



VARSHA FOUNDATION

Annual Audit Report

2022-23



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Dear Friends and Colleagues,

It gives me immense pleasure to present the Annual Report of Varsha Foundation for the financial year 2022-23, marking our proud transition into our 5th year of dedicated social service. Since our inception on April 2, 2018, our guiding light has been a commitment to the weaker, marginalized, and deprived sections of society. We operate on a fundamental belief that defines our core philosophy: *A healthy society is a wealthy society.*

Our primary journey into structured healthcare began in 2019 with the establishment of "Sneh Ashray" in Lucknow. This "Home Away from Home" (HAH) provides critical holistic care, accommodation, and comprehensive treatment support for children battling cancer and their families. Over the past year, this facility has remained an essential sanctuary, ensuring that outstation families have an affordable, child-appropriate space to rest, recover, and heal while undergoing treatments at KGMU Hospital. Beyond healthcare, we continue to bridge educational gaps through our Non-Formal Education Center (NFE) in Aligarh, UP, offering foundational education and vital nutritional support to underprivileged children aged 3 to 7.

This year has been an extraordinary journey of milestones. We hosted our first-ever large-scale external celebration on National Cancer Survivors Day, honoring not just our brave children but also 40 blood donors who stepped forward selflessly during the testing times of the pandemic. Our work has been further recognized by institutional bodies, including a special live broadcast feature by the team at FM Rainbow Radio, Lucknow.

None of this would be possible without our deeply valued partnerships. We express our profound gratitude to our implementing partner, Cankids...Kidscan, for their unwavering financial, technical, and social backing. We also extend our heartfelt thanks to the Eshwar Child Welfare Foundation, Satya Sai Sewa Sansthan Organization, the Rotary Club, Inner Wheel Club, and our dedicated pool of medical professionals, local donors, and well-wishers.

As a young, rapidly growing public charitable trust, we recognize that we are still in a foundational phase and have a long journey ahead to fully realize our grand vision. We firmly believe that *no child should be denied the right to access healthcare services and medical treatment due to financial lack.*

I invite you to read through our achievements, activities, and financial summaries in this report. If you are able, we look forward to your continued generous support, donations, and collaboration to help us build a healthier, more harmonious tomorrow.

Warm regards,

Arvind Kumar

Hon. President, Founder Member, and Honorary Managing Trustee

Varsha Foundation



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INTRODUCTION AND LEGAL FRAMEWORK

ABOUT VARSHA FOUNDATION

Varsha Foundation entered in its 5th year of social services. Ever since the organization was formed, it is providing its services to weaker, marginalized, deprived sections of the society. Health is the one of the objectives and Varsha Foundation started its health activities and started its journey in 2019 when we established “Sneh Ashray” a home at Lucknow “Home Away from Home” (HAH) for children with cancer and their families. Now Varsha Foundation providing holistic care and support to children battling cancer. We are also running a Non-Formal Education Center (NFE) for underprivileged children aged 3 to 7 years in Aligarh (UP) and providing basic education and nutrition support to the children.

Varsha Foundation is a national level public charitable trust formed on 2nd April, 2018 and registered in New Delhi under the Public Charitable Trust Act of India.

Vision statement

Build and develop a peaceful, healthy and harmonious society through a healthy and sustainable approach

Mission statement

To create and develop sustainable programs and projects that support women, children, Youth and others to live a prosperous life with full of quality and values to contribute to soil and society. Healthy society is a wealthy society.

Legal framework

Name of the organization	Varsha Foundation (Vigilant Admirable Reliable Spectacular Honest Ambitious Foundation)
Legal Status	Public Charitable Trust
Registration Status	Registered Trust
Registration number	1125
Date of Registration	22-06-2018
Date of Formation of Trust	02-04-2018
PAN of organization	AACTV7981P
80G Registration	AACTV7981PF20198 dated 28-05-2021
12A Registration	AACTV7981PE20198 dated 28-05-2021
CSR Registration	CSR00011960 dated 24-07-2021
NITI Ayog: NGO Darpan	Registered Unique ID: DL/2020/0270109
TAN	DLV20081F
Registered Office	440-A, Sant Nagar Burari, Street Number -4, Delhi -110084.
Project Office	A -1/24/ F1/FF/DLF, Ghaziabad, UP
Phone	+91-9999945256
Email	arvindkumar@varshafoundation.org
Website	www.varshafoundation.org
Contact person	Arvind Kumar, Hon. President, founder member and honorary Managing Trustee



Programmes and Activities

1. Home Away from Home (HAH) in Lucknow
2. Medical and diagnostic support to children suffering from Cancer
3. Awareness program activities
4. Bereavement support to needy families
5. Financial support for food, transportation, documentation to poor families
6. Patient navigation
7. Partnering with other NGO working for girls' education and on childhood cancer



Introduction and framework

Home Away from Home (HAH) Lucknow was inaugurated on 15th August' 2019, since than HAH has been continuously providing accommodation to the children and their families suffering from cancer along with holistic care and treatment support services such as medicine, education, counselling, transportation, financial support etc.

