



VARSHA FOUNDATION

Annual Activity Report

Home Away Home (HAH), Lucknow

Financial Year: 2021-22



HO: A-1/24/F1/FF/DLF, Ghaziabad, Uttar Pradesh.

RO: 440-A, Sant Nagar, Street No. 4 Burari, New Delhi-84.

Website: <https://www.varshafoundation.org>

Phone: 9999945256; Email: info@varshafoundation.org



Dear Friends and Supporters,

Thank you for standing with us in **2021-22**, a year of extraordinary progress in our mission to provide treatment support services to the children braving cancer in India. Your support of time, resources, and belief in our cause has moved us closer to that goal.

Major achievement - Management of COVID-19 pandemic

The threat of the COVID-19 pandemic was not over; the second wave of the pandemic was extremely scary and terrifying, but Varsha Foundation stood by children battling cancer and continued to provide housing and other services to children and their families. We took all the precautions to protect the children and their families living in HAH from this pandemic and the result is that not a single child or family member has been affected by this pandemic.

We accommodated 229 children and their 428 family members at Sneh Ashraya, Home Away from Home (HAH) Lucknow during the year.

New 24-hour helpline number services launched

Varsha Foundation launched in May 2021, this helpline (☎ 8218027224) offers 24/7 support for childhood cancer—connecting families to Varsha Foundation Team and providing counselling and connecting patients and their attendants to cancer treating doctors.

As we reflect on the year, we're proud to report that 85% of our operating costs were directly invested in medical support and Home Away from Home (HAH) programs—underscoring our commitment to purposeful stewardship.

None of this progress is possible without your continued belief in our mission. Together, we are lighting a path toward a world where no child dies of cancer—and every survivor thrives.

With profound gratitude,

Arvind Kumar
Hon. President
Varsha Foundation



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INTRODUCTION AND LEGAL FRAMEWORK

ABOUT VARSHA FOUNDATION

Varsha Foundation entered in its 3rd year of social services. Ever since the organization was formed, it is providing its services to weaker, marginalized, deprived sections of the society. Health is the one of the objectives and Varsha Foundation started its health activities and started its journey in 2019 when we established “Sneh Ashray” a home at Lucknow “Home Away from Home” (HAH) for children with cancer and their families. Now Varsha Foundation providing holistic care and support to children battling cancer. We are also running a Non-Formal Education Center (NFE) for underprivileged children aged 3 to 7 years in Aligarh (UP) and providing basic education and nutrition support to the children.

Varsha Foundation is a national level public charitable trust formed on 2nd April, 2018 and registered in New Delhi under the Public Charitable Trust Act of India.

Vision statement

Build and develop a peaceful, healthy and harmonious society through a healthy and sustainable approach

Mission statement

To create and develop sustainable programs and projects that support women, children, Youth and others to live a prosperous life with full of quality and values to contribute to soil and society. Healthy society is a wealthy society.

Legal framework

Name of the organization	Varsha Foundation (Vigilant Admirable Reliable Spectacular Honest Ambitious Foundation)
Legal Status	Public Charitable Trust
Registration Status	Registered Trust
Registration number	1125
Date of Registration	22-06-2018
Date of Formation of Trust	02-04-2018
PAN of organization	AACTV7981P
80G Registration	AACTV7981PF20198 dated 28-05-2021
12A Registration	AACTV7981PE20198 dated 28-05-2021
CSR Registration	CSR00011960 dated 24-07-2021
NITI Ayog: NGO Darpan	Registered Unique ID: DL/2020/0270109
TAN	DLV20081F
Registered Office	440-A, Sant Nagar Burari, Street Number -4, Delhi -110084.
Project Office	A -1/24/ F1/FF/DLF, Ghaziabad, UP
Phone	+91-9999945256
Email	arvindkumar@varshafoundation.org
Website	www.varshafoundation.org
Contact person	Arvind Kumar, Hon. President, founder member and honorary Managing Trustee





Programmes and Activities

1. Home Away from Home (HAH) in Lucknow
2. Medical and diagnostic support to children suffering from Cancer
3. Awareness program activities
4. Bereavement support to needy families
5. Financial support for food, transportation, documentation to poor families
6. Patient navigation
7. Partnering with other NGO working for girls' education and on childhood cancer

Our Achievements and success stories

The threat of Covid -19 pandemic was not averted; the second wave of this pandemic was very scary and frightening but Varsha Foundation stood firm with the children battling cancer and continued to provide accommodation and other services to the children and their families. We took all the precautions to protect children living in HAH and their families from this pandemic and the result is that not even a single child or any family member has been affected by this pandemic.

We accommodated 229 children and 428 their family members in the **Sneh Ashray**, Home Away from Home (HAH) Lucknow during the year. Here is the month wise list given below:

Monthly data of children and their family members stayed in HAH			
Months	Children	Family members	Total
April	8	16	24
May	9	17	26
June	12	24	36
July	17	33	50
August	27	50	77
September	24	48	72
October	20	37	57
November	20	37	57
December	21	38	59
January	19	33	52
February	20	34	54
March	32	51	83
Total	229	418	647

We are sharing a few stories sent by the children and their family members. Their journey with cancer with Varsha Foundation will remain always memorable as they acknowledge the support provided by Varsha Foundation in their difficult time.



