



VARSHA FOUNDATION

Home Away From Home (HAH)

Quarterly Progress Report - 1st Jul' 2024 to 30th Sept' 2024



Address of HAH: 456/306, Near Water Treatment Plant, Sajjad Bagh Colony,
Daulatganj, Lucknow - 226003

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Introduction & framework

Home Away from Home (HAH) Lucknow was inaugurated on 15th August' 2019, since then HAH has been continuously providing accommodation to the children & their families suffering from cancer along with holistic care & treatment support services such as medicine, investigation, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities & is providing services to the children undergoing treatment in the KGMU hospital. We are providing financial support, technical support, social support & treatment support services in the HAH.

Under the Project HAH we are providing following services & ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care & support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities & common dining areas to cater to the children's individual taste, failing appetites & need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, & information & support for proper follow up of Doctor's instructions
 - To set up a school Room - to ensure that children continue to receive education through Non-Formal Education Program
 - To provide emotional & Psychosocial support, outings, recreational & community activities.
 - To provide transport facility between hospital & HAH
 - To provide cooking facilities
 - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay & Dr. Nishant Verma held responsibility our social support team to send the children to HAH once identified & finalized.
 - 2) Shri Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
 - 3) We are available 24 hours in HAH for help to the families in every situation.

HAH is equipped with the following instruments



- A. Oxygen Concentrator
- B. Battery operated spray machine & disinfectant solution.
- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

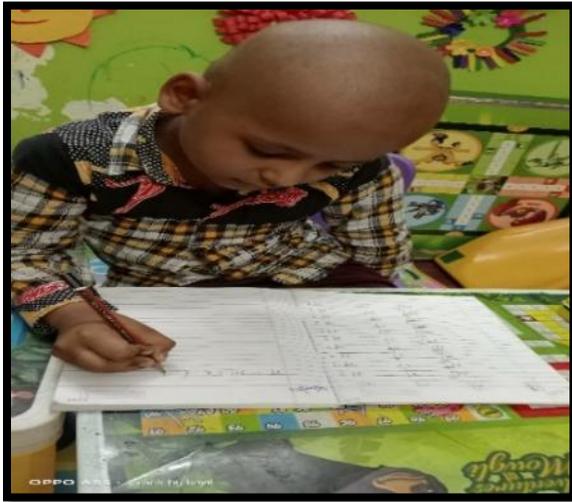
Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine & disinfectant solution.



Play Room Activities by the Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way mood with fun & various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.





Routine services by Dietitian

- A. Hygiene & sanitization in daily basis.
- B. Cleanliness check in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- D. Awareness sessions conducted for Hygiene.
- E. Importance of cleanliness of hands during food handling.
- F. Importance of hygiene in cancer treatment.
- G. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- H. Regular Follow-up with caregivers & patients in HAH for any query.
- I. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's caregivers.)
- J. To keep monitoring patient's details like Height, Weight, MUAC & Haemoglobin.
- K. Combine session for group counselling.





Celebrations & Events

In July Month: -

Team Varsha honored the doctors on National Doctor's Day & thanked them on 01st July 2024

Dear Doctors,

You support, encourage, advice, easy worries, calm fears... What you do is a blessing to so many.

Thank you for all the ways you make a difference.

You are not just a wonderful doctor but a wonderful Human being too.





Monthly Birthday Celebrated on 11st July 2024

- ❖ Monthly birthday celebration was organized on this day, every child of HAH waits for this day & all children enjoy this day very much.
- ❖ The hall was decorated beautifully with decorative items & balloons.
- ❖ Total 12- Patients, 24- Caregivers & 3- Staffs were participated in the celebration.
- ❖ The celebration started with HAH prayer, then children cut the cake & the cake was distributed to all.
- ❖ Then food items (chocolate, cake, fruit juice, chips and biscuits) and gifts (doctor kit toy) were distributed to the children.
- ❖ Snacks (samosa) distributed to caregivers & Staff.



Inner Wheel Club of Lucknow Baradari Team Members Visited the HAH on 22nd July 2024

- ❖ IWC team members visited the HAH that day & distributed food items & colour books to the children.
- ❖ The children of HAH welcomed all those donors by giving them bouquets of flowers.



