

VARSHA FOUNDATION

Home Away From Home (HAH)

Annual Audit : 2024 -2025



Varsha Foundation

440-A, Sant Nagar, Street No. 4 Burari

New Delhi – 110084

Website: <https://www.varshafoundation.org>

Email: info@varshafoundation.org

Phone: 9999945256



Dear Friends, Supporters, Donors, Partners, and Well-Wishers,

It gives me immense pleasure to present the Annual Report of Varsha Foundation for the year 2024–25. This year has been a remarkable journey of service, compassion, and hope as we continued our mission of supporting children battling cancer and their families through our flagship project, **Home Away From Home (HAH), Lucknow**.

At Varsha Foundation, we firmly believe that no child should be denied access to healthcare and treatment due to financial or social barriers. Guided by this belief, our team has worked tirelessly to provide safe accommodation, nutrition support, counselling, patient navigation, transportation assistance, educational support, and emotional care to children undergoing cancer treatment at KGMU, Lucknow.

During the year, we witnessed countless stories of courage and resilience. Our HAH continued to serve as a true home away from home, offering not only shelter but also dignity, comfort, and hope to families during one of the most challenging periods of their lives. Through regular counselling sessions, nutrition programs, awareness campaigns, recreational activities, celebrations of festivals, and community engagement initiatives, we endeavoured to create an environment where children could smile, learn, and dream despite their medical challenges.

We were privileged to collaborate with leading medical professionals, hospitals, donors, volunteers, social organizations, and community groups who strengthened our efforts through their guidance and support. I extend my heartfelt gratitude to our supporters, partners, trustees, staff members, volunteers, and well-wishers whose generosity and commitment have enabled us to touch many lives. Your trust continues to inspire us to do more.

I am also proud to share that the Foundation's work received recognition and appreciation from various institutions during the year, reaffirming our commitment to excellence, transparency, and meaningful social impact.

As we move forward, our resolve remains stronger than ever. We aspire to expand our services, reach more children in need, strengthen our support systems, and continue building a society where every child receives the care, treatment, and opportunities they deserve.

On behalf of the Board of Trustees and the entire Varsha Foundation family, I sincerely thank everyone who has been part of this noble journey. Together, we can continue bringing hope, healing, and happiness to countless children and families.

With warm regards and gratitude,

Arvind Kumar

Founder Member, Hon. President & Managing Trustee

Varsha Foundation



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INTRODUCTION AND LEGAL FRAMEWORK

ABOUT VARSHA FOUNDATION

Varsha Foundation entered in its 6th year of social services. Ever since the organization was formed, it is providing its services to weaker, marginalized, deprived sections of the society. Health is the one of the objectives and Varsha Foundation started its health activities and started its journey in 2019 when we established “Sneh Ashray” a home at Lucknow “Home Away from Home” (HAH) for children with cancer and their families. Now Varsha Foundation providing holistic care and support to children battling cancer. We are also running a Non-Formal Education Center (NFE) for underprivileged children aged 3 to 7 years in Aligarh (UP) and providing basic education and nutrition support to the children.

Varsha Foundation is a national level public charitable trust formed on 2nd April,2018 and registered in New Delhi under the Public Charitable Trust Act of India.

Vision statement

Build and develop a peaceful, healthy and harmonious society through a healthy and sustainable approach

Mission statement

To create and develop sustainable programs and projects that support women, children, Youth and others to live a prosperous life with full of quality and values to contribute to soil and society. Healthy society is a wealthy society.

Legal framework

Name of the organization	Varsha Foundation (Vigilant Admirable Reliable Spectacular Honest Ambitious Foundation)
Legal Status	Public Charitable Trust
Registration Status	Registered Trust
Registration number	1125
Date of Registration	22-06-2018
Date of Formation of Trust	02-04-2018
PAN of organization	AACTV7981P
80G Registration	AACTV7981PF20198 dated 28-05-2021
12A Registration	AACTV7981PE20198 dated 28-05-2021



CSR Registration	CSR00011960 dated 24-07-2021
NITI Ayog: NGO Darpan	Registered Unique ID: DL/2020/0270109
TAN	DLV20081F
Registered Office	440-A, Sant Nagar Burari, Street Number -4, Delhi -110084.
Project Office	A -1/24/ F1/FF/DLF, Ghaziabad, UP
Phone	+91-9999945256
Email	arvindkumar@varshafoundation.org
Website	www.varshafoundation.org
Contact person	Arvind Kumar, Hon. President, founder member and honorary Managing Trustee