Story of patient Aayanshi



आयंशी  Diagnostics - ALL

मेरा नाम अखिलेश है मैं उच्चाव का रहने वाला हूँ। मेरी बच्ची का नाम आयंशी है। सबसे पहले मेरी बच्ची को कुछ दिन से बुखार था जो दवा रिप्लाने के बाद भी कम नहीं हो रहा था तो हमने कामपुर के अस्पताल में अपनी बच्ची की जांच करायी जिसमें डाक्टर ने खून की जांच करवायी। उस जांच में बच्ची का खून बहुत कम था। जिससे डाक्टर ने खून बढ़ाया जिस वजह से बुखार स्वतः/सही हो गया, लेकिन डाक्टर ने पूछा कि खून कैसे कम हुआ बच्ची का अगर कोई ^{लडके} नहीं है तो उन्होंने बोन मैरो (Bone Marrow) करवाया और डाक्टर ने बताया कि इसकी लडकेस है। इसकी हम लेकर फिर तुरन्त KGMU आये। यहाँ आने के बाद वही डाक्टर की सारी जांचें हुई और डाक्टर ने बताया इसको कैंसर नहीं है। फिर हम घर वापस आ गए घर घर आने के बाद मेरी बच्ची का शरीर काला पड़ने लगा। जिस कारण मैं वापस KGMU आया जहाँ मैं ट्रामा सेंटर में भरी था और उसी दौरान डॉ. निशांत ने बच्ची को देखकर बताया कि इसको लडकेस है। फिर मेरा इलाज कैंसर बाल विभाग में शुरू हुआ। मुझे कैंसिडर्स के कर्मचारी ने बताया कि मेरा पूरा इलाज मुफ्त में हो सकता है बस एक असाइड कार्ड बनवाना पड़ेगा। परन्तु हमारे रहने खाने की कोई व्यवस्था नहीं थी क्योंकि हम आर्थिक रूप से सक्षम नहीं हैं। फिर मुझे वही से MAM के बारे में बताया गया कि मैं वहाँ रहकर अपनी बच्ची का इलाज सही तरीके से करा सकता हूँ। फिर मैं MAM आया वहाँ पर रहने के कुछ नियम थे जिसे सबको फालो/पालन करना था। मैं अपनी बच्ची का पूरा इलाज MAM में रहकर ही कराया। वहाँ पर मुझे हर तरह की सुविधा ~~मिली~~ मिली थी। वहाँ रोज सफाई करनी आता था और पूरे MAM की सफाई होती थी। मुझे वहाँ एक बच्ची के साथ माता-पिता रह सकते थे। हमें हमारे दो बेटे राशन मिलता था (चावल, दाल, आटा, तेल, मसूर, मसाले, चीनी) उसके साथ भी जरूरत के हिसाब से सामान। साथ में अर्बन, चायट, गप्पा, पवाई, इत्यादि जरूरत के सामान मिले थे। रोज सुबह मरीजों को जाने के लिए गाड़ी आती थी और वापस भी वे आती थी जब हमारे ^{बच्चे का} अस्पताल में दवा भग जाता था। रोज सभी बच्चों के लिए इध, अण्डा और केला मिलता था। अगर कभी रात में भी दिक्कत होती थी तो हमें MAM के सट ठारु अपास्कालीन परिस्थिति में भी अस्पताल भेज दिया जाता था। MAM में पूरा घर जैसा माँघेला था।

आज मेरी बच्ची पूरी तरह ठीक है और अभी हम उसको घर पर ही पढ़ाते हैं। मैं सभी कैंसिडर्स और वर्षा फाउंडेशन के कर्मचारी और सट को धन्यवाद देता हूँ कि सभी की सहयोग से आज मेरी बच्ची स्वस्थ है।





Story of Patient Shivangi

Age-

Diagnosis - ALL

शिवंगी

मेरा नाम शिवंगी है। मेरी बहन (मरीज) का नाम शिवंगी है। वर्ष 2019 में मेरी बहन की तबीयत ठीक नहीं रहता था उसको बार-बार बुखार होना था हमेशा कमजोरी रहती थी। हम लोग ~~खजनी~~ खजनी के छोटे से गांव में रहते हैं। वहाँ पर छोटे-अस्पताल में डाक्टर से इलाज कराते थे पर उसका स्वास्थ्य ठीक नहीं होता था। जिस वक़्त से हम गोरखपुर के बड़े अस्पताल में गए वहाँ उसकी खून की जांच हुई जिसमें खून की कमी बताई गई और 1 Unit खून भी चढ़ा जिसके बाद डाक्टर ने कोन मैरो की जाँच करवायी उस जाँच से बच्ची को 'एल3 कैंसर' निकला। वहाँ के डाक्टर ने हमें तुरंत KGMU जाने को बोला और हम लोग अगले दिन KGMU आये वहाँ पर कुछ जाँचे और हुई इसके बाद डाक्टर ने बताया की बहन को खून का पैरस है और इसका पूरा इलाज 9 महीने चलेगा अस्पताल में ही। डॉ. निशान के द्वारा मेरी बच्ची का इलाज काल विभाग के कैंसर वार्ड में शुरू हुआ। डाक्टर ने हमें पूरी ईजात से सम्बंधित जानकारी दी और हमें विभाग से सरकारी डेटा मुफ्त जांच का आश्वासन भी दिया गया क्योंकि हम लोग आर्थिक रूप से कमजोर थे और मेरे पिता एक मजदूरी का कार्य करते थे। 1 1/2 महीने हम अपनी बहन का इलाज अस्पताल में ही रहकर करवाये फिर वहाँ केनकिड्स के कर्मचारी ने ~~बहन~~ बहन की रहने की व्यवस्था नहीं है क्या! फिर इन लोगों ने तर्क फाउण्डेशन के बारे में बताया की वो एक NGO है और उनका एक HAM है जहाँ मरीजों के रहने खाने की व्यवस्था मुफ्त में है जिसमें हमारा कोई खर्च नहीं होगा और मैं अपनी बहन का इलाज एक अच्छे माहौल में करा पाऊंगा। उन्होंने HAM के बारे में मुझे पूरी जानकारी दी। पहले मैं बहुत असहज था कि वहाँ सब कैसे होगा फिर भी पैसे की मजबूरी और बच्ची के इलाज के लिए मैं ~~बचक~~ वहाँ गया।