The HAH is fully functional with all household facilities and is providing services to the children undergoing treatment in the KGMU hospital. Cankids...Kidscan is an implementing partner and providing financial support, technical support, social support and treatment support services in the HAH.

Under the Project HAH we are providing following services and ensuring:

- To provide outstation families with affordable, child appropriate accommodation during treatment
 - To Integrate project HAH into the treatment, care and support systems at the Hospital
 - To improving the overall standards of treatment & care
 - To provide atmosphere like home
 - To focus on individual hygienic cooking facilities and common dining areas to cater to the children's individual taste, failing appetites and need for healthy nutrition, which is vital for the success of their treatment
 - To focus on hygiene, proper storage of medicines, and information and support for proper follow up of Doctor's instructions
 - To set up a play room cum school Room – to ensure that children continue to receive education through Non-Formal Education Program and doing child friendly activities.
 - To provide emotional and Psychosocial support, outings, recreational and community activities.
 - To provide transport facility between hospital and HAH
 - To provide cooking facilities
 - To provide administrative assistance
- 1) Children are selected by Dr. Nishant Verma for HAH stay and Dr. Nishant Verma held responsibility. Cankids social support team to send the children to HAH once identified and finalized.
 - 2) Eshwar Child Welfare Foundation and Satya Sai Sewa Sansthan Organization every week & regularly providing ration to the HAH.
 - 3) Cankids social support team visits at HAH regularly ensuring comfort stay of children and their families at HAH.
 - 4) Annu Sharma patient navigator cum HAH Care Taker & Rohit Mishra Supervisor are available 24 hours in HAH for help to the families in every situation.
 - 5) Counsellor visits two days in a week.
 - 6) Dietitian cum tutor in coordination with Cankids dietitian working in HAH and providing support to children and families to improve the health of children.



HAH is equipped with following instruments & items to fight with Covid19 and to provide immediate support in emergency

- A. Oxygen Concentrator
- B. Battery operated spray machine and disinfectant solution.
- C. Infrared Thermometer
- D. Oximeter
- E. Glucometer
- F. BP instrument
- G. Hand sanitizer
- H. PPE Kit
- I. Gloves
- J. Masks
- K. Floor disinfectant solution
- L. Ambulance on call in case of any emergency

At HAH premises, the following care is being followed

We are taking every precaution to prevent the potential spread of the virus. The following protocols have been implemented in HAH:

1. Hand sanitizer is available at entrance area and patients/caregivers are instructed to use it on their arrival and departure.
2. It is mandatory for patients/caregivers to use face masks whenever they go out or enter HAH.
3. As it is declared a global epidemic, we are taking temperature and checking oxygen level every day in the morning and evening of all patients/caregivers.
4. We recommend daily that patients and parents should avoid close contact with those who suffer from respiratory insufficiency.
5. On daily basis we ask them to wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing. Always wash hands with soap and water if hands are visibly dirty.
6. We also ask them to use an alcohol-based hand sanitizer provided to each family in HAH.
7. We recommend them avoid touching your eyes, nose and mouth if they go out to hospital for treatment and it is advised that they should not join large crowds or gatherings.
8. Clean and disinfect frequently the touched objects and surfaces using a household cleaning spray or wipe.
9. We are screening all the patients/attendants before entering the HAH.
10. Now Covid-19 situation is normalized so we are allowed to Outsider / visitors for visit the HAH but not more than five persons & Cankids team are allowed to visit the HAH.



Weekly Sanitization of HAH Building

- We are doing complete sanitization of HAH building every week by spray machine and disinfectant solution.
- Main gate of building, walls and E-Rikshaws are sanitized on daily basis.



Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way mood with fun and various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Routine services by Dietitian

- A. Hygiene and sanitization in daily basis.
- B. Cleanliness check in Kitchen area as well as utensils.
- C. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- D. Awareness sessions conducted for Hygiene.
- E. Importance of cleanliness of hands during food handling.
- F. Importance of hygiene in cancer treatment.
- G. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- H. Regular Follow-up with caregivers and patients in HAH for any query.
- I. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient's caregivers.)
- J. To keep monitoring patient's details like Height, Weight, MUAC and Haemoglobin.
- K. Combine session for group counselling.



