



VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report - 1st Jul' 2022 to 30th Sep' 2022



Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony,
Daulatganj, Lucknow - 226003



Introduction and framework

“Sneh Ashray”, Home Away from Home (HAH) Lucknow has now entered into 4th year on 15th August’ 2022 with proud that HAH has been continuously providing accommodation to the children and their families suffering from cancer along with holistic care and treatment support services such as medicine, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support, technical support, social support and treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children’s individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor’s instructions
 - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility Mr. Sanjeev Yadav to send the children to HAH once identified and finalized.
 - 2) Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
 - 3) Annu Sharma patient navigator / HAH care Taker & Rohit Mishra Supervisor both are residential staff and available round the clock to meet any emergency in the HAH.



Precaution and necessary steps taken during Covid-19 Pandemic

Although the risk of Covid-19 has decreased somewhat, it is not completely gone. We are taking all precautionary steps to deal with it in HAH. We are strictly following the guidelines provided time to time by Govt, Cankids & treating Dr. Nishant Verma & Dr. S.P Verma. We are taking all necessary precaution to monitor & prevent the spread of Covid-19 in the HAH.

HAH is equipped with following instruments & items to fight with Covid19

- A. Oxygen Concentrator
- B. Battery operated spray machine and disinfectant solution.
- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it has now been declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.



5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.
11. Now Covid-19 situation is normalized so we are allowed to Outsider / visitors for visit the HAH but not more than five persons & Cankids team are allowed to visit the HAH.
12. Daily reporting to Cankids in prescribed format given.

More safety measures added in HAH to deal with any emergency

Safety of children is our priority, the child go to hospital immediately in case of any medical emergency at any time. We at HAH have taken the following additional steps to deal with any emergency:

- An emergency bell installed in main hall on ground floor which rings in the residence block of HAH supervisor.
- An additional key to the main entrance of building has been provided in the main hall on the ground floor so that anyone can open the main entrance of the building in case of emergency.
- A new 24 hours help line telephone land line number +91 522 462 5108 has been taken and installed in the office of the HAH.
- Additional CCTV cameras added to the existing CCTV monitoring system.

Weekly Sanitization of HAH Building

- We are doing all best efforts to keep the “Sneh Ashray” neat, clean and hygiene. We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- We also spray insecticide by machine outside HAH also for prevention of dengue, malaria etc.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.





Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- On Sunday and holiday whenever the tutor is on leave, the patient navigator/ HAH care taker opens the play room and ensures that the children enjoy their childhood in the play room.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way method with fun and various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Routine services by Dietitian

There is qualified dietitian working in the “Sneh Ashray” and performing her duty in coordination with TSP department of Cankids...KidsCan. She was on medical leave in the month of September however in her absence however Rohit and Annu helped the children in coordination with Cankids team.

Routine work of dietitian is listed below:

- A. Regular coordination with Cankids’s dietitian and follow the instructions given by Cankids.
- B. Hygiene and sanitization in daily basis.
- C. Cleanliness check in Kitchen area as well as utensils.

- D. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- E. Awareness sessions conducted for Hygiene.
- F. Importance of cleanliness of hands during food handling.
- G. Importance of hygiene in cancer treatment.
- H. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- I. Regular Follow-up with caregivers and patients in HAH for any query.
- J. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's caregivers.)
- K. To keep monitoring patient's details like Height, Weight, MUAC and Haemoglobin.
- L. Combine session for group counselling.



Celebrations & Events

July Month: -

Eid & Birthday Celebration -10th Jul-2022

Every month children eagerly wait to celebrate birthday party in HAH. This day is very special for children. On this day, children forget their sorrow and pain and have a lot of fun, they do dance, enjoy delicious food, cut cake, do fun activities etc. Every month we celebrate birthday in the “Sneh Ashray”, in July month we celebrated Eid and monthly birthday together,

- ❖ Celebration started with prayer after that all had taste of homemade sweet “Sewai”.
- ❖ 11- Patients & 18- Caregivers participated the celebration that day.
- ❖ Gifts, snacks- Biscuits, Chips, Popcorns & Juices distributed to all.
- ❖ All families cooked the food together & enjoyed the delicious food.



August Month:-

Raksha Bandhan Celebration : 11th Aug 2022

Raksha Bandhan is one of the most important festivals of India where sister ties “Rakhi” on brother’s wrist and brother promises his protection and gives lots of gifts to sister. These families are away from homes and children are away from their siblings and in such situation all the families celebrate Raksha Bandhan in HAH with enthusiasm and feeling that they are not far from their homes. Not only children, attendants also celebrated the festival in the HAH.

- ❖ A beautiful stage for celebration was decoration by HAH staff and attendants.
- ❖ 10- Patients & 19- Caregivers participated in the celebration.
- ❖ Arushi & Vaishnavi both girls child tied Rakhi to all boys & boys gave gifts, cash envelopes to the girls.
- ❖ Sweets (Laddoo) distributed to the children and attendants.
- ❖ All the children & caregivers enjoyed the celebration altogether as family members.
- ❖ All families cooked food together & enjoyed the delicious food.





Independence Day & Foundation Day Celebration on 15th-Aug-22

The HAH was inaugurated on 15 August 2019 and has now entered in to 4th year of its services. We celebrated “Azadi Ka Amirt Mahostava” and Foundation Day together with enthusiasm, fun and joy.

Dr. Nishant Verma, HAH well-wishers, local donors, Cankids staff, and local NGO partners SSSSO, ICWT participated in the celebration.