HAM आने के बाद मुझे वहाँ रहकर बहुत अच्छा लगा। वहाँ बहुत सारी कैमिलो भी रहती थी सारी ~~कैंसर~~ ^{बच्ची} से पीड़ित थीं सारी वहाँ रहकर अपने-अपने बच्चों का इलाज करा रहे थीं। आगे का पूरा इलाज मेरा HAM में रहकर हुआ। मैं घरे 1 साल तक वहाँ रहकर अपनी बहन को इलाज कराया। HAM में हमें हर तरह की सुविधा मिली थी। हमें पानीपूर मात्रा में राशन मिलता था जो तीन लोगों के लिए पूरा था। हर हफ्ते हमें 2 बाट राशन दिया जाता था। साथ में लून, क्लिफ, चलाई, गडदे, इत्यादि। गार्मीने क्लॉट दिया जाता था। एक कमरे में दो मरीज का पलिका रह सकता था।

P.T.O.





वहाँ किचन में बिजली वाला गैस (इन्डक्सन) की सुविधा थी जिसमें सभी भोग धारी-धारी से खाना बनाते थे ~~वहाँ~~ रोज वहाँ सफाई भी होती थी। ठण्डा में गिजट/गर्म पानी की भी व्यवस्था थी। फ्रिज- (TV) टी.वी आदि भी वहाँ सभी के लिए थे। नीचे एल्यूमीनियम का जिसमें सब लिच थी ~~वहाँ~~ बच्चों को पढ़ाती भी थी और बच्चों का मनोरंजन भी करती थी। बहुत सारे बच्चों के लिए रिक्रिकेट भी थे जो बच्चे खेलते थे और सुख रहे थे। बच्चों के लिए हर रोज शाम को दूध, अण्डा, केला मिलता था। वहाँ समय-समय पर खाने से सम्बन्धित और क्विज तरह की दिक्कत न हो इसके लिए काउन्सिलिंग भी होती थी। ~~सब~~ अस्पताल से आने-जाने की सुविधा भी MAM में मुफ्त में थी। 2020 में कोरोना के दौरान बहुत तरह की दिक्कत हर जगह थी पर मैं उस दौरान भी वहाँ रहकर अपनी बहन का इलाज कराया और हमलोगों को उस दौरान भी MAM ठाठ पूरे सुविधा दी गई। वहाँ के सच, मैम ने हम सबको का बहुत ध्यान रखा और सदयोग दिया। मैं अस्पताल में डॉ. निशांक सर, कैंनफिडल रिज और लकी फाउंडेशन को बहुत-बहुत धन्यवाद करता हूँ कि उन लोगों के निरन्तर प्रयास से आज मेरी बहन पूरी तरह स्वस्थ है और बाकी बच्चों की तरह स्कूल भी जाते हैं और पढ़ती-खेलती हैं अट्टे से खामोश-पीत हैं।
अब ~~इलाज शुरू करने के बाद~~ ~~इलाज शुरू करने के बाद~~ पूरे तरह बंद है।

धन्यवाद



Story of Virat

Virat Yadav (HL)

समस्कार! मैं विराट, प्रारम्भ में मेरा सर पूरे शरीर से गर्म रहता था तो मेरा MRI डॉ० के कहने पर कराया गया किन्तु वहाँ रिपोर्ट नार्मल आया लेकिन डॉक्टर के अनुसार मेरा सर औसत से बड़ा बताया गया। ~~इससे मैं कुछ और कुछ दवाएँ दे दी गयीं~~ जिससे आराम मिला। फिर कुछ समय पश्चात मेरे गले में बारू तरह गाँठ जैसा प्रतीत हुआ तो गोरखपुर दिखाया गया जहाँ कुछ जाँच के पश्चात टी०बी० बताया गया और दवा-चलाने के लिए कहा गया। मैं डॉक्टर के अनुसार दवा लेता तो कुछ आराम होता फिर गले पर लुपान बढ़ जाता। फिर मैं T.B. अस्पताल बस्ती दिखाया जहाँ से मुझे KGMU Lucknow में दिखाने के लिए कहा गया।

KGMU आने पर F.M.A.C जाँच करायी गयी जहाँ रिपोर्ट में HL पता चला फिर डॉक्टर ने बाल कैंसर विभाग में भेजा गया। जहाँ हमें संजीव सर मिले जिन्होंने डॉ० अशुतोष सर से मिलवाया और PET-CT की जाँच तथा बायोप्सी कराने को कहा गया। यही से हमें Candida के संजीव सर के द्वारा मुझे MAM में रहने के लिए भेजा गया। MAM में रहकर ही मैं पूरी तरह से इलाज सम्पन्न करवाया और आज मैं स्वस्थ हूँ।

MAM में मुझे धर जैला स्नेह और प्यार मिला, खेले के लिए लैसम, दूध, बेला एवं अण्डा रोज मिलता था। अस्पताल आने जाने के लिए गाड़ी मिलता था। मनोरंजन के लिए T.V. था। खाना, मिठान, फ्रिज एवं लैहारा पर उपहार भी मिलता था। साप्ताहिक जाइंट एवं वजन पूजा मैम के द्वारा चैक किया जाता था।

Thank You! - Rohit Sir, Anu mam, Pooja mam
Sanjeev Sir and All MAM and Candid Staff

Thank You- Dr. Hishant Sir and KGMU





Poor Patient Support provided to the Children and families

Children from every corner of UP come to Lucknow for cancer treatment. Patients also come from other states like MP, Bihar and even from Nepal. Often these are economically disadvantaged families and children receiving treatment require accommodation, nutrition, medicine, diagnostic, pathological, surgical, food, transportation, psychological, documentation and administrative support. Varsha Foundation came forward with immediate financial assistance for patients and families who were in dire need of support.