Home Away from Home - Brief

Home Away from Home (HAH) Lucknow was inaugurated on 15th August' 2019, since than HAH has been continuously providing accommodation to the children & their families suffering from cancer along with holistic care & treatment support services such as medicine, investigation, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities & is providing services to the children undergoing treatment in the KGMU hospital. We are providing financial support, technical support, social support & treatment support services in the HAH.

Under the Project HAH we are providing following services & ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
- To Integrate project HAH into the treatment, care & support systems at the Hospital
- To improving the overall standards of treatment & care
- To provide atmosphere like home
- To focus on individual hygienic cooking facilities & common dining areas to cater to the children's individual taste, failing appetites & need for healthy nutrition, which is vital for the success of their treatment
- To focus on hygiene, proper storage of medicines, & information & support for proper follow up of Doctor's instructions
- To set up a school Room - to ensure that children continue to receive education through Non-Formal Education Program
- To provide emotional & Psychosocial support, outings, recreational & community activities.
- To provide transport facility between hospital & HAH
- To provide cooking facilities
- To provide administrative assistance
- Children to be sent to HAH are selected by doctors of KGMU Paediatrics Oncology department.
- Shri Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
- We are available 24 hours in HAH for help to the families in every situation.

HAH is equipped with the following instruments

- A. Oxygen Concentrator
- B. Battery operated spray machine & disinfectant solution.
- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine & disinfectant solution.



Play Room Activities

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way method with fun & various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Services by Dietitian

- A. Hygiene & sanitization in daily basis.
- B. Cleanliness check in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- D. Awareness sessions conducted for Hygiene.
- E. Importance of cleanliness of hands during food handling.
- F. Importance of hygiene in cancer treatment.
- G. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- H. Regular Follow-up with caregivers & patients in HAH for any query.
- I. Every week checked 24 hours of dietary recall of patients (Chart filled by patient's caregivers.)
- J. To keep monitoring patient's details like Height, Weight, MUAC & Haemoglobin.
- K. Combine session for group counselling.





Celebrations & Events

Monthly Birthday Celebrations

- ❖ On 8th April our prominent donors and supporters Mr. Yogendra Khanna and his elder brother Mr. Harsh Khanna both opened the eyes on this planet.
- ❖ Early morning HAH children reached house of Mr. Yogendra Khanna and Khanna and offer the birthday wishes to both of them. Children offered flowers buckeyes and lovely birthday card.
- ❖ Then we celebrated their birthday in the HAH also.
- ❖ 12- Patients & 24- Caregivers participated in the celebration.
- ❖ Packed nutrition items distributed to the children in the HAH.
- ❖ All the families enjoyed delicious food in the dinner together.



Ramzan Eid Celebration

- ❖ Holy Eid celebrated in the HAH with enthusiasm.
- ❖ The hall was decorated beautifully for celebration with decorative items.
- ❖ 12- Patients & 23- Caregivers participated in the celebration.
- ❖ Regular all religion prayers did before the celebration started.
- ❖ Distributed the 'Sweet Vermicelli' (Homemade) to everyone.
- ❖ Food item (Chocolates, Biscuits, Chhanch, & toffy) distributed to the children.
- ❖ All the families enjoyed foods & sweet vermicelli also wished each other on EID.
- ❖ All the children participated in the drawing competition.
- ❖ Snacks (samosa) distributed to caregivers & Staff.



Retinoblastoma Cancer Awareness Program in KGMU

- ❖ Retinoblastoma (RB) Cancer Awareness Program organized in pediatric Eye Department, KGMU Hospital Lucknow.
- ❖ Varsha Foundation invited to participate in the Cancer Awareness program.
- ❖ A message was delivered that Varsha Foundation provides medical, social, surgical, diagnostic services etc to the children braving RB Cancer.
- ❖ Varsha Foundation was present there and actively participated in heprogram.
- ❖ Prof Sonia Nityanand (Vice Chancellor), Dr. Nishant Verma, Dr. Sanjiv Kumar, Dr. Abbas, Dr. R.D Singh etc were present there.