Mrs. Annu Sharma, patient navigator / HAH caretaker Daily

Routine work

Housekeeping and Hygiene maintenance

- Supervise cleaner's work to ensure that entire building is neat and clean always.
- Supervise every day that all rooms, bathrooms, kitchen, play room, dining area etc are properly cleaned with disinfection solutions.
- Guide and sensitize families to keep rooms, bathrooms, kitchen, dining area neat and clean.
- To ensure that surrounding of HAH building is always neat and clean. Ensure cleaner does the cleaning every day in front of the building including main gate.
- Ensure that all patients and family members remove their sleepers, shoes and keep in designated place at entrance area and use sleepers and shoes kept for inhouse use only. This practice helps in maintaining hygiene and bacteria free HAH.
- Ensure to clean overhead water tanks once in three months
- Taking sessions regularly on personal hygiene, distribution of sanitary napkins.

Patients' navigation

- Provided welcome kit to the new family & received back, when family leaving the HAH.
- Counselling Every new family before going in the room explain rules & regulations of HAH.
- Give proper practical training to each new comer family member how to use induction cooktop and other electric appliances available in the HAH.
- Close monitoring & facilitate the comfort stay of families.
- Counseling families to ensure that they are giving medicines to children on time as prescribed by doctor.
- Consult in the evening everyday to make list of patients have to go hospital next morning and inform supervisor to arrange E-Rikshaw accordingly.
- In the morning coordinating with families going to hospital and ensuring that they should go to the hospital on time.
- Verifying that all families returned back to the HAH from hospital till evening.
- Meeting with HAH coordinator whenever he visits to HAH



Administrative and other responsibilities

- Assist supervisor in distribution of ration.
- Assist in all celebrations, birthday, events, festivals etc.
- Assist in maintenance of stock of ration, all inventories and other items.
- Assist play room teacher, assist bringing children in the play room.
- Implanting reintegration program - Beauty Parlor.
- Assist in office administration in absence of supervisor



Family Counselling by Mr. Sanjeev Yadav



HAH Counsellor (Ms. Kavita Nigam) Counselling All Families by Individual & Group



Children and Caregivers stayed in HAH during the quarter

- ❖ April Month: -Total 27 children (18-Old &9-New)&50caregivers stayed in HAH.
- ❖ May Month:-Total 28 children (13-Old &15-New)&52caregivers stayed in HAH.
- ❖ June Month:-Total 27 children (19-Old &8-New) &51caregivers stayed in HAH.

Medical and Poor Patient Support provided to the Children and families

It was biggest challenge in front of patients and families to arrange the fund for medicine, living, diagnostic, transport etc. Varsha Foundation came forward and immediate financial support provided to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement& bereavements. Monthly summary of bereavement, PPSA& MSF is given below:

Quarter -1 Medical Support

PPSA, Medical, Medical others & Bereavement support provided to the patients & their families:

April 2022: - Rs.59,680.00

May 2022: - Rs.1,04,656.00

June 2022:- Rs. 1,42,577.00

Activities Celebrations and Events

Monthly Birthdays Celebration

- Total 46 people were present there. Staff -5, Caregivers – 29 and Patients- 12.
- The celebration started with all religion prayer, all the children, their family members, staff and visitors participated in the prayer.
- Children cut the cake and distributed to all.
- Gifts and food item (Chips, Biscuit, cake, Chocolate, Milk shake and toffy) distributed to the children.
- Some caregivers also gave gifts to the Birthday girl & special birthday gift was given by Varsha Foundation.



Eid Celebrated on 3rd May 2022

- ❖ All children & their caregivers celebrated Eid in HAH.
- ❖ 14- Patients & 22- Caregivers attended the celebration that day.
- ❖ All families cooked sweet vermicelli & enjoyed delicious food together.
- ❖ Snacks- Biscuits, Chips, Popcorns & Juices distributed to all.



National Cancer Survivors Day Celebration on 5th June 2022

- ❖ National Cancer Survivors Day celebrated on 5th June, 2022. The event was celebrated in J.C. Guest House Lucknow. It was first celebration organized by Varsha Foundation outside the HAH in the Lucknow.
- ❖ Around 60 cancer survivor children and their families were invited, these all children have been stayed in HAH in last three years. The children and their families living in the HAH also participated in the celebration. Medical staff, doctors, paramedical staff, blood donors, HAH well-wishers and donors and supporting local NGOs SSSSO, Innerwheel, Illa Swabhiman Trust, Eshwar Child Welfare Trust were also present in the celebration. Dr. Yogita Bhatia from Cankids...Kidscan was there in the celebration. Media personals were also there to cover the event.
- ❖ First of all delicious lunch provided to all the children and their families, all the guests and participants than celebration started at 1:30 PM with lighting the lamp. The celebration inaugurated by Dr. Nishant Verma, Cancer survivor and donors by lighting the lamp followed by “sarvdharmprarthana” and Maa Saraswati Vandana.
- ❖ All the children and their families, medical staff, doctors, donors, guests welcomed by Mr. Arvind Kumar, President of Varsha Foundation. After that Dr. Nishant Varma invited to talk to children and their families. Dr. Nishant Varma delivered wonderful speech to the audience, that was very enthusiastic and energetic speech for children and their families. Dr Nishant Varma told about the importance of HAH, facilities providing by HAH, treatment support services Varsha Foundation providing. He also said that HAH helping Hospital to accommodate more children as more beds are now available as children are staying in HAH.
- ❖ 40 blood donors honored in the celebration by giving them mementos for commendable work they did in the covid pandemic.
- ❖ Varsha Foundation honored all the partner NGOs Cankids, SSSSO, Illa Swabhiman Trust, Innerwheel, Eshwar Child welfare Trust.
- ❖ Cancer survivor shared their experience and importance of HAH and facilities providing there helping families in fighting the cancer.
- ❖ HAH well-wishers, donors, blood donors shared their experience and recognized the work Varsha Foundation doing, we value their appreciation.
- ❖ Many of Survivor kids performed on stage like Singing, dancing & recited poetry.
- ❖ At the end wish gifts distributed to every child. Children were so happy with gift of their choice.
- ❖ Vote of thank given by mentor and administrator of HAH Lucknow Mr. Harsh Khanna.