Varsha Foundation provided overall treatment care assistance of Rs. 22.89 lakh during the year and direct financial assistance of Rs. 4.05 lakh for medicine, diagnostic and pathological and surgical was provided during the year.



SNEH ASHRAY HOME AWAY HOME (HAH) - LUCKNOW

HAH in Lucknow for children suffering from cancer and their families

Varsha Foundation, is a national level not for profit trust offering treatment support and financial assistance to children with cancer and their families. Varsha Foundation is dedicated to the children we serve and the families that support them. Cancer in children is curable if detected early and treated effectively at pediatric cancer center. We are running a 16 bedded facility home called “home Away from Home” (HAH) in partnership with *Cankids...Kidscan* for the children with cancer and their families at Lucknow. These children belong to underprivileged sections of the society and generally come from outside Lucknow. After they have received cancer treatment at hospitals including chemo & other therapies, these children are discharged however they still require continuous medicines and follow-up treatments at these hospitals. Hence they need to visit hospitals regularly. The poor families come from far remote areas, villages, suburban areas and cannot afford proper accommodation. Thus, forcing them to live under open sky in nearby gardens, footpath, corridor, renbasera (night shelters), etc., with no formal sanitation facilities. Thus, they are exposed to all kind of infections and diseases at the time when they require special protection due to low immunity levels due the chemo-therapies, etc. Many families who cannot afford these facilities, often go back to their villages, abending the treatment of the children half-way. Therefore, HAH provides a critical support to such children and families by providing proper accommodation with proper sanitation and hygiene, nutrition support, food, etc. In addition, needy families are given financial support for travelling to their home-towns, clothing, other petty expenses for treatment etc. Support by HAH ensures that children’s treatment is not abandoned, a healthy environment enhances survival chances of these Children as at HAH they are not only taken care of their immediate physical & medical needs but also supports their behavioral, developmental and social needs.

HAH was inaugurated three years ago on 15th August’2019, since then HAH has been continuously providing accommodation to the children and their families suffering from cancer along with holistic care and treatment support services such as medicine, education, counselling, transportation, financial support etc. Since its inception, HAH has supported 89 children and their families. Based on our feedback system, we are proud to state that all the children supported by HAH have recovered and not even one child has had a relapse of the illness.

HAH operates on a low-cost model with all ultra-modern basic facilities. Families are provided with a kitchen kit, a room kit, and a school kit for the children. They are encouraged to prepare home-cooked meals for their children. Rations, raised through local donations, are provided to these families. HAH has a play room for children equipped with toys, games, fun books, etc. HAH also has multi-functional areas for entertainment, parent forums, counselling, celebrations and therapeutic activities etc. We had started the journey three years ago, which is growing and helping poor children and their families.



Project HAH – Goals and Aims

- Provide outstation families with affordable, appropriate accommodation during the cancer treatment of the child
- Create a low-cost stay option near the hospital, without substantial investment and low running and maintenance costs
- Empower parents to set up, manage and run the home and provide them employment generation opportunities
- To Integrate project HAH into the treatment, care and support systems of the Hospital

HAH – Features and Objectives

- Individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
- Health room facilities – to focus on hygiene, proper storage of medicines, and information and support for proper follow up of doctor's instructions
- School Room – to ensure that children continue to receive education through Non-Formal Education Programs and to focus on their behavioural, developmental and social needs
- Emotional and Psychosocial support by the Parent and Survivors groups as well as regular forums and meetings; and administrative support for letters to home, form filling, Government and other facilitation
- Multifunctional areas for leisure, community activities, reintegration facilities, as well as to accommodate additional families in time of need.
- Outings, recreational and community activities.
- To provide outstation families of the children suffering from cancer with affordable, appropriate accommodation during the treatment of the child
- To Integrate project HAH into the treatment, care and support systems at the Hospital
- To improving the overall standards of care of the children suffering from cancer and their families.
- To provide nutrition support.
- To provide home like atmosphere at the HAH
- To provide transport facility between the Hospital and HAH
- To provide administrative assistance

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
- To improving the overall standards of treatment & care
- To focus on individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment



- To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
- To set up a school Room – to ensure that children continue to receive education through Non-Formal Education Program.
- To provide emotional and psychosocial support, outings, recreational and community activities.
- To provide cooking facilities
- To provide transport facility between the Hospital and HAH



Precaution and necessary steps taken to fight Covid-19 Pandemic

We took all necessary precaution to monitor and prevent the spread of Covid-19 in the HAH and HAH is fully equipped with following instruments and items:

1. Oxygen Concentrator
2. Battery operated spray machine and disinfectant solution.
3. Infrared Thermometer
4. Oximeter
5. Glucometer
6. BP instrument
7. Hand sanitizer
8. PPE Kit
9. Gloves
10. Masks
11. Floor disinfectant solution
12. Ambulance on call in case of any emergency

