational and community activities.
- To provide transport facility between hospital and HAH
- To provide cooking facilities
- To provide administrative assistance

Precaution and necessary steps taken during Covid-19 Pandemic

We are well prepared for the prevention of a possible outbreak of the Covid-19 epidemic in the HAH. We are strictly following the guidelines provided time to time by Govt, Cankids & treating octors. We are taking all necessary precaution to monitor & prevent the spread of Covid-19 in the HAH.

HAH is equipped with following instruments & items to fight with Covid19.

- A. Oxygen Concentrator
- B. Battery operated spray machine and disinfectant solution.
- C. Infrared Thermometer



- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it has now been declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.
11. Now Covid-19 situation is normalized so we are allowed to Outsider / visitors for visit the HAH but not more than five persons & Cankids team are allowed to visit the HAH.
12. Daily reporting to Cankids in prescribed format given.

Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys and educational toys and various items.
- Children learn basic education in play way mood with fun and various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Routine services by Dietitian

- A. Hygiene and sanitization in daily basis.
- B. Cleanliness check in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- D. Awareness sessions conducted for Hygiene.
- E. Importance of cleanliness of hands during food handling.
- F. Importance of hygiene in cancer treatment.
- G. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- H. Regular Follow-up with caregivers and patients in HAH for any query.
- I. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's caregivers.)
- J. To keep monitoring patient's details like Height, Weight, MUAC and Haemoglobin.
- K. Combine session for group counselling.



Celebrations & Events

January Month: -

New Year Celebration - 2022

- ❖ New year celebrated on 1st January' 2022 in the HAH.
- ❖ 11- Patients & 18- Caregivers attended the celebration that day.
- ❖ Children & their parents participated in celebration like did dance together with full joy & happiness.
- ❖ Packed food items distributed to the children like Cake, Chocolates, Biscuits, Oats, Soups, Namkeen etc.
- ❖ All families cooked delicious food of their choice and did party together.



Monthly Birthday & Makar Sankranti Celebration on 14th January 2022

- ❖ Birthday celebration & Makar Sankranti were celebrated together that day.
- ❖ 11- Patients & 19- Caregivers were participated in the celebration.
- ❖ Packed eating items like Gazak, Revadi & Basket Balls given to children.
- ❖ All the children and caregivers enjoyed the celebration.



Republic Day Celebrated on 26th January 2022

- ❖ All children & their caregivers celebrated Republic Day in HAH.
- ❖ 10- Patients & 18- Caregivers were attended the celebration that day.
- ❖ The national flag was hoisted & national anthem was sung by all the children & families.
- ❖ All children were very happy & feeling like they are in school.
- ❖ After that, virtual celebration started which was organized by CANKIDS, all children, caregiver & staff attended it.
- ❖ All enjoyed virtual celebration based on “NON-FIRE COOKING COMPETITION WITH TRICOLOR & A DANCE OR SONG(SOLO/GROUP) ON PATRIOTIC SONG”.
- ❖ In Our HAH, two family participated in cooking contest & one child participated in singing competition.

- ❖ Snacks – Chocolate, Biscuits, Juice, Cake, Samosa & Sweets distributed to all the children & families.
- ❖ All families happily watched a patriotic movie on projector.



February Month:-

ICCD & Birthday Celebrated on 16th February 2022

- ❖ That day, ICCD and Monthly birthday was celebrated together.
- ❖ 12- Patients & 20- Caregivers participated in the celebration.
- ❖ One of our donors Mr. Yogendra Khanna visited as a guest, honoured by Arvind Kumar (President of Varsha Foundation).
- ❖ Cankids staff Priti Rastogi, Akriti and Sanjeev also joined and participated in celebration.
- ❖ All the children participated in drawing competition (Based on World cancer day 2022: Theme- "CLOSE THE CARE GAP"), kids coloured the papers with their own thought and imagination.
- ❖ Priti Rastogi talked with all patients and attendants regarding ICCD and its importance.
- ❖ All participants, children, attendants participated did dance together, cut the cake, sung the songs etc.
- ❖ Gifts (finger puppet) and food item (Chips, cake, chocolate, lassi and biscuit) distributed to the children.
- ❖ Care givers, participants all enjoyed the day with, it was fun day to all



March Month

Monthly Birthday & Holi Celebration on 17th March 2022

- ❖ Monthly Birthday & Holi Celebrations both were celebrated together that day.
- ❖ Cancer survivor “Vansh” decided to celebrate his birthday with HAH families. He came with his family and celebrated his birth day in HAH.
- ❖ Celebration started with prayer and drawing competition. All children made very colourful and beautiful pictures with full of joy and fun.
- ❖ 13- Patients & 22- Caregivers participated in the celebration.
- ❖ Gifts were distributed to all children, enjoyed delicious home-made Gujiya & enjoyed a community dinner together.
- ❖ All children & families celebrated Holi with natural flowers, the day was full of fun & frolic.
- ❖ The happiness on the face of children can't be erased from the memory of all of us.





[Birthday Celebration of Poonam Bagai – Chairman, Cankids...Kidscan](#)

- ❖ Poonam Bagai, a colon cancer survivor, Hon chairman of Cankids...Kidscan turned 60 on this day and HAH celebrated her birthday.
- ❖ 15- Patients & 24- Caregivers & all staff were participated the celebration.
- ❖ Packed Food items (Chocolate, Chips, Cake, Biscuit & Salted Peanut) gave them to all.



[Mock drill on Fire protection conducted in the HAH on 26th March 2022](#)

Safety of children and families always on our top priority, we always ensure that all safety measures are intact and working properly. A Mock drill on fire safety conducted in HAH on 26th March '22 and all families living in HAH were made understand about the use of fire safety equipment's.



Family Counselling by Mr. Sanjeev Yadav



HAH Counsellor (Ms. Kavita Nigam) Counselling All Families by Individual & Group



Children and Caregivers stayed in HAH during the quarter

- ❖ January Month: - Total 18 children (17-Old & 1-New) & 33 caregivers stayed in HAH.
- ❖ February Month: - Total 22 children (17-Old & 5-New) & 37 caregivers stayed in HAH.
- ❖ March Month: - Total 32 children (20-Old & 12-New) & 53 caregivers stayed in HAH.

Poor Patient Support provided to the Children and families

It was biggest challenge in front of patients and families to arrange the fund for medicine, living, diagnostic, transport etc. in Covid-19 pandemic situation. Varsha Foundation came forward and immediate financial support provided to such patients and families who were in really needed the support

to meet out their medicine, diagnostic, food, transport requirement. During the quarter. Monthly summary of Nutrition support, PPSA & MSF is given below:

Nutrition support provided to the patients and their families:

January 2022: - Rs. 13,728.00

February 2022: - Rs. 12,754.00

March 2022: - Rs. 15502.00

Total nutrition support provided during this quarter Rs. 42,984/-

PPSA and Medical support provided to the patients and their families:

January 2022: - Rs. 36,320.00

February 2022: - Rs. 1,43,082.00

March 2022: - Rs. 90,307.00

Total Medical support provided during this quarter Rs. 2,69,709/-

Thank You