Varsha Foundation Donated a Air Conditioner for HDU Ward of Pediatrics Department & Handed Over to Dr. Mala Kumar (HOD of Pediatrics) on 26th July 2024



In August Month:-

Monthly Birthday Celebrated on 12th August 2024

- ❖ Monthly birthday celebration was organized on this day, every child of HAH waits for this day.
- ❖ The hall was decorated beautifully with decorative items & balloons.
- ❖ Total 12- Patients, 24- Caregivers & 3- Staffs were participated in the celebration.
- ❖ The celebration started with HAH prayer, then children cut the cake & the cake was distributed to all.
- ❖ Then food items (chocolate, popcorn, frooti, chips & biscuits) & gifts (ABC Mat) were distributed to the children.
- ❖ Snacks (samosa) distributed to caregivers & Staff.



Celebrated Independence Day on 15th Aug 2024

- ❖ That day Independence Day was celebrated in the HAH.
- ❖ Varsha Foundation in Lucknow successfully completed 5 Years & entered in the 6th Year on 15th August 2024.
- ❖ A total of 45 people presented that day. In which HAH Staff = 7, Children = 13, Caregivers = 25.
- ❖ First of all, in the morning a kid hoisted the National Flag & then everyone sang the National Anthem.
- ❖ The hall was fully decorated with tricolours balloons.
- ❖ Sweet laddu were distributed to all the families.
- ❖ After this all the children were dancing together filled with happiness.
- ❖ Finally, the celebration was concluded by distributing snacks (Samosa) to everyone.





Raksha Bandhan Celebration on 19th Aug 2024

- ❖ That day, we celebrated Raksha Bandhan one of the biggest festivals in HAH. The festival of Rakhi is a bond of love & Care between brother & sister.
- ❖ On this occasion children living with cancer celebrated Raksha Bandhan at HAH. Girls tied Rakhi to boys & boys gave gifts & cash envelopes to girls.
- ❖ The festival celebrated in a homely atmosphere & no family living in HAH should feel that they are away from home.
- ❖ Total 29 peoples were there, Caregivers (18), Patient (09) & Staff (02).
- ❖ At last, some children enjoyed a lot & dance together.





Lord Krishna Janmashtami Celebration on 26th Aug 2024

- ❖ That day, we celebrated Shri Krishna Janmashtami the birthday of lord Shri Krishna at HAH.
- ❖ A beautiful Pandal decorated with flowers & full of lighting for Lord Shri Krishna & they were placed there.
- ❖ Two children were dressed up as Radha - Krishna.
- ❖ 18- Patients & 32- Caregivers were participated the celebration that day.
- ❖ A magic show was also shown for children. The magician was entertaining & surprising to the children with his magical tricks.
- ❖ Celebration started with prayer, Lord Krishna aarti & bhog.
- ❖ Everyone worships Lord Krishna & took blessings.
- ❖ Distributed Prashad & fruits to all, also distributed packed food items & gifts to the children.





September Month:-

Death Anniversary of Smt. Sharda Devi Maheshwari on 01st Sept 2024

- ❖ First of all, all the families participated in the prayer meet.
- ❖ That day his daughter (Mrs. Veena Agarwal) lit a lamp in front of her portrait & offered flowers leaves on the portrait.
- ❖ Then all the children & attendants paid their heartfelt tribute to her by offering floral tribute.
- ❖ In night, all the families enjoyed the delicious Prasad.

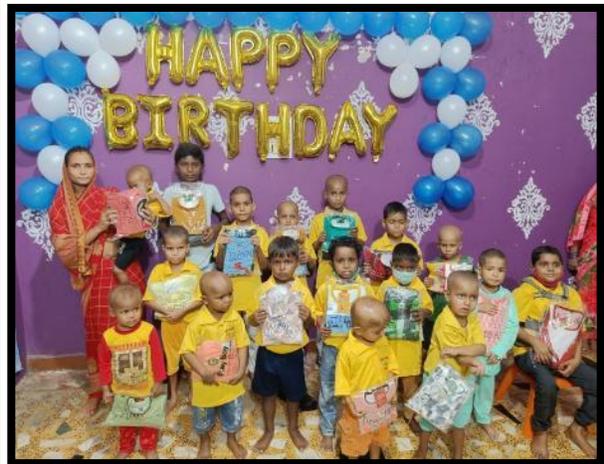




Monthly Birthday Celebration on 02nd Sept 2024

- ❖ Monthly birthday celebration was organized on this day, every child of HAH waits for this day.
- ❖ On this day birthday of our mega donor (Mrs. Sunita Khanna).
- ❖ The hall was decorated beautifully with decorative items & balloons.
- ❖ Total 17- Patients, 30- Caregivers & 3- Staffs were participated in the celebration.
- ❖ The celebration started with HAH prayer, then children cut the cake & the cake was distributed to all.
- ❖ Then food items (chocolate, popcorn, peanuts, chips & biscuits), gifts (copies & pencil box) & clothes for every child were distributed to the children.
- ❖ Snacks (samosa) distributed to caregivers & Staff.