Play Room Activities & Diet Session by Dietitian cum Tutor

- Play room at ground floor is well equipped with desk top computer, toys, fun books, educational books, basic teaching material etc.
- On Sunday and holiday whenever the tutor is on leave, the patient navigator/ HAH care taker opens the play room and ensures that the children enjoy their childhood in the play room.
- Dietitian conducted awareness session with patients & families on hygiene on regular basis.
- Children spent good time in playroom, learned basic education, played with toys & educational toys & various items.
- Children learn basic education in play way method with fun and various teaching activities in the play room.
- Tutor also conducted drawing & craft activity for the children & children also happily participating in such activities.



Routine services by Dietitian

There is qualified dietitian working in the “Sneh Ashray” and performing her duty in coordination with TSP department of Cankids...Kidscan. She was on medical leave in the month of September however in her absence however Rohit and Annu helped the children in coordination with Cankids team.

Routine work of dietitian is listed below:

- L. Regular coordination with Cankids’s dietitian and follow the instructions given by Cankids.
- M. Hygiene and sanitization in daily basis.
- N. Cleanliness check in Kitchen area as well as utensils.
- O. Nail cutting, hand washing, room cleanliness and self-hygiene practice for both patients and their parents.
- P. Awareness sessions conducted for Hygiene.
- Q. Importance of cleanliness of hands during food handling.
- R. Importance of hygiene in cancer treatment.
- S. Nutritional Counselling and healthy dietary practice of patients (Diet chart provided by KGMU Hospital).
- T. Regular Follow-up with caregivers and patients in HAH for any query.
- U. Every week checked 24 hours of Dietary recall of patients (Chart filled by patient’s caregivers.)
- V. To keep monitoring patient’s details like Height, Weight, MUAC and Haemoglobin.
- W. Combine session for group counselling.



Eid & Birthday Celebration -10th Jul-2022

Every month children eagerly wait to celebrate birthday party in HAH. This day is very special for children. On this day, children forget their sorrow and pain and have a lot of fun, they do dance, enjoy delicious food, cut cake, do fun activities etc. Every month we celebrate birthday in the “Sneh Ashray”, in July month we celebrated Eid and monthly birthday together,

- ❖ Celebration started with prayer after that all had taste of homemade sweet “Sewai”.
- ❖ 11- Patients & 18- Caregivers participated the celebration that day.
- ❖ Gifts, snacks- Biscuits, Chips, Popcorns & Juices distributed to all.
- ❖ All families cooked the food together & enjoyed the delicious food.



Raksha Bandhan Celebration : 11th Aug 2022

Raksha Bandhan is one of the most important festivals of India where sister ties “Rakhi” on brother’s wrist and brother promises his protection and gives lots of gifts to sister. These families are away from homes and children are away from their siblings and in such situation all the families celebrate Raksha Bandhan in HAH with enthusiasm and feeling that they are not far from their homes. Not only children, attendants also celebrated the festival in the HAH.

- ❖ A beautiful stage for celebration was decoration by HAH staff and attendants.
- ❖ 10- Patients & 19- Caregivers participated in the celebration.
- ❖ Arushi & Vaishnavi both girls child tied Rakhi to all boys & boys gave gifts, cash envelopes to the girls.
- ❖ Sweets (Laddoo) distributed to the children and attendants.
- ❖ All the children & caregivers enjoyed the celebration altogether as family members.
- ❖ All families cooked food together & enjoyed the delicious food.



Independence Day & Foundation Day Celebration on 15th-Aug-22

The HAH was inaugurated on 15 August 2019 and has now entered in to 4th year of its services. We celebrated “Azadi Ka Amirt Mahostava” and Foundation Day together with enthusiasm, fun and joy.