Survivors Day Celebrated on 02nd June 2024

- First Sunday of Jun is National Cancer Survivor's Day. Every year celebrate this day so this year also we organised it on 2nd June'2024 in KGMU.
- Event was organized in the Kalam Center, KGMU, Lucknow.
- The purpose of this event is to create awareness that childhood cancer is curable if cancer is early diagnosed and treatment is given at paediatrics cancer treatment centre.
- Cancer survivor children, HAH children, doctors, para medical staff, well-wishers, donors, blood donors, other NGOs participated in the event.
- ISCKON Temple President with his team was also there in the event and blessed all the children.
- Firstly, the event started with lighting the lamp by Swami Aparimay Shyam Das Ji, Mr. Ramesh Maheshwari Ji, Mr. Anand Swarup Ji, Mr. Yogendra Khanna Ji, Dr. Shaila Chandra, Dr. Mala Kumar (HOD), Dr. Nishant Verma & a Survivor.
- Then everyone participated in the prayer with folded hands.
- After that, Saraswati Vandana dance performance was given by Muskan & Ganesh Vandana dance performance was given by Udaan Dance Group.
- Mr. Harsh Khanna expressed his gratitude to all the guests & gave information to everyone about Varsha Foundation.
- Mr. Arvind Kumar delivered welcome speech and honoured the guests by giving mementos & bouquets.
- **Dr. Nishant Verma**, Head Paediatrics Oncology Department delivered wonderful speech, it was very enthusiastic & energetic speech for survivors and children fighting the cancer. He gave the message to the audience that HAH is playing very important role in the treatment of the children.
- Later, our ideal **Sri Swami Aparimay Shyam Das Ji** (President, Isckon Temple) delivered the motivational speech. He gave spiritual speech on Shrimad Bhagwat Geeta & explained how God shower his blessings on all of us. All that is needed to chant the name of the lord.
- **Dr. Mala Kumar** (HOD Paediatrics) was present there to increase the enthusiasm of the audience. She gave wonderful speech regarding Varsha Foundation Team; She told the people about the role of Varsha Foundation & how Varsha Foundation helping to the children with cancer and providing all kind of medical support to children. She appreciated the efforts of Varsha Foundation & the work being done by the organization at the grassroots level.
- **Dr. Tulika Chandra** (HOD Blood Bank) was also participated and gave wonderful speech regarding Varsha Foundation Team, she told the audience about the role of Varsha Foundation in arranging the blood donors.



- Blood donors were honored by presenting mementos for commendable work of donating blood for cancer patients.
- Some Cancer survivors were shared their experiences of struggle during the treatment period & inspired the audience.
- Some Survivor kids were performed on stage like Dancing singing etc.
- Vote of thanks speech given to all by Mr. Arvind Kumar.
- The event was closed after distributed gifts to the all children and their siblings.

Lighted the lamp by Swami Aparimay Shyam Das Ji, Mr. Ramesh Maheshwari Ji, Mr. Anand Swarup Ji, Mr. Yogendra Khanna Ji, Dr. Shaila Chandra, Dr. Mala Kumar (HOD), Dr. Nishant Verma & a Survivor kid.





Participated in all the people in HAH Prayer.



Address to children & their parents by Hon. President Mr. Arvind Kumar.



Address to the children & their families by Dr. Nishant Verma.



Address to the children & their families by Dr. Mala Kumar, HOD Pediatric.



Mr. Arvind Kumar honoured to Dr. Mala Kumar by given bouquet & memento.



Address to the children & their families by Dr. Tulika Chandra, HOD Blood Transfusion.



HAH Caretaker Daily Routine work

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensured that every child staying in the HAH should take all medicine on time.
- ❖ Counselling every new family before going in the room explained rules & regulations of HAH.
- ❖ Counselling all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provided welcome kit to the new family & received back, when family was discharged from HAH.
- ❖ Counselling all caregivers to keep the bathroom clean & flush after the use.
- ❖ Counselling about uses of induction cooktop.
- ❖ Kitchen & utensils cleanliness.
- ❖ Ration distribution.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ Nutrition distribution.
- ❖ Actively Participated all the HAH events & activities.



