



VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report - 1stApr'2022 to 30thJun' 2022



Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh
Colony, Daulatganj, Lucknow - 226003

Introduction and framework

Home Away from Home (HAH) Lucknow was inaugurated on 15th August' 2019, since than HAH has been continuously providing accommodation to the children and their families suffering from cancer along with holistic care and treatment support services such as medicine, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kids can is an implementing partner and providing financial support, technical support, social support and treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
 - To set up a play room cum school Room – to ensure that children continue to receive education through Non-Formal Education Program and doing child friendly activities.
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility. Cankids social support team to send the children to HAH once identified and finalized.
 - 2) Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
 - 3) Cankids social support team visits at HAH regularly ensuring comfort stay of children and their families at HAH.
 - 4) Annu Sharma patient navigator cum HAH Care Taker & Rohit Mishra Supervisor are available 24 hours in HAH for help to the families in every situation.
 - 5) Counsellor visits two days in a week.
 - 6) Dietitian cum tutor in coordination with Cankids dietitian working in HAH and providing support to children and families to improve the health of children.

Precaution and necessary steps taken during Covid-19 Pandemic

Though covid is slow down in the city however we are well prepared for the prevention of a possible outbreak of the Covid-19 epidemic in the HAH. We are continue following the guidelines provided time to time by Govt, Cankids & treating Dr. Nishant Verma & Dr. S.P Verma. We are taking all necessary

precaution to monitor & prevent the spread of Covid-19 in the HAH. Every day two times we are taking temperature, oxygen level and pulse rate of the children and their attendants.

HAH is equipped with following instruments & items to fight with Covid19 and to provide immediate support in emergency

- A. Oxygen Concentrator
- B. Battery operated spray machine and disinfectant solution.
- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it is declared a global epidemic, we are taking temperature and checking oxygen level everyday in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We are screening all the patients/attendants before entering the HAH.
10. Now Covid-19 situation is normalized so we are allowed to Outsider / visitors for visit the HAH but not more than five persons & Cankids team are allowed to visit the HAH.

Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way mood with fun and various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Routine services by Dietitian

- A. Hygiene and sanitization in daily basis.
- B. Cleanliness check in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- D. Awareness sessions conducted for Hygiene.
- E. Importance of cleanliness of hands during food handling.
- F. Importance of hygiene in cancer treatment.
- G. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- H. Regular Follow-up with caregivers and patients in HAH for any query.
- I. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's caregivers.)
- J. To keep monitoring patient's details like Height, Weight, MUAC and Haemoglobin.
- K. Combine session for group counselling.



Celebrations & Events

April Month: -

Monthly Birthday Celebration on 21st April 2022

- ❖ Every month HAH celebrates birthday.
- ❖ 11- Patients & 19- Caregivers participated in the celebration.
- ❖ Celebration started with prayer then all children cut the cake & did dance with full of joy.
- ❖ After that, gifts (magic ball) & food items (cake, chocolate, chips, juice & namkeen) distributed to all children.
- ❖ Snacks (samosa and cold drinks) distributed to caregivers & Staff.



May Month:-

Eid Celebrated on 3rd May 2022

- ❖ All children & their caregivers celebrated Eid in HAH.
- ❖ 14- Patients & 22- Caregivers attended the celebration that day.
- ❖ All families cooked sweet vermicelli & enjoyed delicious food together.
- ❖ Snacks- Biscuits, Chips, Popcorns & Juices distributed to all.



Monthly Birthday Celebrated on 19th May 2022

- ❖ That day birthday celebration organized by Varsha Foundation.
- ❖ Total 45 peoples were there, Caregivers (23), Patient (14) and Staff (8).
- ❖ For celebration HAH decorated with balloons.
- ❖ Sanjeev from Can kids, Sangeeta from Ishwar child organization & Gurmeet ji from SSSO were came HAH for celebration.
- ❖ Celebration starts with prayers after those children cut the cake.

- ❖ Then food item and gifts distributed to the patients (Cake, biscuit, Mazza, Glucon-D, towel and Fishing game).
- ❖ For caregivers and staff Snacks (Samosa and cold drink) distributed.
- ❖ At last, some children enjoyed a lot and dance together.



JuneMonth:-

National Cancer Survivors Day Celebration on 5th June 2022

- ❖ National Cancer Survivors Day celebrated on 5th June, 2022. The event was celebrated in J.C. Guest House Lucknow. It was first celebration organized by Varsha Foundation outside the HAH in the Lucknow.