Dr. Nishant Verma, HAH well-wishers, local donors, Cankids staff, and local NGO partners SSSSO, ICWT participated in the celebration.

- ❖ Celebration started with national flag hosting by a cancer Survivor child.
- ❖ Alumni of HAH and Cancer survivor children and their parents also participated in the event and deliver the cancer awareness speeches to the children and families living in the HAH.
- ❖ Dr. Nishant Verma blessed the children and in his motivational speech, he gave message to all about the importance of HAH and said that HAH is helping in providing quality treatment, providing treatment support services such as accommodation, medical support, poor patient support etc.
- ❖ 20- Patients & 35- caregivers participated the celebration.
- ❖ Magic show, fun games, dance and music made the event memorable. All enjoyed snacks & delicious food together.
- ❖ Arvind Kumar, President, Varsha Foundation was also present at the function and blessed the children, adding that Varsha Foundation and Cankids together are providing all possible medical treatment support services and take care of all your needs at Sneh Ashray.



FM Rainbow's Anniversary Celebration on 18th-Aug-22

FM Rainbow radio is the first FM channel which was started 22 years back in Lucknow. FM Rainbow radio decided to celebrate its 22nd foundation day with children suffering from cancer and their families living in the HAH. The FM Rainbow Radio team visited HAH on 18 August and met all the children, their attendants and HAH staff members. The FM radio team spoke with cute kids, asked about their future dreams and plans. FM radio team discussed with attendants and recorded their views regarding facilities and support services provided in the HAH. Dr. Nishant Verma also gave her speech on FM Rainbow radio and talked about the importance of HAH. HAH staff also explained about their job, roles and responsibilities to the FM Rainbow radio team. It was program of about an hour in total. The program went on air on FM Rainbow radio on the evening of 22nd August. At the time of their visit 15 patients and 27 caregivers were there in the HAH.

FM Rainbow radio team brought with them a plethora of eatables like snacks, biscuits, chips, popcorn, juice packets etc for the children living in the HAH.



Shri Krishna Janmashtami Celebration on 19th-Aug-22

Shri Krishna Janmashtami is the biggest religious festival celebrated all over India. All the children and families enjoyed the celebration in a homely atmosphere with traditional rituals and customs. All prayed and worshiped lord Krishna for a speedy recovery and a healthy, wealthy and happy life for the children. The celebration was sponsored by the Rotary club. A beautiful Pandal decorated with flowers & full of lighting for Lord Shri Krishna & they were placed there. A child was beautifully dressed up as little Krishna. 15- Patients & 27- Caregivers participated in the celebration that day. Distributed Prashad & fruits to all, also distributed packed food items to the children.



Cancer Awareness Campaign drive 17th -Sep-2022

September month is the cancer awareness month although childhood cancer awareness programs regularly held at HAH. Rohit Mishra, HAH supervisor of HAH participated in the car rally awareness program organized by the Cankids...Kidscan. Childhood cancer awareness program was also organized at HAH on 17th September. Posters of childhood cancer awareness messages were put up in the HAH.

- ❖ Total 29 caregivers, 16 children participated in the awareness program.
- ❖ HAH fully decorated with balloons, posters, cancer awareness slogans etc.
- ❖ Awareness program started with prayer.
- ❖ Kavita Nigam, Sangeeta Sahu, Rohit, Annu talked about the cancer awareness program.
- ❖ Arvind Kumar, president of Varsha Foundation also interacted with children and families.
- ❖ Cake, gifts, biscuits, namkeen, chips, fruity etc distributed to all the children.



Daily Routine work by Patient Navigator / Care taker

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensures that every child staying in the HAH should take medicine on time.
- ❖ She does counsel of every new family comes to HAH first time before going in the room.
- ❖ She explains rules & regulations of HAH to new comer family each time.
- ❖ She regularly does counsel all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provides welcome kit to the new family & collect back when family discharged from HAH.
- ❖ Counsel all caregivers to keep the bathroom clean & flush after every time use.
- ❖ Teaches all care givers how to operate induction cooktop.
- ❖ Ensure families maintain proper Kitchen & utensils cleanliness.
- ❖ She does Ration distribution.
- ❖ Opened playroom in the absence of tutor.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ She helps in distribution of Nutrition, milk, eggs and banana every day.
- ❖ Taking temperature everyday of all the patients in the morning and in the evening daily.
- ❖ Organising and assisting the celebration of monthly birthdays and events.
- ❖ Attending visitors
- ❖ Supporting HAH supervisor in any work he asks for
- ❖ Handling complete responsibility of HAH in supervisor on leave or out of town on office duty.



Counsellor's visit two days in a week



Children and Caregivers stayed in HAH during the quarter

- ❖ July Month: - Total 27 children (19-Old & 8-New) & 44 caregivers stayed in HAH.
- ❖ August Month: - Total 29 children (17-Old & 12-New) & 49 caregivers stayed in HAH.
- ❖ September Month: - Total 27 children (19-Old & 8-New) & 45 caregivers stayed in HAH.