Weekly Nutrition Activity (Pneer Pakoda to all the families..)



HAH Counsellor (Ms. Kavita Nigam) counselled all the families & also provided psychological counselling through individual & group counselling.



Team Varsha honored the doctors on National Doctor's Day

Dear Doctors, You support, encourage, advice, easy worries, calm fears... What you do is a blessing to so many.

Thank you for all the ways you make a difference.

You are not just a wonderful doctor but a wonderful Human being too.



Celebrated Independence Day on 15th Aug 2024

- ❖ That day Independence Day was celebrated in the HAH.
- ❖ Varsha Foundation in Lucknow successfully completed 5 Years & entered in the 6th Year on 15th August 2024.
- ❖ A total of 45 people presented that day. In which HAH Staff = 7, Children = 13, Caregivers = 25.
- ❖ First of all, in the morning a kid hoisted the National Flag & then everyone sang the National Anthem.
- ❖ The hall was fully decorated with tricolours balloons.
- ❖ Sweet laddu were distributed to all the families.
- ❖ After this all the children were dancing together filled with happiness.
- ❖ Finally, the celebration was concluded by distributing snacks (Samosa) to everyone.



Raksha Bandhan Celebration on 19th Aug 2024

- ❖ That day, we celebrated Raksha Bandhan one of the biggest festivals in HAH. The festival of Rakhi is a bond of love & Care between brother & sister.
- ❖ On this occasion children living with cancer celebrated Raksha Bandhan at HAH. Girls tied Rakhi to boys & boys gave gifts & cash envelopes to girls.
- ❖ The festival celebrated in a homely atmosphere & no family living in HAH should feel that they are away from home.
- ❖ Total 29 peoples were there, Caregivers (18), Patient (09) & Staff (02).
- ❖ At last, some children enjoyed a lot & dance together.



Lord Krishna Janmashtami Celebration on 26th Aug 2024

- ❖ That day, we celebrated Shri Krishna Janmashtami the birthday of lord Shri Krishna at HAH.
- ❖ A beautiful Pandal decorated with flowers & full of lighting for Lord Shri Krishna & they were placed there.
- ❖ Two children were dressed up as Radha - Krishna.
- ❖ 18- Patients & 32- Caregivers were participated the celebration that day.
- ❖ A magic show was also shown for children. The magician was entertaining & surprising to the children with his magical tricks.
- ❖ Celebration started with prayer, Lord Krishna aarti & bhog.
- ❖ Everyone worships Lord Krishna & took blessings.
- ❖ Distributed Prashad & fruits to all, also distributed packed food items & gifts to the children.



Varsha Foundation organized an activity from Captivity to Freedom on 22nd Sept 2024

That day an activity (From Captivity to Freedom) was organized in our HAH, in which all the children participated.

Through this activity we freed the captive parrots from their hands while motivating them to follow the path of good deeds.



Nutrition Month & Awareness Campaign was organized at HAH on 28th Sept 2024

- ❖ Cooking competition & awareness campaign was organized at HAH that day.
- ❖ Dietitian Mantasha gave information to all about the nutrients they should take, how much they should take & how they should take it.
- ❖ 14- Patients & 27- Caregivers were joined the campaign.
- ❖ All lady attendants cooked some healthy dishes together with the guidance of Dietitian Mantasha.
- ❖ After cooking, children were tasted the food items. They enjoyed very much to eating all dishes.



HAH counsellor provided individual and group counselling to all the families on HAH norms, hygiene, psychological, emotional & other important topics.



Hawan – Puja at the HAH on 05th October’ 2024

On the auspicious occasion of Navratri, a sacred **Hawan Puja** was organized at HAH with a special intention – to pray for the **good health, strength, and recovery of children battling cancer**. The ritual also served as a moment of collective healing, where **all attendees actively participated** in offering prayers and positive energy.

The Hawan was conducted with devotion and traditional Vedic rituals under the guidance of a priest, invoking the blessings of **Maa Durga** in her nine powerful forms (Navadurga). The atmosphere was filled with chants, sacred fire offerings, and a shared spirit of compassion.

The key purpose of the Hawan was:

- To pray for the **well-being and healing** of cancer-affected children.
- To offer **peace and strength** to all those suffering from illness or hardships.
- To bring together everyone in a spirit of **unity, support, and devotion**.

