



## **VARSHA FOUNDATION**

### **Home Away from Home (HAH)**

**Quarterly progress report – 1<sup>st</sup> Apr' 2023 to 30<sup>th</sup> Jun' 2023**



**Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony, Daulatganj,  
Lucknow – 226003**

**Helpline No.: +91-82180 27224, Off: +91-522-4625108**



## Introduction & framework

Home Away from Home (HAH) Lucknow was inaugurated on 15<sup>th</sup> August' 2019, since than HAH has been continuously providing accommodation to the children & their families suffering from cancer along with holistic care & treatment support services such as medicine, investigation, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities & is providing services to the children undergoing treatment in the KGMU hospital. We are providing financial support, technical support, social support & treatment support services in the HAH.

Under the Project HAH we are providing following services & ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
  - To Integrate project HAH into the treatment, care & support systems at the Hospital
  - To improving the overall standards of treatment & care
  - To provide atmosphere like home
  - To focus on individual hygienic cooking facilities & common dining areas to cater to the children's individual taste, failing appetites & need for healthy nutrition, which is vital for the success of their treatment
  - To focus on hygiene, proper storage of medicines, & information & support for proper follow up of Doctor's instructions
  - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program
  - To provide emotional & Psychosocial support, outings, recreational & community activities.
  - To provide transport facility between hospital & HAH
  - To provide cooking facilities
  - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay & Dr. Nishant Verma held responsibility our Social Worker Sangeeta Sahu to send the children to HAH once identified & finalized.
  - 2) Eshwar Child Welfare Foundation & Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
  - 3) We are available 24 hours in HAH for help to the families in every situation.

## HAH is equipped with the following instruments

- A. Oxygen Concentrator
- B. Battery operated spray machine & disinfectant solution.



- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

### Children with their family members stayed in HAH during the quarter

- ❖ April Month: - Total 35 children (14-Old & 21-New) & 63 family members stayed in HAH.
- ❖ May Month: - Total 30 children (13-Old & 17-New) & 54 family members stayed in HAH.
- ❖ June Month: - Total 29 children (17-Old & 12-New) & 49 family members stayed in HAH.

### Poor Patient Support provided to the Children & families

Monthly summary of Nutrition support, Poor Patient Support, Medical Support & Bereavement provide to the children suffering from cancer is given below:

#### A. Details of Medical support (medicine, pathological, diagnostic and & Bereavement support) provided to the patients & their families:

April 2023: - Rs. 2,29,669.00

May 2023: - Rs. 1,51,842.00

June 2023: - Rs. 1,47,424.00

**Total Medical support provided during this quarter Rs. 5,28,935/-**

#### B. Nutrition support provided to the patients and their families:

April 2023: - Rs. 21,459.00

May 2023: - Rs. 19,080.00

June 2023: - Rs. 17,622.00

**Total nutrition support provided during this quarter Rs. 58,161/-**



## Weekly Sanitization of HAH Building

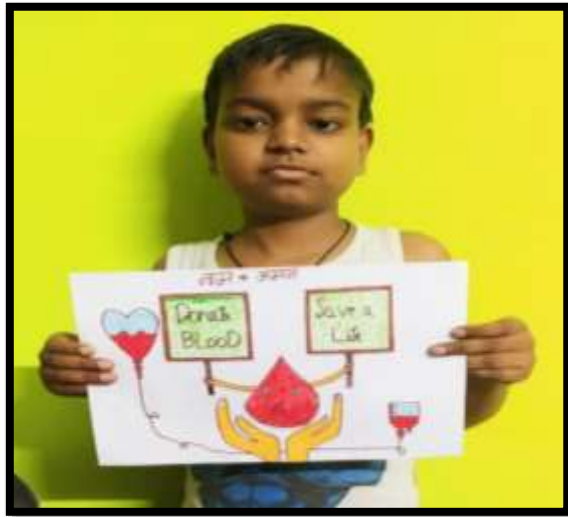
- We are doing complete sanitization of HAH building every week by spray machine & disinfectant solution.



## Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & with various items.
- Children learn basic education in play way method with fun & conducted various teaching activities in the play room.
- Tutor also conducted drawing & craft activities with the children & children also happily participating in such activities.





## Routine services by Dietitian

- A. Hygiene & sanitization on daily basis.
- B. Cleanliness checks in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practices for both patients and their parents.
- D. Hygiene Awareness sessions conducted regularly.
- E. Importance of cleanliness of hands before and after having food.
- F. Nutritional Counselling and healthy dietary practice for patients.
- G. Regular Follow-up with caregivers & patients in HAH.
- H. Ensure dietary chart followed by the patients in HAH.
- I. Monitoring of health improvement like Height, Weight, MUAC & Haemoglobin.
- J. Combined group sessions conducted on regular basis.