Poor Patient Support provided to the Children and families

From last quarter Varsha Foundation enhancing its services, through local donors Varsha Foundation now providing medical support to needy patients, bereavement and sometimes medicine support to hospital also. We are providing medical and bereavement support services round the clock in the hospital for which our local donors came forward and immediate on the spot support provided to such patients and families who were in really needed the support to meet out their medicine, diagnostic, food, transport requirement & Bereavements.

During the quarter. Monthly summary of Nutrition support, PPSA & MSF is given below:

PPSA, Medical & Bereavement support provided to the patients & their families:

July 2022: - Rs. 1,16,991.00

August 2022: - Rs. 77,529.00

September 2022: - Rs. 69,391.00

Total Medical support provided during this quarter Rs. 2,63,911/-

Nutrition support provided to the patients and their families:

July 2022: - Rs. 16,627.00

August 2022: - Rs. 17,181.00

September 2022: - Rs. 17,048.00

Achievements of the quarter

1. Medical and PPSA of Rs. 2.89 lakh provided to children not only staying in HAH but also admitted in hospital including PICU.
2. Apart from the regular old children, 48 New children accommodated in the HAH in the quarter.
3. Blood donors arranged for children suffering from cancer

Dussehra & Birthday Celebration on 04th-Oct-2022

- Local donor from Lucknow celebrated his granddaughter's birthday in the HAH on the occasion of Dussehra we celebrated in the HAH.
- Total 34 people were present in the celebration, Children- 10, Caregivers- 18 and Staff- 6.
- HAH assembly hall was decorated beautifully with balloons.
- The celebration started with all religion prepare, the children cut the cake.
- Cake, chips, juice, chocolate, biscuit and gifts distributed to the children.
- All children enjoyed the birthday eve with full of happiness & joy.



Rangoli Competition on 19th-Oct-2022

Something good keeps happening, so HAH patients and family members keep doing one or other programs to feel happy. On 19th October they decided to do Rangoli so we were with them in this activity also and conducted the activity in the form of Rangoli competition.

- Total six caregivers (Female) participated in the contest.
- Under that contest, rangoli was to be made on chart paper and total 1 ½ hours was to be given to the participants for the competition.
- All material (Chart paper and colours) were provided by Varsha Foundation.
- All six caregivers participated in contest. Children also helped their mother in rangoli making with full of enthusiasm, happiness & joy.
- After that, 1st, 2nd and 3rd winners were awarded by exciting gifts. And rest of them also received award.



Diwali Celebration on 23rd-Oct-2022

That day was very special for HAH families on the occasion of Diwali celebration. HAH building was beautifully decorated like a bride with lights and flowers. All the children and attendants celebrated Diwali with full of joy & happiness, feeling like they are not away from their home. The lap of children was full of gifts, toys & food items.

- ❖ Celebration was started with prayer & Goddess Laxmi- Ganesh ji aarti.
- ❖ A puppet show was organised to entertain the children and families.
- ❖ All staff & families (8- Children & 14- Caregivers) participated in the celebration .
- ❖ Invited guests distributed Diwali gifts to children and their family members.
- ❖ The lap of children was full of gifts, toys & food items.

With such events, we try to reduce their pain, make them happy & feel that we are always with them, they are not alone in this fight with Cancer.



Children's Day & Birthday Celebration on 14th-Nov-2022

1. 14 November is known as children's day also we celebrated monthly birthday also on same day.
2. The monthly birthday was sponsored by Inner Wheel Club of Lucknow. Inner Wheel club officials also were there in the HAH, they blessed the children. distributed cloths & food item etc.
3. A few heart touching activities done by the children like some children made hats with slogan 'I AM A SUPERSTAR'.
4. Organised various games like music chair game and children and parents participated in the games, all did dance and enjoyed other fun-loving activities.
5. Lastly, gifts, glove, shocks and food items (Cake, chips, chocolate, biscuit, juice and toffy) distributed to all & after that, distributed snacks to all attendants & staff.
6. 12- Patients & 22- Caregivers participated the celebration.



Christmas Celebration on 25th-Dec-2022

Like other festivals and events, we always celebrate Christmas every year. This year also we celebrated Christmas on 25th December in our HAH. Lots of gift's toys, chocolates, biscuits, cakes, peanut gazaks, woolen clothes, caps, socks, gloves, gift hampers & much more distributed to all children & families by Santa. One of our local donors celebrated her granddaughter Simran's birthday on same day in HAH and sponsored the celebration. Apart from the guests and visitors, 9 patients and 16 caregivers participated in the celebration.