All participants – including community members, caregivers, and well-wishers – took part in the offerings (Ahutis) and joined in the recitation of mantras. The puja concluded with **Aarti and Prasad distribution**, leaving everyone with a sense of peace and divine grace.

This meaningful event during Navratri was a reminder of the power of **collective prayer and compassion**, and the importance of supporting each other through faith and unity.



World Food Day celebration

On the occasion of World Food Day, the Inner Wheel Club of Lucknow Baradari, in collaboration with the Varsha Foundation, organized a heartfelt food distribution drive at King George’s Medical University (KGMU), Lucknow.

To mark this day dedicated to global food security and ending hunger, the team distributed Khichdi and Meethi Boondi—simple yet nutritious and comforting meals—to patients’ attendants and those in need around the hospital premises.

This thoughtful initiative was a reflection of the spirit of World Food Day: serving the underprivileged, raising awareness about hunger, and promoting access to wholesome food. The collaboration between the two organizations demonstrated the power of collective action in addressing basic human needs with dignity and compassion.



Diwali Celebrated in the HAH

This Diwali, the spirit of the festival came alive at **HAH** as a special celebration was organized for **cancer-affected children and their attendants**. The event was filled with laughter, love, and moments of pure joy, reminding everyone that true celebration lies in bringing smiles to others.

The children were treated to a **magical experience** with a live **magic show, fun games**, and engaging activities designed to lift their spirits. The atmosphere was festive and full of energy as the little ones participated with excitement and enthusiasm.

A delicious spread of **festive food** was served, making the day even more memorable. In addition, **permissible items, goodies**, and **patakha guns** were distributed to ensure the children could enjoy the festival safely and happily.

This heartfelt celebration aimed not just to mark the occasion but to create lasting memories for these brave young fighters. It was a beautiful reminder that even in the midst of challenges, joy, love, and togetherness can light up lives.





Children's Day was celebrated on 14th November' 2024

On 14th November 2024, **Varsha Foundation in collaboration with Inner Wheel Club of Lucknow Baradari** celebrated **Children's Day** with great enthusiasm at the Department of Pediatric Surgery, King George's Medical University (KGMU), Lucknow.

The children cut the cake along with Pro Vice Chancellor Dr. Apjit Kaur, which became a special and emotional moment of the ceremony.

Snacks and toys were distributed to the children at the event, spreading smiles and happiness on their faces.

Many eminent personalities including **Pro Vice Chancellor Dr. Apjit Kaur, Head of Department Dr. J.D. Rawat and Dr. S.N. Kureel** were present at the event. **Mr. Harsh Khanna, Mentor and Governance Advisor, Varsha Foundation** was also present along with **Dr. Meetul Rastogi (President, Inner Wheel Club of Lucknow Baradari)** and her dedicated team. All the guests and associates were felicitated with flower bouquets and plants, which not only symbolizes hospitality but also gives the message of environmental protection. The Varsha team also participated actively, ensuring that the event was both meaningful and memorable.

Their collective efforts created a warm and festive atmosphere that emphasized the importance of compassion, caring and community support for children with health challenges.



Blood Donation Camp at Hariom Mandir on 17th November' 2024

A Blood Donation Camp was successfully organized at Hariom Mandir, Lalbagh by the **Shri Sathya Sai Sewa Organization**. The event saw enthusiastic participation from various individuals and organizations committed to the cause of saving lives.

Varsha Foundation actively participated in the camp, demonstrating its dedication to social welfare. We are proud to share that two of our staff members also contribution.

ted by donating blood, setting an inspiring example of community service and compassion.

We extend our heartfelt thanks to **Shri Sathya Sai Sewa Organization** for conducting such a meaningful initiative and providing us with the opportunity to be a part of this noble cause.



Blankets Distribution by Mrs. Dolly Rastogi on 16th December' 2024

As part of the ongoing Winter Drive, Dolly Rastogi Ma'am visited Home Away From Home (HAH) and distributed blankets to the families living there.





Birthday Celebration

The children at Home Away From Home (HAH) had a delightful and heartwarming experience as they celebrated the birthday of Ananya, the beloved granddaughter of Veena Ma'am, a devoted supporter of HAH.