## Celebrations & Events

### April Month

#### **Ramzan Eid & Monthly Birthday Celebrated on 22<sup>nd</sup> April 2023**

- ❖ Eid & monthly birthday celebration organized together.
- ❖ The activity area was decorated beautifully with balloons & decorative items.
- ❖ All the patients and their family members participated in the celebration.
- ❖ Celebration starts with HAH prayer.
- ❖ The Cake was cut by the children and distributed the cake and sweet Vermicelli' (Homemade) to everyone.
- ❖ Food item (chocolate, vermicelli, milk powder, lassi, Chips, biscuits & toffy) & gifts (fun toy) distributed to the children.
- ❖ Eid special gift gave to patient Mohd. Amin on EID.
- ❖ All children enjoyed foods and sweet vermicelli also wished each other on EID.
- ❖ All the patients, their family members and staff enjoyed the day.





## May Month

### **Celebrated Birthday of Holy soul Krishna Didi on 11<sup>th</sup> May 2022**

- ❖ Varsha Foundation staff went to the KGMU hospital to participate in the birthday of holy soul Krishna Didi.
- ❖ Breakfast (Sandwich, Banana & halwa), Lunch (Rice, Aam panna, banana & halwa), Evening Snacks (Bread pakora & tea) & Dinner (Chole- Bhature, banana & halwa) provided to all the children and their parents.
- ❖ The Cake was cut, many donors friends & family member joined the celebration & cake distributed to all of them.
- ❖ Kids did dance, sung songs etc.



## Retinoblastoma (RB Cancer) Day Awareness Program held on 12<sup>th</sup> May 2022

- ❖ Retinoblastoma (RB Cancer) is mostly found in early age children. An awareness programme organised on RB Cancer Day in KGMU Medical College.
- ❖ That day all the Varsha Foundation staff went to KGMU and attended Retinoblastoma Day awareness program.
- ❖ Dr. Nishant Verma, Dr. Sanjiv Kumar, Dr. Abbas, Dr. R.D Singh etc were present there in the celebration program.





## Monthly Birthday Celebrated on 22<sup>th</sup> May 2023

- ❖ Every month we celebrate the birthday of children in the HAH so this month we birthday was celebrated on 22<sup>nd</sup> May' 23.
- ❖ Total 36 people were there, Caregivers (20), Patient (12) & Staff (4).
- ❖ The activity area was beautifully decorated with balloons.
- ❖ Celebration started with prayers. Children cut the cake.
- ❖ Nutritious items and gifts distributed to the children.
- ❖ Delicious snacks items distributed to the family members of the children.
- ❖ Children and their family members enjoyed the day.





## June Month

### National Cancer Survivor Day Celebrated on 4<sup>th</sup> June 2023

- First Sunday of June is the National Cancer Survivor Day so we celebrated the day on first on 4<sup>th</sup> June' 23 in which survivors, doctors, nurses, paramedical staff, blood donors, well-wishers, supporters and donors etc participated.
- Event was organized at the J.C Guest House, Nirala Nagar, Lucknow.
- Children from HAH, Hospital and around 50 cancer survivors actively participated in the celebration.
- Survivors and their family members shared their cancer journey and a message passed on to all that "Childhood Cancer is curable.
- Some parents were shared their journey during the treatment.
- Many of Survivor kids performed on stage like Singing, dancing, playing games & reciting poetry.
- The event was closed after distributed gifts to the all children who were presented there.

**The Event was started with Sarsvati Vandana and prayer**



Light the lamp by Mr. Yogendra Khanna, Well- Wisher of Varsha Foundation





**Address to the children & their families by Dr. Nishant Verma.**



**Honoured Blood Donors by Varsha Foundation.**









**HAH families shared their experience**



**Thanks to FM Rainbow, Lucknow Team by Varsha Foundation.**





## Dance & Singing performance by cancer survivor children.





## Gift distributed to the children



### Monthly Birthday Celebration on 10<sup>th</sup> June 2023

- ❖ Monthly birthday in HAH celebrated on 10<sup>th</sup> June'23 and a puppet show were also organized in the HAH on the demand of the children.
- ❖ All the children and their family members actively participated in the birthday celebration and enjoyed the puppet show.
- ❖ The activity area beautifully decorated with balloons & birthday symbols.
- ❖ Children enjoyed the home-made cake and biscuit, namkeen, chips and fruity, nutrition items were distributed to the children.





## Bakrid Celebrated on 29<sup>th</sup> June 2023

- ❖ We celebrate all the festivals in the HAH so that no family feels that they are away from their home town. We celebrated Bakrid also in the HAH.
- ❖ Activity area well decorated for festival.
- ❖ Celebration started with HAH prayer.
- ❖ Sweet Vermicelli & food items (Buttermilk & biscuit) distributed to all the children & their caregivers.
- ❖ Snacks also distributed to only attendants.







## Beauty Parlor – Reintegration program in HAH

- ❖ We are running “Beauty Parlor” a reintegration programme in the HAH. In this programme such families who are staying in the HAH for a long period taking beauty Parlor training. The purpose of this program is to empower the women so they can start earning when they will go to their home town and help family financially.
- ❖ We give stipend of Rs. 25/- @ per day attendance and on successfully completion of the course we gave them a Beauty Parlor Kit which has basic material to start with.
- ❖ As can be seen in the pics below, the most females who are staying in HAH with their kids learning the Beauty Parlor course.





## Regular individual and group counselling in HAH





## Varsha Foundation team



**\*Thank You\***

