



VARSHA FOUNDATION

Home Away From Home (HAH)

Running in partnership with Cankids...Kidscan

Quarterly progress report - 1st Jan' 2023 to 31st Mar' 2023



Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony,
Daulatganj, Lucknow - 226003

Introduction and framework

Home Away from Home (HAH) Lucknow was inaugurated on 15th August' 2019, since than HAH has been continuously providing accommodation to the children and their families suffering from cancer along with holistic care and treatment support services such as medicine, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support, technical support, social support and treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
- To Integrate project HAH into the treatment, care and support systems at the Hospital
- To improving the overall standards of treatment & care
- To provide atmosphere like home
- To focus on individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
- To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
- To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program
- To provide emotional and Psychosocial support, outings, recreational and community activities.
- To provide transport facility between hospital and HAH
- To provide cooking facilities
- To provide administrative assistance

- 1) Children are sent by doctors to the HAH
- 2) Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
- 3) HAH supervisor and Patient Navigator cum HAH care Taker are taking care of children and their families in the HAH.

HAH is equipped with following instruments & items to fight with Covid19.

- A. Oxygen Concentrator
- B. Battery operated spray machine and disinfectant solution.
- C. Infrared Thermometer

- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

Covid is not gone completely, we are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it has now been declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We do disinfect E-Rikshaw daily before children and families board a Rikshaw.
10. We are screening all the patients/attendants before entering the HAH.
11. Now Covid-19 situation is normalized so we are allowed to Outsider / visitors for visit the HAH but not more than five persons & Cankids team are allowed to visit the HAH.
12. Daily reporting to Cankids in prescribed format given.

Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way mood with fun and various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Routine services by Dietitian

- A. Hygiene and sanitization in daily basis.
- B. Cleanliness checks in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- D. Awareness sessions conducted for maintaining hygiene.
- E. Importance of cleanliness of hands during food handling.
- F. Importance of hygiene in cancer treatment.
- G. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- H. Regular Follow-up with caregivers and patients in HAH for any query.
- I. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's caregivers.)
- J. To keep monitoring patient's details like Height, Weight, MUAC and Haemoglobin.
- K. Combine session for group counselling.





Celebrations & Events

January Month: -

New Year & Birthday Celebration on 01st-Jan-2023

- New Year & Monthly Birthday celebrated together that day.
- The child Shivam Paswan was so happy that day because his birthday also was celebrated in the HAH. We fulfilled his wish and gave toy of his choice.
- Total 52 people were present, Children- 14, Caregivers- 28, Staff- 6 & Local Donors- 5.
- First, HAH assembly hall was decorated with balloons.
- After that all patients and families did prayer. Then all children cut the cake with local donors.
- Afterward, food items (Cake, chips, juice, chocolate & biscuit) & gifts were distributed to the children. All children enjoyed the celebration with full of happiness & joy.



Republic Day Celebration on 26th-Jan -2023

- Republic day was celebrated in HAH on 26 Jan' 23, Dr. Nishant Verma, Cankids staff, FM Rainbow Team, ECWF Staff, SSSSO Staff & our HAH Cancer Survivors with their family were there and participated in the celebration.
- National flag was hoisted by a cancer survivor and founder of Varsha Foundation Arvind Kumar.
- Dr. Nishant Verma addressed to all the children and their families; he gave very energetic & motivational speech to all the patients & his attendants.
- All children, family members, guests did dance, sung songs, participated in stage performance.
- A magic show was organised, magician performed many magic tricks, children enjoyed a lot.
- All together had lunch, after having lunch, gifts distributed to all the children.







February Month:-

World Cancer Day Activity on 04th-Feb-2023

The World Cancer Day was celebrated on 4th Feb in 2023. A number of awareness activities World Cancer Day is a global event, observed to prevent the occurrence of cancer & to break the myths surrounding it. The day seeks to change the usual belief of people about cancer that 'nothing could be done'. The aim of the awareness programme was to making people aware of the causes and prevention of childhood cancer & also how it can be successfully treated. The day urges common people to be determined in their fight with cancer, which is a global killer. Children, their families participated in the awareness programme.





ICCD & Birthday Celebration on 15th-Feb-2023

We celebrated International Childhood Cancer Awareness Day (ICCD) & monthly Birthday celebration together in HAH. Cankids staff also participated in program. Sessions taken by counsellors, social workers, dietitian etc on Childhood Cancer with children and their family members. Many topics were covered in that sessions such as Childhood Cancer, Community awareness, Retinoblastoma Cancer, hygiene and Sanitization, importance of nutrition & all about HAH facilities. Gifts, cakes, biscuits, chocolates, chips, juice, cakes etc distributed to the children.





BIRTHDAY CELEBRATION



Snacks Cooking Contest for Kids on 23rd-Feb-23

On the occasion of International Childhood Cancer Awareness Month (ICCD), we organized 'Snacks cooking contest' for Cancer kids. Total five children participated in contest. They all cooks tasty snacks with the help of their caregivers under the supervision of dietitian and care taker. After finishing their dishes all kids enjoyed the snacks they prepared. They all enjoyed this contest with full enthusiasm.

Dishes- Veg Macaroni, Veg Sandwich, Egg Bhurji, Paneer Pakora & Bhelpuri.





March Month

Holi Celebration on 06th-Mar-2023

Holi is the biggest religious festival in India celebrated across the country. We celebrated the festival in HAH on 6th March, 23. HAH hall was decorated with balloons and Holi posters. Varsha Foundation staff, Cankids staff, patients and their families participated in celebration. Celebration started with prayer and then some fun contests were conducted for caregivers. Prize distributed to all participants for their efforts

and appreciation. Gujiya, Food items (Chocolate, cake, chips, juice, biscuits, toffy) and gifts (Pichkari) distributed to all children. After finishing, Holi celebration started, everyone greeted Holi by applying Gulal to each other and played Holi together with “Gulal and Phulon ki Holi” as well like “Braj ki Holi”.







Birthday Celebration on 20th-Mar-2023

Monthly birthday celebration was organized. That day was also Mrs. Poonam Bagai's (CANKIDS Founder) birthday. HAH decorated with balloons etc. Celebration starts with prayer as usual. After that cake cut by children and all wished to the Poonam ma'am for her birthday. Gifts and Food items (Cake, chocolate, juice, biscuit and chips) distributed to the children. At last, all enjoyed a lot and danced together.



Caretaker's Daily Routine work

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensured that every child staying in the HAH should take all medicine on time.
- ❖ Counselling every new family before going in the room explained rules & regulations of HAH.
- ❖ Counselling all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provided welcome kit to the new family & received back, when family was discharged from HAH.
- ❖ Counselling all caregivers to keep the bathroom clean & flush after the use.
- ❖ Counselling about uses of induction cooktop.
- ❖ Kitchen & utensils cleanliness.
- ❖ Ration distribution.
- ❖ Opened playroom in the absence of tutor.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ Nutrition distribution.
- ❖ Actively Participated all the HAH events & activities.



Individual and group counselling by HAH Counsellor



Children and Caregivers stayed in HAH during the quarter

- ❖ January Month: - Total 32 children (28-Old & 4-New) & 56 caregivers stayed in HAH.
- ❖ February Month: - Total 30 children (21-Old & 9-New) & 49 caregivers stayed in HAH.
- ❖ March Month: - Total 33 children (25-Old & 8-New) & 59 caregivers stayed in HAH.

Poor Patient Support provided to the Children and families

PPSA, Medical and bereavement support provided to the patients & their families of Rs. Rs. 2,83,494 in the quarter

Thank You