The celebration was filled with happiness, movement, and meaningful moments, featuring:

🍰 A joyful cake-cutting ceremony

🎁 Distribution of snacks and tasty treats

🧸 Toys gifted to the children, bringing bright smiles

💃 A fun-filled dance session, where Ananya and the children danced together with excitement and joy

The event created a truly festive and uplifting atmosphere, offering a beautiful break from the routine for children and their families. Ananya's birthday became a shared celebration, full of laughter, music, and connection.

"We extend our heartfelt thanks to Veena Ma'am and her family for making Ananya's birthday a joyful experience for our children. The energy, the generosity, and the shared moments will be cherished by all."



Christmas Day Celebration on 25th December' 2024

Christmas at Home Away From Home (HAH) was nothing short of magical this year. The entire hall was transformed into a festive wonderland – adorned with twinkling lights, colorful decorations, and a beautifully decorated Christmas tree, which stood tall as the centerpiece of joy.

👴 The highlight of the celebration was the arrival of Santa Claus, who brought cheer, laughter, and gifts for all. Santa cut the cake with the children, filling the hall with excitement and festive spirit.

🎁 Following the cake-cutting ceremony:

Snacks and toys were distributed to the children

Many donors visited HAH that day and distributed woolen clothes, caps, socks, and gloves for the children

Ladies' attendants received cardigans and socks

Gents' attendants were given sweaters and socks

👴 Everyone – children, attendants and guests – wore Santa caps, creating a unified sea of red and white as they celebrated the day with smiles and warmth.

🍽️ To end the beautiful evening, everyone enjoyed a delicious Christmas dinner featuring:

Chhole Bhature

Jeera Rice

Aloo Masala

And the much-loved Gulab Jamun for dessert



New Year Celebration at the HAH on 01st January' 2025

The beginning of a New Year brings with it a fresh wave of hope, joy, and new possibilities. At the HAH, this spirit was beautifully celebrated with our brave little warriors – the children battling cancer – who welcomed the New Year with wide smiles and shining hearts.

The celebration was filled with laughter, music, and heartfelt moments. The children, along with the dedicated HAH team, enjoyed a day full of fun and festivities.

Decorations and colorful balloons added to the festive atmosphere, turning the space into a place of warmth and cheer. Permissible food items were distributed to the children, and the joy in the children's eyes made it a truly unforgettable day.



Republic Day Celebration on 26th January' 2025 at the HAH

The 76th Republic Day was celebrated with great joy and patriotic fervor at HAH, in the warm company of cancer warrior children and their attendants.

The event was honored by the presence of **Mr. Arvind Kumar, Hon. President of Varsha Foundation, Prof. Nishant Verma, Dr. Vinod from KGMU, Lucknow, and**

Mr. Wafa Abbas, Chairmen of Amber Foundation, along with Team Varsha, whose collective presence made the occasion even more meaningful.

The program began with a flag hoisting ceremony, followed by the national anthem, which filled the atmosphere with pride. One of the most delightful moments was **the puppet show**, which brought smiles and laughter to the children's faces and was thoroughly enjoyed by all.

A delicious and festive meal was served, including **boondi laddu, chhola-bhatura, jeera rice, masala aloo, papad, pakora, finger chips, and the all-time favorite gulab jamun**. The food added flavor to the celebration and was enjoyed by all.





International Childhood Cancer Awareness Activity at HAH on 15th February' 2025

On the occasion of International Child Cancer Awareness, an educational and engaging activity was conducted at HAH to raise awareness and promote better care for children undergoing cancer treatment.

Our **dietitian Miss. Mantasha Wahab** conducted an informative session on the importance of nutrition, healthy eating and maintaining hygiene during treatment. Additionally, our **caretaker Mrs. Anupam Sharma** led a session focusing on the importance of personal hygiene, administering medicines on time and maintaining cleanliness in the HAH premises.

These sessions provided valuable guidance to both the children and their caregivers, helping them understand the small but important steps that contribute to better health and recovery.

We thank our team for their dedication and making this awareness event impactful and meaningful for all participants.



Pediatric Surgery Department and Varsha Foundation Celebrate International Childhood Cancer Day on 22nd February' 2025

The Pediatric Surgery Department, in collaboration with Varsha Foundation, Lucknow, commemorated International Childhood Cancer Day on 22nd February 2025 with a heartwarming event dedicated to raising awareness and spreading hope among children battling cancer.

