



सर्वे सन्तु निरामयाः  
निस्वार्थ सेवा परमो धर्माः

## VARSHA FOUNDATION

### Home Away From Home (HAH)

Quarterly progress report – 1<sup>st</sup> Oct' 2023 to 31<sup>st</sup> Dec' 2023



Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony, Daulatganj,  
Lucknow – 226003

Helpline No.: +91-82180 27224, Off: +91-522-4625108

## Introduction & framework

Home Away from Home (HAH) Lucknow was inaugurated on 15<sup>th</sup> August' 2019, since than HAH has been continuously providing accommodation to the children & their families suffering from cancer along with holistic care & treatment support services such as medicine, investigation, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities & is providing services to the children undergoing treatment in the KGMU hospital. We are providing financial support, technical support, social support & treatment support services in the HAH.

Under the Project HAH we are providing following services & ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
  - To Integrate project HAH into the treatment, care & support systems at the Hospital
  - To improving the overall standards of treatment & care
  - To provide atmosphere like home
  - To focus on individual hygienic cooking facilities & common dining areas to cater to the children's individual taste, failing appetites & need for healthy nutrition, which is vital for the success of their treatment
  - To focus on hygiene, proper storage of medicines, & information & support for proper follow up of Doctor's instructions
  - To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program
  - To provide emotional & Psychosocial support, outings, recreational & community activities.
  - To provide transport facility between hospital & HAH
  - To provide cooking facilities
  - To provide administrative assistance
- 1) Social support team consist of two persons posted in KGMU hospital send patients to HAH in consultation with doctors.
  - 2) Eshwar Child Welfare Foundation & Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
  - 3) We are available 24 hours in HAH for help to the families in every situation.

### HAH is equipped with the following instruments

- A. Oxygen Concentrator
- B. Battery operated spray machine & disinfectant solution.
- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer

- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

### **Children and Caregivers stayed in HAH during the quarter**

- ❖ October Month: - Total 59 children (50-Old & 9-New) & 103 caregivers stayed in HAH.
- ❖ November Month: - Total 57 children (48-Old & 9-New) & 98 caregivers stayed in HAH.
- ❖ December Month: - Total 55 children (45-Old & 10-New) & 95 caregivers stayed in HAH.

### **Poor Patient Support provided to the Children & families**

During the quarter. Monthly summary of Nutrition support, PPSA, MSF & Bereavement is given below:

#### **PPSA, Medical, Medical others & Bereavement support provided to the patients & their families:**

October 2023: - Rs. 1,47,366.00

November 2023: - Rs. 1,25,374.00

December 2023: - Rs. 1,45,369.00

**Total Medical support provided during this quarter Rs. 4,18,109/-**

#### **Nutrition support provided to the patients and their families:**

October 2023: - Rs. 21,909.00

November 2023: - Rs. 17,993.00

December 2023: - Rs. 21,186.00

**Total nutrition support provided during this quarter Rs. 61,088/-**

## Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine & disinfectant solutions.



## **Celebrations & Events**

**In October Month: -**

**Monthly Birthday Celebration on 13<sup>th</sup>-Oct-2023**

- ❖ Total 46 peoples were there, Caregivers (27), Patients (15) & Staff (4).
- ❖ For celebration HAH decorated with balloons.
- ❖ Celebration starts with prayers after those children cut the cake.
- ❖ Then food items & gifts distributed to the children.
- ❖ For caregivers & staff Snacks distributed.
- ❖ At last, some children enjoyed a lot & dance together.



## Havan Puja on 15<sup>th</sup>-Oct-2023

- ❖ 1<sup>st</sup> Navratri was a Memorable & Special day as Puja & Havan were performed for long life & well-being our donors, well-wishers, supporters & the children braving cancer.
- ❖ All the families of HAH participated in the Puja.
- ❖ Prasad given to all at the HAH
- ❖ After the Puja Everyone enjoyed the delicious food.



### Diwali Celebration on 12<sup>th</sup>-Nov-2023

- ❖ Festival of light “Diwali” was celebrated with great enthusiasm at HAH.
- ❖ HAH building was beautifully decorated with lights & flowers.
- ❖ Celebration was started with worship prayer & aarti. Everyone joyfully participated in lightening the Diya’s and candles.

- ❖ All the families participated in the event with full of joy & happiness, feeling like they are not away from their homes.
- ❖ Gifts & food items distributed to the children on this special day.
- ❖ The lap of children was full of gifts, toys & food items.
- ❖ Doctors, Nurses, Paramedical, Cankids team and cleaning staff honoured and gifts of sweets, dry fruits etc given to them.







## Monthly Birthday Celebration on 26<sup>th</sup>-Nov-2023

- ❖ Total 38 peoples were there, Caregivers (23), Patients (13) & Staff (2).
- ❖ For celebration HAH decorated with balloons.
- ❖ That day was Abhishek's birthday so we have provided a special gift to him.
- ❖ Celebration started with prayers and children cut the cake.
- ❖ Then food items & gifts distributed to the children.
- ❖ For caregivers & staff Snacks distributed.
- ❖ All the children and their families enjoyed the day, they did dance and fun.



## In December Month:

### Monthly Birthday Celebration on 18<sup>th</sup> - Dec-23

- ❖ Total 44 peoples were there, Caregivers (26), Patients (14) & Staff (4).
- ❖ For celebration HAH decorated with balloons.
- ❖ Celebration starts with prayers after those children cut the cake.
- ❖ Chocolates, biscuits, cake, toys etc distributed to the children.
- ❖ All the families' members enjoyed the delicious food together





### Winter Drive -Night Tea Stall in Pediatrics Ward

- ❖ Like last year, considering the selfless service of the doctors & other colleagues, this time again Varsha Foundation organized tea service on cold nights.
- ❖ The night tea stall was inaugurated by Dr. Mala Kumar, HOD (pediatrics Deptt) for doctors and paramedical and helping staff on 20<sup>th</sup> Dec' 23.
- ❖ On this occasion, she expressed great gratitude for the services being run by Varsha Foundation.
- ❖ This tea stall keeps providing tea and hot water from evening 9:00 PM to morning 6:00 AM every day.
- ❖ We had hired a care giver of a cancer patient child to serve the tea and care giver has been compensated with @ of Rs. 500/- per day.





### Christmas Celebration on 25<sup>th</sup>-Dec-23

- ❖ Christmas Celebration started with all religion prayer.
- ❖ 16- Patients & 28- Caregivers participated in the celebration.
- ❖ Santa distributed surprised gifts & chocolate to all the children and their families memers.
- ❖ The cake was cut by children with Santa as well.
- ❖ A magic show was organised and all the children and families enjoyed the show.
- ❖ Further gifts shocks, caps, gloves & food items (Biscuit, Chips, Juice, chocolate & Cake) distributed to the children.
- ❖ Woolen Sweater and cloths distributed to all the children and their caregivers.
- ❖ Children, mothers all did dance together with very joy and happiness.
- ❖ One of our donors had come & blessed the children.





## Mrs. Annu Sharma, Caretaker Daily Routine work

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensured that every child staying in the HAH should take all medicine on time.
- ❖ Counselling every new family before going in the room explained rules & regulations of HAH.
- ❖ Counselling all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provided welcome kit to the new family & received back, when family was discharged from HAH.
- ❖ Counselling all caregivers to keep the bathroom clean & flush after the use.
- ❖ Counselling about uses of induction cooktop.
- ❖ Kitchen & utensils cleanliness.
- ❖ Ration distribution.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ Nutrition distribution.
- ❖ Actively Participated all the HAH events & activities.









**\*Thank You\***