Mrs. Sarika Suri Visited the HAH on 19th Sept 2024

- ❖ Mrs. Sarika Suri with her Daughter in law visited the HAH that day & distributed food items to the children.
- ❖ The children of HAH welcomed both by giving them bouquets of flowers.





Varsha Foundation organized an activity from Captivity to Freedom on 22nd Sept 2024

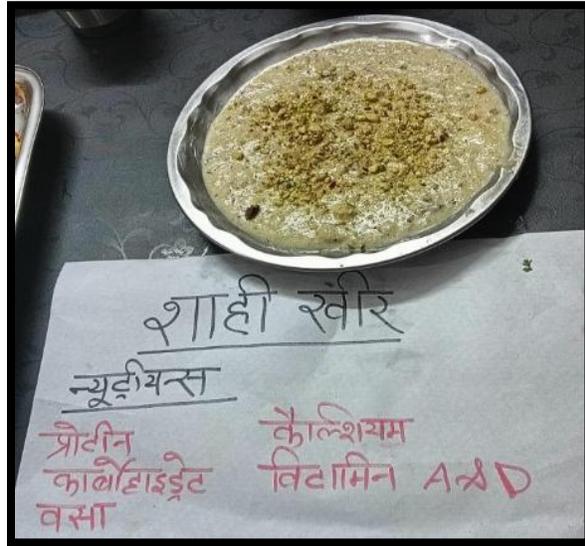
That day an activity (From Captivity to Freedom) was organized in our HAH, in which all the children participated.

Through this activity we freed the captive parrots from their hands while motivating them to follow the path of good deeds.



National Nutrition Month & Awareness Campaign was organized at HAH on 28th Sept 2024

- ❖ Cooking competition & awareness campaign was organized at HAH that day.
- ❖ Dietitian Mantasha gave information to all about the nutrients they should take, how much they should take & how they should take it.
- ❖ 14- Patients & 27- Caregivers were joined the campaign.
- ❖ All lady attendants cooked some healthy dishes together with the guidance of Dietitian Mantasha.
- ❖ After cooking, children were tasted the food items. They enjoyed very much to eating all dishes.





Mrs. Annu Sharma, Caretaker Daily Routine work

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensured that every child staying in the HAH should take all medicine on time.
- ❖ Counselling every new family before going in the room explained rules & regulations of HAH.
- ❖ Counselling all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provided welcome kit to the new family & received back, when family was discharged from HAH.
- ❖ Counselling all caregivers to keep the bathroom clean & flush after the use.
- ❖ Counselling about uses of induction cooktop.
- ❖ Kitchen & utensils cleanliness.
- ❖ Ration & Vegetables distribution.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ Nutrition distribution.
- ❖ Measuring fever in the morning & evening.
- ❖ Actively Participated all the HAH events & activities.





HAH counsellor (Ms. Kavita Nigam) provided individual and group counselling to all the families on HAH norms, hygiene, psychological, emotional & other important topics.



Children and Caregivers stayed in HAH during the quarter

- ❖ July Month: - Total 45 children & 81 caregivers stayed in HAH.
- ❖ August Month: - Total 50 children & 96 caregivers stayed in HAH.
- ❖ September Month: - Total 62 children & 115 caregivers stayed in HAH.

Poor Patient Support provided to the Children & families

During the quarter:

Monthly summary of Nutrition support, PPSA, MSF & Bereavement is given below:

Nutrition support provided to the patients and their families:

July 2024: - Rs. 22,648.00

August 2024: - Rs. 20,828.00

September 2024: - Rs. 26,403.00

Total nutrition support provided during this quarter Rs. 69,879/-

PPSA, Medical, Medical others & Bereavement support provided to the patients & their families:

July 2024: - Rs. 3,47,579.00

August 2024: - Rs. 5,10,560.00

September 2024: - Rs. 3,64,404.00

Total Medical support provided during this quarter Rs. 12,22,543/-

Thank You