The event was graced by the presence of esteemed dignitaries including **Prof. (Dr.) Soniya Nityanand, Vice Chancellor; Prof. (Dr.) Apjit Kaur, Pro Vice Chancellor; Dr. J.D. Rawat, Head of the Department of Surgery; and Prof. Nishant Verma, Head of the Oncology Department.** Also in attendance were members of the **Ex-Servicemen Wives Welfare Association**, renowned pediatricians, and the dedicated team from Varsha Foundation.

As part of the celebrations, **Dr. Soniya Nityanand cut a special cake with the children and personally distributed toys**, adding moments of pure joy and excitement for the children. The event served as a powerful gesture of solidarity and compassion, reminding everyone that small acts of kindness make a big difference in the lives of children fighting cancer.

The program featured:

- Educational talks by pediatric surgeons and oncologists
- Awareness sessions on early detection and treatment
- A special tribute to caregivers and healthcare workers

Speaking at the event, **Dr. Nityanand** emphasized the importance of holistic care and community involvement in the fight against childhood cancer. **“These children are true warriors. As a medical community, it is our responsibility to stand beside them, not just as caregivers, but as champions of their courage,”** she said.

Everyone appreciated this event organized by Varsha Foundation and also appreciated the help being provided to poor patients by the Foundation.

Such events create positive thinking and awareness towards cancer patients in the society.





Varsha Foundation was awarded by the Inner Wheel Club of Lucknow Baradari on 25th February' 2025

Varsha Foundation was awarded by the Inner Wheel Club of Lucknow Baradari for its noble cause – **providing accommodation, medical care, nutrition, ration support, transportation, non-formal education, counselling, and psychological support** to cancer-affected children and their families.



Holi Celebration at the HAH on 12th March' 2025

On the vibrant occasion of Holi, Varsha Foundation organized a joyful celebration at the HAH Hall, beautifully adorned with colorful craft decorations that set the perfect festive mood. The event witnessed enthusiastic participation from patients, caregivers, staff, and families, all coming together to celebrate the festival of colors.

👥 Participants:

15 Patients

28 Caregivers

06 Staff Members

The celebration began with a prayer, followed by a drawing competition, where children expressed their creativity and joy through colorful art. The atmosphere was filled with smiles and laughter.

We were honored by the presence of our respected mentor, Khanna Sir, who joined the celebration and personally applied gulal to all the children, spreading warmth and love. His presence made the day even more special for everyone.

🍽️ Delicious festive treats were distributed to all the children, including:

Gujiya, chocolates, popcorn, chips, Badam shake, biscuits, and other goodies.

🎁 Each child also received a Pichkari as a gift to mark the celebration.

🌈 The event continued with the Holi celebration, where everyone joyfully applied herbal gulal to each other and took part in "Phulon ki Holi" (Braj ki Holi), recreating the traditional spirit of Holi with love, colors, and laughter.



Warm hugs and cheerful greetings were exchanged as everyone came together to celebrate Holi in its true essence – filled with unity and happiness.

♥ Varsha Foundation extends heartfelt thanks to all participants for making the event memorable and meaningful.



Eid Celebration at the HAH on 31st March' 2025

The spirit of Eid was beautifully celebrated at HAH with warmth, joy, and togetherness.

The event was marked by the distribution of homemade Meethi Seviyaan (sweet vermicelli), along with chips, biscuits, juice, chocolates, and peanuts.

In the evening, a warm and delicious dinner was lovingly organized for the families, which included:

❏ Poori, Rice and Matar Paneer.

The children embraced the festive spirit by exchanging hugs and cheerful wishes of Eid Mubarak, creating a heartwarming and memorable celebration.