Children and Caregivers stayed in HAH during the quarter -3

- ❖ October Month: - Total 38 children (20-Old & 18-New) & 72 caregivers stayed in HAH.
- ❖ November Month: - Total 33 children (18-Old & 15-New) & 61 caregivers stayed in HAH.
- ❖ December Month: - Total 29 children (14-Old & 15-New) & 54 caregivers stayed in HAH.

New Year & Birthday Celebration on 01st-Jan-2023

- New Year & Monthly Birthday celebrated together that day.
- The child Shivam Paswan was so happy that day because his birthday also was celebrated in the HAH. We fulfilled his wish and gave toy of his choice.
- Total 52 people were present, Children- 14, Caregivers- 28, Staff- 6 & Local Donors- 5.
- First, HAH assembly hall was decorated with balloons.
- After that all patients and families did prayer. Then all children cut the cake with local donors.
- Afterward, food items (Cake, chips, juice, chocolate & biscuit) & gifts were distributed to the children. All children enjoyed the celebration with full of happiness & joy.



Republic Day Celebration on 26th-Jan -2023

- Republic day was celebrated in HAH on 26 Jan' 23, Dr. Nishant Verma, Cankids staff, FM Rainbow Team, ECWF Staff, SSSSO Staff & our HAH Cancer Survivors with their family were there and participated in the celebration.
- National flag was hoisted by a cancer survivor and founder of Varsha Foundation Arvind Kumar.
- Dr. Nishant Verma addressed to all the children and their families; he gave very energetic & motivational speech to all the patients & his attendants.
- All children, family members, guests did dance, sung songs, participated in stage performance.
- A magic show was organised, magician performed many magic tricks, children enjoyed a lot.
- All together had lunch, after having lunch, gifts distributed to all the children.



World Cancer Day Activity on 04th-Feb-2023

The World Cancer Day was celebrated on 4th Feb in 2023. A number of awareness activities World Cancer Day is a global event, observed to prevent the occurrence of cancer & to break the myths surrounding it. The day seeks to change the usual belief of people about cancer that ‘nothing could be done’. The aim of the awareness programme was to making people aware of the causes and prevention of childhood cancer & also how it can be successfully treated. The day urges common people to be determined in their fight with cancer, which is a global killer. Children, their families participated in the awareness programme.



ICCD & Birthday Celebration on 15th-Feb-2023

We celebrated International Childhood Cancer Awareness Day (ICCD) & monthly Birthday celebration together in HAH. Cankids staff also participated in program. Sessions taken by counsellors, social workers, dietitian etc on Childhood Cancer with children and their family members. Many topics were covered in that sessions such as Childhood Cancer, Community awareness, Retinoblastoma Cancer, hygiene and Sanitization, importance of nutrition & all about HAH facilities. Gifts, cakes, biscuits, chocolates, chips, juice, cakes etc distributed to the children.



Snacks Cooking Contest for Kids on 23rd-Feb-23

On the occasion of International Childhood Cancer Awareness Month (ICCD), we organized 'Snacks cooking contest' for Cancer kids. Total five children participated in contest. They all cooks tasty snacks with the help of their caregivers under the supervision of dietitian and care taker. After finishing their dishes all kids enjoyed the snacks they prepared. They all enjoyed this contest with full enthusiasm.

Dishes-. Veg Macaroni, Veg Sandwich, Egg Bhurji, Paneer Pakora & Bhelpuri.



Holi Celebration on 06th-Mar-2023

Holi is the biggest religious festival in India celebrated across the country. We celebrated the festival in HAH on 6th March, 23. HAH hall was decorated with balloons and Holi posters. Varsha Foundation staff, Cankids staff, patients and their families participated in celebration. Celebration started with prayer and then some fun contests were conducted for caregivers. Prize distributed to all participants for their efforts and appreciation. Gujiya, Food items (Chocolate, cake, chips, juice, biscuits, toffy) and gifts (Pichkari) distributed to all children. After finishing, Holi celebration started, everyone greeted Holi by applying Gulal to each other and played Holi together with “Gulal and Phulon ki Holi” as well like “Braj ki Holi”.



Caretaker's Daily Routine work

- ❖ Close monitoring & facilitate the comfort stay of families.
- ❖ She ensured that every child staying in the HAH should take all medicine on time.
- ❖ Counselling every new family before going in the room explained rules & regulations of HAH.
- ❖ Counselling all patients & caregivers regarding personal hygiene & room cleanliness.
- ❖ Provided welcome kit to the new family & received back, when family was discharged from HAH.
- ❖ Counselling all caregivers to keep the bathroom clean & flush after the use.
- ❖ Counselling about uses of induction cooktop.
- ❖ Kitchen & utensils cleanliness.
- ❖ Ration distribution.
- ❖ Opened playroom in the absence of tutor.
- ❖ Checked every room & manage all things.
- ❖ Explained cleaning to the cleaner.
- ❖ Run reintegration program - Beauty Parlour.
- ❖ Nutrition distribution.
- ❖ Actively Participated all the HAH events & activities.