Following care is being followed

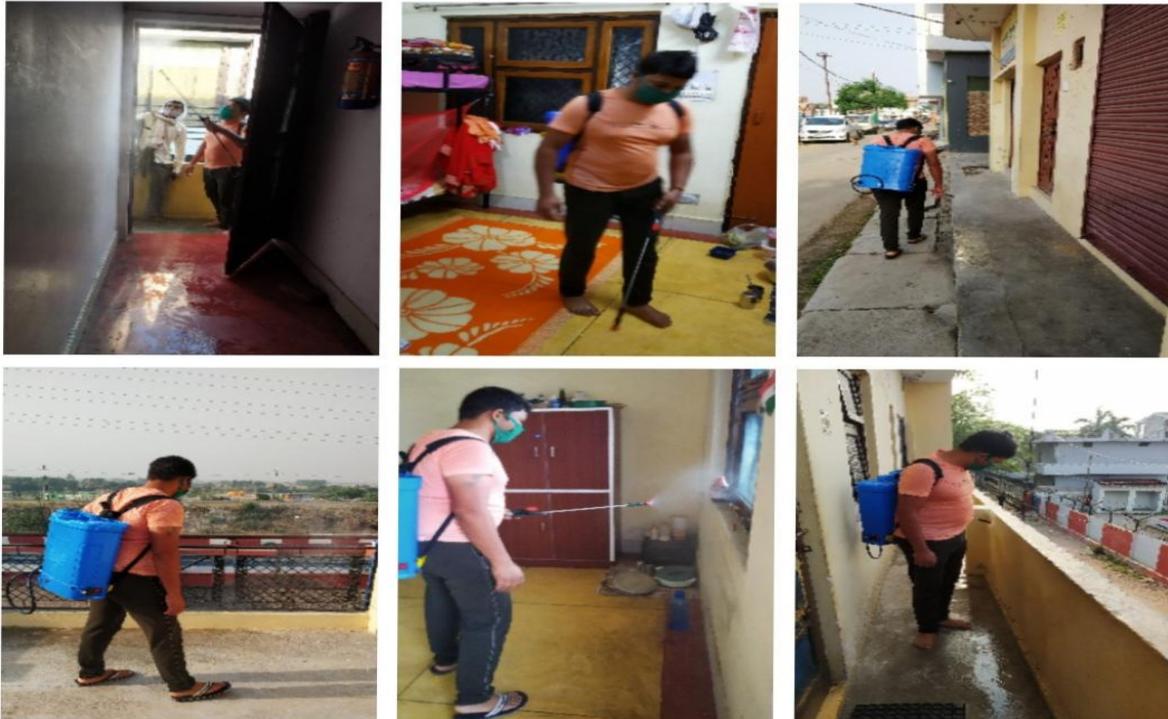
We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at the entrance area and patients/attendants are instructed to use it on their arrival and departure.
2. It is mandatory for patients/attendants to use face masks whenever they go out or enter HAH.
3. As COVID-19 has been declared a global epidemic, we check the temperature and oxygen level of all patients/attendants.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. We recommend daily that patients/attendants wash their hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing their nose or coughing or sneezing. We advise them to always wash hands with soap and water if hands are visibly dirty.
6. We advise patients/attendants to use an alcohol-based hand sanitizer, which is provided to each family in HAH.
7. We advise patients/ attendants to void touching their eyes, nose and mouth if they go out to hospital for treatment not to join large crowds or gatherings.
8. We clean and disinfect frequently touched objects and surfaces using a household cleaning spray or wipe.
9. We disinfect E-rikshaws before children and families board them.
10. We screen the patients/attendants before their entry into the HAH.



Sanitization and maintaining of high level of hygiene standards

Sanitization is a regular process in HAH. Every week we do sanitization drive and do complete sanitization including rooms, kitchen, play room, washrooms, corridors, stairs etc. We ensuring that every corner of HAH should be safe from infection, fungus, bacteria for all children and their families. HAH is sanitized once in a week with a spray machine and disinfectant solution. High levels of hygiene standards are maintained, and the HAH is regularly cleaned without fail.





ACTIVITIES, CELEBRATIONS AND EVENTS

Monthly Birthday Celebration

Birthday celebration is the regular monthly essential activity of HAH. Birthday is the special day for every child in her/ his life and they eagerly wait for this special day of their life. We celebrate birthday of every child who live in HAH. Every child is precious and priceless, and in the cancer journey the celebration of birthday make them happy. The family members also participate in the birthday party.

The activity area is beautifully decorated with balloons, birthday wishes slogans, signs, lighting etc to make the day memorable for the children and their families. We give wish gifts to birthday boy/ girl and all the children. Children and their family members do dance, fun activities, sung the songs etc. Children get nutritious snacks items like biscuits, juice, lassi, Britannia cakes, peanuts, chocolates etc. The birthday party makes the day with full of fun for all the children and their families.





Education cum Play Room Activities

Childhood should not be lost even in the cancer journey of a child. Every child has right to play and should be allowed to do childhood activities, child should live life with fullest childhood activities. HAH has a special education cum play room which opens all days for children where they spend their own time with toys, fun books, computer games, learning basic education in play way mood. Play room is equipped with plenty of child friendly toys of all age group of children, fun books, drawing and painting material, study material, educational toys, desk top computer etc,

Tutor helps the children in play room, teaches basic education, shows cartoon movies on computer, provides basic computer education. Children play with toys of their choice, do drawing, craft and fun activities and feel happy.