- ❖ Celebration started with national flag hosting by a cancer Survivor child.
- ❖ Alumni of HAH and Cancer survivor children and their parents also participated in the event and deliver the cancer awareness speeches to the children and families living in the HAH.
- ❖ Dr. Nishant Verma blessed the children and in his motivational speech, he gave message to all about the importance of HAH and said that HAH is helping in providing quality treatment, providing treatment support services such as accommodation, medical support, poor patient support etc.
- ❖ 20- Patients & 35- caregivers participated the celebration.
- ❖ Magic show, fun games, dance and music made the event memorable. All enjoyed snacks & delicious food together.
- ❖ Arvind Kumar, President, Varsha Foundation was also present at the function and blessed the children, adding that Varsha Foundation and Cankids together are providing all possible medical treatment support services and take care of all your needs at Sneh Ashray.





FM Rainbow's Anniversary Celebration on 18th-Aug-22

FM Rainbow radio is the first FM channel which was started 22 years back in Lucknow. FM Rainbow radio decided to celebrate its 22nd foundation day with children suffering from cancer and their families living in the HAH. The FM Rainbow Radio team visited HAH on 18 August and met all the children, their attendants and HAH staff members. The FM radio team spoke with cute kids, asked about their future dreams and plans. FM radio team discussed with attendants and recorded their views regarding facilities and support services provided in the HAH. Dr. Nishant Verma also gave her speech on FM Rainbow radio and talked about the importance of HAH. HAH staff also explained about their job, roles and responsibilities to the FM Rainbow radio team. It was program of about an hour in total. The program went on air on FM Rainbow radio on the evening of 22nd August. At the time of their visit 15 patients and 27 caregivers were there in the HAH.

FM Rainbow radio team brought with them a plethora of eatables like snacks, biscuits, chips, popcorn, juice packets etc for the children living in the HAH.





[Shri Krishna Janmashtami Celebration on 19th-Aug-22](#)

Shri Krishna Janmashtami is the biggest religious festival celebrated all over India. All the children and families enjoyed the celebration in a homely atmosphere with traditional rituals and customs. All prayed and worshiped Lord Krishna for a speedy recovery and a healthy, wealthy and happy life for the children. The celebration was sponsored by the Rotary Club. A beautiful Pandal decorated with flowers & full of lighting for Lord Shri Krishna & they were placed there. A child was beautifully dressed up as little Krishna. 15- Patients & 27- Caregivers participated in the celebration that day. Distributed Prashad & fruits to all, also distributed packed food items to the children.



September Month:-

Cancer Awareness Campaign drive

17th -Sep-2022

September month is the cancer awareness month although childhood cancer awareness programs regularly held at HAH. Rohit Mishra, HAH supervisor of HAH participated in the car rally awareness program organized by the Cankids...Kidscan. Childhood cancer awareness program was also organized at HAH on 17th September. Posters of childhood cancer awareness messages were put up in the HAH.

- ❖ Total 29 caregivers, 16 children participated in the awareness program.
- ❖ HAH fully decorated with balloons, posters, cancer awareness slogans etc.
- ❖ Awareness program started with prayer.
- ❖ Kavita Nigam, Sangeeta Sahu, Rohit, Annu talked about the cancer awareness program.
- ❖ Arvind Kumar, president of Varsha Foundation also interacted with children and families.
- ❖ Cake, gifts, biscuits, namkeen, chips, fruity etc distributed to all the children.





Daily Routine work by Patient Navigator / Care taker

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensures that every child staying in the HAH should take medicine on time.
- ❖ She does counsel of every new family comes to HAH first time before going in the room.
- ❖ She explains rules & regulations of HAH to new comer family each time.
- ❖ She regularly does counsel all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provides welcome kit to the new family & collect back when family discharged from HAH.
- ❖ Counsel all caregivers to keep the bathroom clean & flush after every time use.
- ❖ Teaches all care givers how to operate induction cooktop.
- ❖ Ensure families maintain proper Kitchen & utensils cleanliness.

- ❖ She does Ration distribution.
- ❖ Opened playroom in the absence of tutor.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ She helps in distribution of Nutrition, milk, eggs and banana every day.
- ❖ Taking temperature everyday of all the patients in the morning and in the evening daily.
- ❖ Organising and assisting the celebration of monthly birthdays and events.
- ❖ Attending visitors
- ❖ Supporting HAH supervisor in any work he asks for
- ❖ Handling complete responsibility of HAH in supervisor on leave or out of town on office duty.





Counsellor's visit two days in a week



Children and Caregivers stayed in HAH during the quarter

- ❖ July Month: - Total 27 children (19-Old & 8-New) & 44 caregivers stayed in HAH.
- ❖ August Month: - Total 29 children (17-Old & 12-New) & 49 caregivers stayed in HAH.
- ❖ September Month: - Total 27 children (19-Old & 8-New) & 45 caregivers stayed in HAH.

Poor Patient Support provided to the Children and families

From last quarter Varsha Foundation enhancing its services, through local donors Varsha Foundation now providing medical support to needy patients, bereavement and sometimes medicine support to hospital also. We are providing medical and bereavement support services round the clock in the hospital for which our



local donors came forward and immediate on the spot support provided to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement & Bereavements.

During the quarter. Monthly summary of Nutrition support, PPSA & MSF is given below:

PPSA, Medical & Bereavement support provided to the patients & their families:

July 2022: - Rs. 1,16,991.00

August 2022: - Rs. 77,529.00

September 2022: - Rs. 69,391.00

Total Medical support provided during this quarter Rs. 2,63,911/-

Nutrition support provided to the patients and their families:

July 2022: - Rs. 16,627.00

August 2022: - Rs. 17,181.00

September 2022: - Rs. 17,048.00

Total nutrition support provided during this quarter Rs. 50,856/-

Thank You