- ❖ Around 60 cancer survivor children and their families were invited, these all children have been stayed in HAH in last three years. The children and their families living in the HAH also participated in the celebration. Medical staff, doctors, paramedical staff, blood donors, HAH well-wishers and donors and supporting local NGOs SSSSO, Innerwheel, Illa Swabhman Trust, Eshwar Child Welfare Trust were also present in the celebration. Dr. Yogita Bhatia from Cankids...Kidscan was there in the celebration. Media personals were also there to cover the event.
- ❖ First of all delicious lunch provided to all the children and their families, all the guests and participants than celebration started at 1:30 PM with lighting the lamp. The celebration inaugurated by Dr. Nishant Verma, Cancer survivor and donors by lighting the lamp followed by “ sarvdharmprarthana” and Maa Saraswati Vandana.
- ❖ All the children and their families, medical staff, doctors, donors, guests welcomed by Mr. Arvind Kumar, President of Varsha Foundation. After that Dr. Nishant Varma invited to talk to children and their families. Dr. Nishant Varma delivered wonderful speech to the audience, that was very enthusiastic and energetic speech for children and their families. Dr Nishant Varma told about the importance of HAH, facilities providing by HAH, treatment support services Varsha Foundation providing. He also said that HAH helping Hospital to accommodate more children as more beds are now available as children are staying in HAH.
- ❖ 40 blood donors honored in the celebration by giving them mementos for commendable work they did in the covid pandemic.
- ❖ Varsha Foundation honored all the partner NGOs Cankids, SSSSO, Illa Swabhiman Trust, Innerwheel, Eshwar Child welfare Trust.
- ❖ Cancer survivor shared their experience and importance of HAH and facilities providing there helping families in fighting the cancer.
- ❖ HAH well-wishers, donors, blood donors shared their experience and recognized the work Varsha Foundation doing, we value their appreciation.
- ❖ Many of Survivor kids performed on stage like Singing, dancing & recited poetry.
- ❖ At the end wish gifts distributed to every child. Children were so happy with gift of their choice.
- ❖ Vote of thank given by mentor and administrator of HAH Lucknow Mr. Harsh Khanna.









Monthly Birthday Celebration on 17th June 2022

- ❖ Monthly birthday celebrated in HAH on 17th June, 2022
- ❖ A puppet show organized for entertainment of children and families sponsored by a local donor.
- ❖ Total 27 caregivers, 16 children and 5 staff participated in the celebration.
- ❖ HAH fully decorated with balloons & birthday balloons.
- ❖ Celebration starts with “sarvdharmprarthana” then puppet show was shown to the HAH family.
- ❖ Local donor also participated in the celebration and blessed the children
- ❖ After that, children cut the cake & gifts (Cake, biscuit, namkeen, chips and fruity) were distributed to the children & all did the party together.
- ❖ They all enjoyed very much with birthday celebration and puppet show.



[Mrs. AnnuSharma,patient navigator / HAH caretaker Daily Routine work](#)

Housekeeping and Hygiene maintenance

- Supervise cleaner's work to ensure that entire building is neat and clean always.
- Supervise everyday that all rooms, bathrooms, kitchen, play room, dining area etc are properly cleaned with disinfection solutions.
- Guide and sensitize families to keep rooms, bathrooms, kitchen, dining area neat and clean.
- To ensure that surrounding of HAH building is always neat and clean. Ensure cleaner does the cleaning every day in front of the building including main gate.
- Ensure that all patients and family members remove their sleepers, shoes and keep in designated place at entrance area and use sleepers and shoes kept for inhouse use only. This practice helps in maintaining hygiene and bacteria free HAH.
- Ensure to clean overhead water tanks once in three months
- Taking sessions regularly on personal hygiene, distribution of sanitary napkins.

Patients' navigation

- Provided welcome kit to the new family & received back, when family leaving the HAH.
- Counselling Every new family before going in the room explain rules & regulations of HAH.
- Give proper practical training to each new comer family member how to use induction cooktop and other electric appliances available in the HAH.
- Close monitoring & facilitate the comfort stay of families.
- Counseling families to ensure that they are giving medicines to children on time as prescribed by doctor.
- Consult in the evening everyday to make list of patients have to go hospital next morning and inform supervisor to arrange E-Rikshaw accordingly.
- In the morning coordinating with families going to hospital and ensuring that they should go to the hospital on time.
- Verifying that all families returned back to the HAH from hospital till evening.
- Meeting with HAH coordinator whenever he visits to HAH

Administrative and other responsibilities

- Assist supervisor in distribution of ration.
- Assist in all celebrations, birthday, events, festivals etc.
- Assist in maintenance of stock of ration, all inventories and other items.
- Assist play room teacher, assist bringing children in the play room.

- Implanting reintegration program - Beauty Parlor.
- Assist in office administration in absence of supervisor



Family Counselling by Mr. Sanjeev Yadav



HAH Counsellor (Ms. Kavita Nigam) Counselling All Families by Individual & Group



Children and Caregivers stayed in HAH during the quarter

- ❖ AprilMonth: -Total 27 children (18-Old &9-New)&50caregivers stayed in HAH.
- ❖ MayMonth:-Total 28 children (13-Old &15-New)&52caregivers stayed in HAH.
- ❖ JuneMonth:-Total 27 children (19-Old &8-New) &51caregivers stayed in HAH.

Medical and Poor Patient Support provided to the Children and families

It was biggest challenge in front of patients and families to arrange the fund for medicine, living, diagnostic, transport etc. Varsha Foundation came forward and immediate financial support provided to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement& bereavements. Monthly summary of bereavement, PPSA& MSF is given below:

PPSA, Medical, Medical others & Bereavement support provided to the patients & their families:

April 2022: - Rs.59,680.00

May 2022: - Rs.1,04,656.00

June 2022:-Rs. 1,42,577.00

Total support provided during this quarter Rs. 3,06,913/-



Thank You