Eid Celebration

This is the beauty of HAH where all the festivals are celebrated without any discrimination with same sprite and enthusiasm and “Eid” is also one of them celebrated in the HAH. All the families celebrated Eid in the HAH together, they cooked sweet vermicelli and delicious food together and did the party together. Gifts given to all the children on this festival day. A movie show was organized, children participated in drawing and craft activities,



Raksha Bandhan Celebration

Raksha Bandhan is the biggest festivals in India dedicated to unconditional love of brothers and sisters. The children staying in HAH are away from their brothers and sisters and on this occasion, they miss them on this day, the sister ties a sutra to the brother, and he promises to care her always. HAH was beautifully decorated; the girls tied the “Rakhis” to the boys and boys give gifts to all the girls. The day was so heartwarming that it felt like all the children are brothers and sisters and all the families of HAH are one. No one felt lonely and families celebrated the festival in homely atmosphere.





Independence Day Celebration: - 15-Aug-21

HAH, which was inaugurated on 15th August' 2019 has successfully completed two years of journey and entered into its 3rd year serving the children with cancer and their families. The function started with the unfurling of the national flag by Dr. Pushapa Bhatia and singing of the National Anthem.



Many well-wishers, guests, donors participated in Independence Day celebration and blessed the children. A puppet show was organised on the theme of "childhood cancer is curable". All



children and their families enjoyed the puppet show. Children battling sang a beautiful motivational patriotic song. All patients, their families, guests, well-wishers, donors enjoyed refreshment and lunch together. Gifts distributed to all the children on this day.





Shree Krishna Janmashtami celebration

Every year we celebrate Shri Krishna Janmashtami in the HAH so this year also we celebrated this great festival dedicated to lord Shri Krishna. The festival was celebrated with all the traditional rituals, sprite and customs in homely atmosphere. The celebration went on till midnight. Children dressed in beautiful attires of Shri Kishna and Radha, all danced, sung bhajans, prayed for speedy recovery of all the children. All the families get together and prepared meal and the traditional home-made “prasad” was distributed to all.





Cooking Competitions held under the supervision of Dietitian

Healthy and nutritious diet is very essential part of treatment support programme. At HAH we organise cooking competitions and cooking classes at regular intervals. These activities focus on to use organic food items, maintenance of hygiene in cooking, prepare of nutritious food and diet. After chemotherapy, the immunity of children becomes very low and, in such situation, children need a nutritious diet containing enough calories and protein. Hygienic nutritious food containing sufficient protein helps sick children to protect from infections. Nutritious food also helps in gaining weight and gaining strength.





Regular counselling of the children and families

Counselling sessions for patients and their parents helped them to understand the treatment provided including the proper use of medication and its adverse effects. They improved patient adherence and motivated patients them to take an active role in the management of their treatment. Counselling also provided vital information, advice and assistance to help patients and their families with medication. The HAH Coordinator, patient navigator and counsellor regularly do counselling on a weekly basis and families are being advised to follow physical distancing and good hygiene habits. Washing the hands with soap and clean water to prevent the spread of corona virus, bacteria and other germs.





Dussehra Celebration

Dussehra signifies the victory of good over evil and is celebrated as the biggest festival all over India. We at HAH celebrate the Dussehra so that children and their families do not feel that they are away from home, families and friends. All the children & families celebrated the festival with full of enthusiasm. Gifts, toys, chocolates biscuits, etc distributed to the children. Warm cloths given to all the children and their family members. All the families cooked food together, enjoyed the celebration.





Diwali Celebration

Diwali is the biggest festival celebrated in all parts of India. We did not forget that families living in HAH are away from home and may feel lonely so we celebrated the festival Diwali like last year. The children were given new warm cloths and their female attendants were given new sarees and all the male attendants were given shawls on the occasion.

HAH building was attractively decorated with flowers, lightings, candles, dias etc. The celebration was started with prayers Aarti and worship of goddess Laxmi. All the children and their family members celebrated the festival with joy and enthusiasm.





Children's Day Celebration on 14th November 2021

Children's day was celebrated at HAH on 14th November. Children eagerly wait for this day as this day is a special day dedicated to children. The children were having fun and dancing. The celebration began with prayer. A drawing competition was organized and all the children participated in it and prizes given to winners and all the children. Nutrition items, chocolates, biscuits, juices and snacks etc distributed to the children. The day was full of fund joy for all the children.





Christmas Celebration on 25th December 2021

Like other festivals, the Christmas Day celebrated in HAH in which all the children and their families happily participated. Children eagerly wait of this day as Santa comes and gives them gifts, dances with them, blesses them and has a good time with them. The celebration was full of joy, everyone danced and sang songs. Santa gave warm cloths to all the children and their family members. The lap of children was filled with gifts like chocolates, cakes, chips, namkeen, biscuits toys and woolen clothes.





New Year Celebration - 2021

New year brings new hope, enthusiasm and belief in the children that something good will happen in their life and they will get well soon. With this hope and new energy, we celebrated New Year at the HAH with children and their families. On this day all the family members did cook and eat food together. They wished each other for a speedy recovery. Distributed a Lots of gift items to the children. It was a fun filled day for all the children, their families and staff members.





Republic Day Celebration

Republic day is a national festival and every year we celebrate it in our HAH so this year also we celebrated the Republic Day. The event was attended by all the children, their families, guests and staff members. National flag was hoisted by one child, national song was sung by all, movie show was organized on projector, all the children enjoyed the film. At end of the celebration gifts and sweets were distributed to all the children.





ICCD Celebration

International Childhood Cancer Day (ICCD) is a global collective campaign to raise awareness about Childhood Cancer, and to express support for children and adolescents with cancer, the survivors and their families. We celebrate ICCD in our HAH on February 15 every year to raise awareness of childhood cancer. Childhood cancer can be cured if cancer is detected and diagnosed early and the child is treated at a cancer center. This year the monthly birthday and ICCD were celebrated together in the HAH.