Individual and group counselling by HAH Counsellor



Children and Caregivers stayed in HAH during the quarter

- ❖ January Month: - Total 32 children (28-Old & 4-New) & 56 caregivers stayed in HAH.
- ❖ February Month: - Total 30 children (21-Old & 9-New) & 49 caregivers stayed in HAH.
- ❖ March Month: - Total 33 children (25-Old & 8-New) & 59 caregivers stayed in HAH.

Poor Patient Support provided to the Children and families

PPSA, Medical and bereavement support provided to the patients & their families of Rs. Rs. 2,83,494 in the quarter

OUR SUPPORTER AND WELL-WISHERS

S.No.	Name
1	Yogendra Khanna
2	Mohini Devi S S Trust
3	Usha Mathur
4	Cankids..Kidscan
5	SRRF
6	Sanju Mahajan
7	Abhinesh Dhandhania
8	Sumati Bhatia
9	Naina Jhunjhunwala
10	Neha Jhunjhunwala
11	Rita Jain
12	Rita Saiswal
13	Dr. Pushpa Bhatia
14	Sarita Jaiswal
15	Suman Illa
16	Wafa Abbas
17	PC Saxena
18	Neelam Khandelwal
19	Sarika Suri
20	Ritu Tulsi



FINANCIAL STATEMENTS

Varsha Foundation
Balance Sheet as at 31 March 2024
(All amounts in ₹ 000, unless otherwise stated)

	Schedule	As at 31 March 2024	As at 31 March 2023
Sources of funds			
Funds			
Restricted funds	1	5,100.00	4,100.00
Unrestricted fund	2	1,348.54	733.30
Liabilities			
Current liabilities	3	85.11	27.15
		6,533.65	4,860.45
Applications of funds			
Non-current assets			
Property, plant and equipment	4	457.50	464.81
Current assets, loans and advances			
Cash and bank balances	5	5,911.48	4,238.13
Loans and advances	6	158.93	146.80
Other current assets	7	5.74	10.71
		6,533.65	4,860.45

Summary of significant accounting policies and notes to the financial statements

This is the Balance Sheet referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements.

For KAPISH JAIN & ASSOCIATES
 Chartered Accountants
 Firm's Registration No.: 0224743N



KAPISH JAIN
 Partner
 Membership No.: 514162

For and on behalf of VARSHA FOUNDATION



ARVIND KUMAR
 President


PARSHANT KUMAR
 Treasurer

Place: New Delhi
 Date: 21.09.2024

Varsha Foundation

Income and Expenditure Account for the year ended 31 March 2024

(All amounts in ₹,000 unless otherwise stated)

	Schedule	Year ended 31 March 2024	Year ended 31 March 2023
Income			
Grants and donations	8	6,948.66	5,519.00
Other income	9	307.31	183.52
		<u>7,255.97</u>	<u>5,702.52</u>
Expenditure			
Program expenses	10	6,148.71	5,360.48
Depreciation	4	69.44	73.17
General and administrative expenses	11	422.58	256.55
		<u>6,640.73</u>	<u>5,690.20</u>
Surplus/Deficit for the year		<u>615.24</u>	<u>12.32</u>
Amount Utilized From Fund Set Apart		-	-
Surplus/Deficit for the year transferred to General reserve fund		<u>615.24</u>	<u>12.32</u>

Summary of significant accounting policies and notes to the financial statements

This is the Income and Expenditure Account referred to in our report of even date.

The schedules referred to above form an integral part of the financial statements

For KAPISH JAIN & ASSOCIATES

Chartered Accountants

Firm's Registration No.: 02247438

KAPISH JAIN

Partner

Membership No.: 514162

Place: New Delhi

Date: 21.09.2024

For and on behalf of VARSHA FOUNDATION



ARVIND KUMAR
President

PARSHANT KUMAR
Treasurer

No child should be denied the right to access health care services and medical treatment

COMMITMENT

Varsha Foundation is a public charitable trust established on 2nd April, 2018 and registered in New Delhi India. It is growing fast to serve the marginalized community and society. It is in a startup phase and we have to travel a long journey to achieve principal aims and objectives of the trust.

The objectives of the Trust shall be wholly for the public and charitable purposes and incomes shall be applied for the same and accumulated in India wholly for public & charitable purposes without prejudice to generality of provisions and shall be deemed to be the principal objectives of VARSHA Foundation

Appeal

Varsha foundation has initiated a small step and would like to contribute a little bit to the support to the treatment of childhood cancer. You can help us, if you are able, we would love it if you could make a donation and contribution to achieve this mission.

For your generous contribution, please contact to:

Arvind Kumar, Hon President: 9999945256

Email: arvindkumar@varshafoundation.org

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info@varshafoundation.org

Website: www.varshafoundation.org