OUR SUPPORTER AND WELL-WISHERS

S.No.	Name
1	Sunita Khanna
2	Mohini Devi S S Trust
3	Usha Mathur
4	Shrijee Process Engineering Works Limited
5	SRRF
6	Dr. Shaila Chandra
7	Abhinesh Dhandhanian
8	Sumati Bhatia
9	Naina Jhunjunwala
10	Neha Jhunjunwala
11	Sona Devi Maheshwari Public Welfare Trust
12	Logilite Pvt Ltd
13	Dr. Pushpa Bhatia
14	Aro Atria Construction Pvt Ltd
15	Justice Lokeshwar Prasad
16	JF Biogas India Pvt Ltd
17	PC Saxena
18	Subhash Mittal
19	Deepak Bansal
20	Neelam Khandelwal
21	Kshama Dhir
22	India Pesticide Ltd
23	Sarika Suri

FINANCIAL STATEMENTS

Varsha Foundation
Balance Sheet as at 31 March 2025
(All amounts in ₹ 000, unless otherwise stated)

	Schedule	As at 31 March 2025	As at 31 March 2024
Sources of funds			
Funds			
Restricted funds	1	7,100.00	5,100.00
Unrestricted fund	2	2,685.47	1,348.54
Liabilities			
Current liabilities	3	34.78	85.11
		9,820.25	6,533.65
Applications of funds			
Non-current assets			
Property, plant and equipment	4	449.37	457.50
Current assets, loans and advances			
Cash and bank balances	5	9,192.63	5,911.48
Loans and advances	6	161.47	158.93
Other current assets	7	16.78	5.74
		9,820.25	6,533.65

Summary of significant accounting policies and notes to the financial statements

This is the Balance Sheet referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements.

For KAPISH JAIN & ASSOCIATES
 Chartered Accountants
 Firm's Registration No.: 0224743N


KAPISH JAIN
 Partner
 Membership No.: 314162



Place: New Delhi
 Date: 20.09.2025

For and on behalf of VARSHA FOUNDATION




ARVIND KUMAR
 President


PARSHANT KUMAR
 Treasurer

Varsha Foundation

Income and Expenditure Account for the year ended 31 March 2025

(All amounts in ₹,000 unless otherwise stated)

	Schedule	Year ended 31 March 2025	Year ended 31 March 2024
Income			
Grants and donations	8	9,251.46	6,948.66
Other income	9	460.03	307.31
		<u>9,711.49</u>	<u>7,255.97</u>
Expenditure			
Program expenses	10	7,826.00	6,148.71
Depreciation	4	69.03	69.44
General and administrative expenses	11	479.53	422.58
		<u>8,374.56</u>	<u>6,640.73</u>
Surplus/Deficit for the year		<u>1,336.93</u>	<u>615.24</u>
Amount Utilized From Fund Set Apart		-	-
Surplus/Deficit for the year transferred to General reserve fund		<u>1,336.93</u>	<u>615.24</u>

**Summary of significant accounting policies and notes
to the financial statements**

This is the Income and Expenditure Account referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements.

For KAPISH JAIN & ASSOCIATES

Chartered Accountants

Firm's Registration No.: 0224743N


KAPISH JAIN
Partner
Membership No.: 514162



For and on behalf of VARSHA FOUNDATION


ARVIND KUMAR
President


PARSHANT KUMAR
Treasurer

Place: New Delhi
Date: 20.09.2025

No child should be denied the right to access health care services and medical treatment

COMMITMENT

Varsha Foundation is a public charitable trust established on 2nd April,2018 and registered in New Delhi India. It is growing fast to serve the marginalized community and society. It is in a startup phase and we have to travel a long journey to achieve principal aims and objectives of the trust.

The objectives of the Trust shall be wholly for the public and charitable purposes and incomes shall be applied for the same and accumulated in India wholly for public & charitable purposes without prejudice to generality of provisions and shall be deemed to be the principal objectives of VARSHA Foundation

Appeal

Varsha foundation has initiated a small step and would like to contribute a little bit to the support to the treatment of childhood cancer. You can help us, if you are able, we would love it if you could make a donation and contribution to achieve this mission.

For your generous contribution, please contact to:

Arvind Kumar, Hon President: 9999945256

Email: arvindkumar@varshafoundation.org

Registered Office
440-A, Sant Nagar
Burari,
New Delhi – 110084
Tel: 9999945256

Head Office
A1-24, First Floor
DLF, Ghaziabad
UP
Tel: 7827723542

Lucknow Office
Home Away from Home (HAH)
456, 306, Sajadbagh Colony
Lucknow (UP)
Tel: 8218027224

info@varshafoundation.org

Website: www.varshafoundation.org