Our prestigious donor Mr. Yogendra Khanna visited the HAH as a guest, he blessed the children, gave gifts to the children. Social workers, counsellors, talked with all the patients and attendants regarding ICCD and its importance. All participants, children, attendants participated, did a dance together, cut the cake, sang the songs etc. Gifts (finger puppets) and food items (Chips, cake, chocolate, lassi and biscuits) were distributed to the children.





Holi Celebration

Holi is the biggest religious festival of India and celebrated in every corner of the country. Varsha Foundation always stands with children and ensuring that child should not feel lonely, miss the siblings and friends. Keeping this in mind, the Holi was celebrated in the HAH. On this occasion a Cancer survivor “Vansh” decided to celebrate his birthday with HAH families. He came with his family and celebrated his birthday in HAH. Celebration started with prayer and drawing competition. All children made very colourful and beautiful pictures with full of joy and fun. Gifts were distributed to all children, enjoyed delicious home-made *Gujiya* & enjoyed a community dinner together. All children & families celebrated Holi with natural flowers, the day was full of fun & frolic.





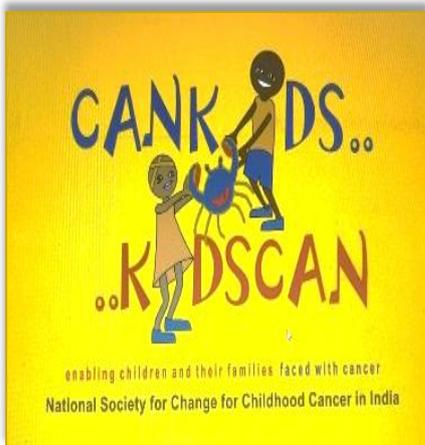
Family Counselling



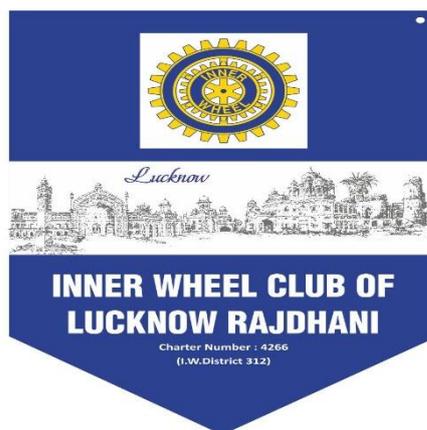




OUR SUPPORTER AND PARTNER



Mohini Devi
Shyam Sundar
Charitable Trust,
Lucknow





OUR ANGELS IN HAH PARADISE

✚ *Harsh Khanna (Mentor and Advisor)*

✚ *Anita Pant*

✚ *Bhawna Awasthi*

✚ *Neelam Khandelwal*

✚ *Rupam Srivastava*

✚ *Chanda Srivastava*

✚ *Sarika Suri*

✚ *RituTulsi*

✚ *Rita jain*

✚ *Rita Jaiswal*

✚ *Meenu Srivastava*

✚ *Suman Illa*

✚ *Sunita Khanna*

✚ *Shail Chadha*

✚ *Sarita Jaiswal*

✚ *SushilaMahansaria*

✚ *Varda Kilkata*

✚ *Neha Jhunjunwala*

✚ *Dr. Pushpa Bhatia*

✚ *Sapna Upadhaya*

✚ *Naina Jhunjunwala*

✚ *MeenuSrivastava*

✚ *Rita Jaiswal*

✚ *Saxena ji Satya sai trust*

✚ *Wafa Abbas*

✚ *Vikash Sethi*

✚ *Abhinesh Dhandhanian*

✚ *Sanju Mahajan*



FINANCIAL STATEMENTS



F.R.N. 022743N

KAPIASH JAIN & ASSOCIATES

CHARTERED ACCOUNTANTS

Head Office: 504, B-Wing, Statesman House, 148, Barakhamba Road, New Delhi - 110001 | Phone : +91-11-43708987
Mobile : +91 9971 921466 | Email : ca.kapish@gmail.com | Website : www.kapishjainassociates.com; www.cakja.com

INDEPENDENT AUDITOR'S REPORT

To
The Trustees
Varsha Foundation,
New Delhi

Report on the Financial Statements

We have audited the financial Statements of **Varsha Foundation** (the "Trust") which comprises the Balance Sheet as at 31st March 2022, the Income & Expenditure account and the Receipts & Payment account for the year then ended and a summary of significant accounting policies and other explanatory information on that date annexed thereto.

Opinion

In our opinion, the accompanying financial statements give a true and fair view of the financial position of the entity as at 31st March 2022 and of its financial performance for the year then ended in accordance with the Accounting standards issued by the Institute of Chartered Accountants of India (ICAI).

Basis for Opinion

We conducted our audit in accordance with the Standards on Auditing (SAs) issued by ICAI. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the entity in accordance with the ethical requirements that are relevant to our audit of the financial statements and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Trustee and Those Charged with Governance for the Financial Statements

The Trustees are responsible for the preparation and fair presentation of the financial statements in accordance with the aforesaid Accounting Standards, and for such internal control as Trustees determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, trustees are responsible for assessing the entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless trustees either intends to liquidate the entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the entity's financial reporting process.

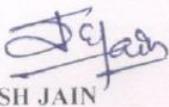




Auditor's Responsibilities for the Audit of the Financials Statements

Our objectives are to obtain reasonable assurance about whether the financials statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonable be expected to influence the economic decisions of users taken on the basis of these financial statements.

For **KAPISH JAIN & ASSOCIATES,**
Chartered Accountants
Firm Reg. No. 022743N


KAPISH JAIN

Partner

M.No. 514162

UDIN 22514162 A@CKAK2108



Place: New Delhi

Dated: 27 Aug. 2022

**VARSHA FOUNDATION**

Balance Sheet as at 31 March 2022

(All amounts in ₹, unless otherwise stated)

	Schedule	As at 31 March 2022	As at 31 March 2021
Sources of funds			
Funds			
Restricted funds	1	31,00,000	21,00,000
Unrestricted fund	2	7,20,990	7,13,591
Liabilities			
Current liabilities	3	26,639	64,125
		<u>38,47,629</u>	<u>28,77,716</u>
Applications of funds			
Non-current assets			
Property, plant and equipment	4	5,01,733	4,69,461
Current assets, loans and advances			
Cash and bank balances	5	32,09,015	22,60,656
Loans and advances	6	1,18,914	1,12,212
Other current assets	7	17,967	35,387
		<u>38,47,629</u>	<u>28,77,716</u>

Summary of significant accounting policies and notes to the financial statements.

12-13

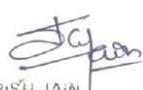
This is the Balance Sheet referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements.

For KAPISH JAIN & ASSOCIATES

Chartered Accountants

Firm's Registration No.: 0224743N


 KAPISH JAIN

Partner

Membership No.: 514162



For and on behalf of VARSHA FOUNDATION




ARVIND KUMAR

President



PARSHANT KUMAR

Treasurer

Place: New Delhi

Date: 27 Aug. 2022



VARSHA FOUNDATION

Income and Expenditure Account for the year ended 31 March 2022

(All amounts in ₹, unless otherwise stated)

	Schedule	Year ended 31 March 2022	Year ended 31 March 2021
Income			
Grants and donations	8	29,55,851	18,84,700
Other income	9	1,53,152	77,494
		<u>31,09,003</u>	<u>19,62,194</u>
Expenditure			
Program expenses	10	29,59,247	20,00,636
Depreciation	4	81,228	65,063
General and administrative expenses	11	61,129	32,823
		<u>31,01,604</u>	<u>20,98,522</u>
Surplus for the year		<u>7,399</u>	<u>(1,36,328)</u>
Amount utilized from fund set apart in previous year		-	1,80,000
Surplus for the year transferred to General reserve fund		<u>7,399</u>	<u>43,672</u>

Summary of significant accounting policies and notes to the financial statements

12-13

This is the Income and Expenditure Account referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements

For KAPISH JAIN & ASSOCIATES

Chartered Accountants

Firm's Registration No. 0224743N

KAPISH JAIN
Partner
Membership No.: 514162

Place: New Delhi

Date: 27 Aug. 2022



For and on behalf of VARSHA FOUNDATION



ARVIND KUMAR
President

PARSHANT KUMAR
Treasurer

**VARSHA FOUNDATION****Receipts and Payments Account for the year ended 31 March 2022***(All amounts in ₹, unless otherwise stated)*

	Year ended 31 March 2022	Year ended 31 March 2021
Opening balance		
Cash in hand	4,354	11,153
Cash at bank	1,06,302	2,38,999
	<u>1,10,656</u>	<u>2,50,152</u>
Receipts		
Grants and donations received		
- General donations	14,55,851	18,84,700
- Restricted Grant for HAH, Lucknow	15,00,000	-
- Corpus / earmarked donation / capital grant	10,00,000	10,00,000
Other receipts		
- Bank Interest	1,57,195	51,714
	<u>41,13,046</u>	<u>29,36,414</u>
Payments		
Program expenses	29,90,058	19,64,317
General and administrative expenses	61,129	31,675
Fixed assets purchased during the year	1,13,500	79,918
Fixed deposits with bank	10,00,000	10,00,000
	<u>41,64,687</u>	<u>30,75,910</u>
Closing balance		
Cash in hand	2,428	4,354
Cash at bank	58,587	1,06,302
	<u>59,015</u>	<u>1,10,656</u>

Summary of significant accounting policies and notes to the financial statements

12-13

This is the Receipt and Payment Account referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements

For KAPISH JAIN & ASSOCIATES

Chartered Accountants

Firm's Registration No.: 0224743N

Kapish Jain

KAPISH JAIN

Partner

Membership No.: 514162



For and on behalf of VARSHA FOUNDATION



Arvind Kumar

ARVIND KUMAR

President

Parshant Kumar

PARSHANT KUMAR

Treasurer

Place: New Delhi

Date: 27 Aug. 2022



No child should be denied the right to access health care services and medical treatment

COMMITMENT

Varsha Foundation is a public charitable trust established on 2nd April, 2018 and registered in New Delhi India. It is growing fast to serve the marginalized community and society. It is in a startup phase and we have to travel a long journey to achieve principal aims and objectives of the trust.

The objectives of the Trust shall be wholly for the public and charitable purposes and incomes shall be applied for the same and accumulated in India wholly for public & charitable purposes without prejudice to generality of provisions and shall be deemed to be the principal objectives of VARSHA Foundation

Appeal

Varsha foundation has initiated a small step and would like to contribute a little bit to the support to the treatment of childhood cancer. You can help us, if you are able, we would love it if you could make a donation and contribution to achieve this mission.

For your generous contribution, please contact to:

Arvind Kumar, Hon President: 9999945256

Email: arvindkumar@varshafoundation.org

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New Delhi – 110084.

Tel: 9999945256

Head Office

A1-24, First Floor
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Tel: 7827723542

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Lucknow Office

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Tel: 8218027224